### Come on In! How Directors and Teachers Can Use Rituals and Traditions to Create Community!



#### Presented by Jacky Howell and Kimberly Reinhard





#### "Be kind to one another"



# **RITUALS and TRADITIONS...**

"I am so glad we had this time together..."



fppt.com



## Jacky Howell, MA Consultant,

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#### Week of the young child



## Kimberly Reinhard, Director/Consultant

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We've been waiting for you to come to this place, waiting for you to come to this place, wherever your from, we're glad that you've come. We've been waiting for you to come to this place!

--Bev Bos

POLL

www.fppt.info

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel." -Maya Angelou

Regib

#### **GOALS OF SESSION**

1. We will consider the importance of creating a caring community in our programs and HOW creating rituals and traditions are important in this process.

2. What are "rituals and traditions" for programs?

3. A place to start: our memories and experiences as a groundwork to building rituals and traditions.

4. A variety of examples of rituals and traditions from programs will be presented to spur your own.



## **MEMORIES**...



#### **MEMORIES**

#### by Tom Hunter

What do you remember from the time you were a child? Do you think of moments memory knows well? Are there little things like trinkets you carry with you now. That trigger stories memory wants to tell?



#### **ROUTINES:**

Routines are events that regularly occur in a certain order. Routines help children learn the order of what happens during the day and to know what comes next in a day.

#### **RITUALS**:

"Rituals are procedures or routines that are infused with deeper meaning. They help make common experiences uncommon events" (Deal & Peterson 1999, 32).



## **TRADITIONS:**

Traditions are meaningful events or experiences that a class or program has created and that are expected to occur regularly.

#### Pillars of Security—Building Community --Jim Greenman

#### •PEOPLE













## RITUALS



#### •TRADITIONS

"Our individual lives are ordered and made meaningful with daily rites... the first cup of coffee, goodbye kisses, routes taken to school or work...Ritual joins routine and the physical order as the secure skeleton that holds individuals and groups together in those times of stress, against the uncertainties of staff and children who come and go... Adults have rites to help their lives, of beginnings—birthdays, marriage...of passages... These rites are marked by symbolic acts that have great meaning and emotional power... Ritual serves the same purpose in children's programs. Group daily rites—i.e. sharing the same song and the same story day after day---reassure against the unknown void. Children under age three will listen to Goodnight Moon by Margaret Wise Brown with delight at every rest time. There are acknowledged rites of passage—children give up diapers, naps, or leave for school. Individual rituals between children and caregivers can become pinions of security---a special touch, a shared joke, any regular shared exchange." --Jim Greenman

## What Are the Key Elements of a Ritual?

#### Intentionality:

Ask yourself what you want to achieve by creating a ritual. What are you hoping children, teachers, and families will experience or gain from this ritual?

#### Individualization:

When rituals have special meaning to the people involved, they are effective for that group. Part of creating rituals is adding elements that specifically relate to the children you teach.

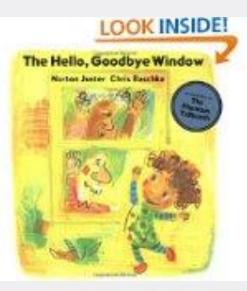
#### **Tools and Techniques:**

Young children learn best when they are involved in active, hands-on experiences that engage their senses and are repeated over time.



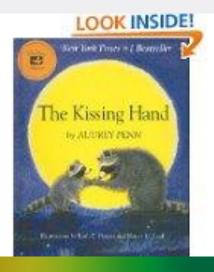
# How do we organize rituals and traditions?

## Daily Rituals...





**Goodbye Window** 





# Daily Rituals...

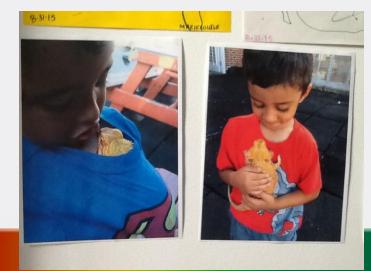
## Pets





#### **Neo-Fire**







# And End of Day...

#### Visits to the Office!



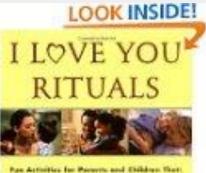


## DAILY SOCIAL-EMOTIONAL RITUALS

#### **Puppets as daily friends...**







Activities for Parents and Contents
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BECKY A. BAILEY, PH.D.

I LOVE YOU RITUALS

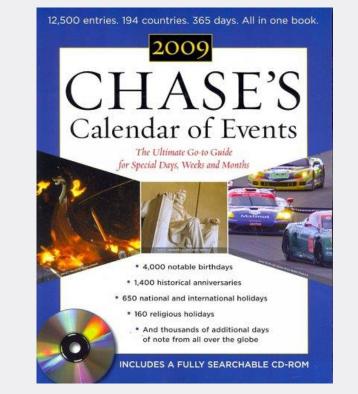
A wonderful woman lived in a shoe. She had so many children She knew exactly what to do. She held them, she rocked them, She tucked them in bed, "I love you, I love you", Is what she said. --Becky Bailey





## Weekly Rituals...





Special Weeks



## **ROUTINES CAN BECOME RITUALS**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					2	STAY AT HOME 3 DAY
	HAPPY 5 FACE DAY	6	7	S B B B B B B B B B B B B B B B B B B B	FIELD TRIPS 9	10 • • • • • •
	12	13 MUSIC DAY	CHAPTER 14 BOOK DAY	15	16	
	19	20 SREEN STAR DAY	21	22 COOKING DAY		24
25 ••••••	26	27 27	28	29	30	



#### **MONDAY MORNING MEMO**

We have a **sled dog visiting this Friday, on July 29th**. The woman will bring her sled dog, Sadie, a sled on wheels, equipment and a book on sled dogs to read to the children. Please make sure to put a note on your sign in sheets and let us know if anyone has an allergy to dogs that families mention and we will keep them away from this activity.

Join me in congratulating Ms. **Nicki who just got engaged**! We are so excited for you!



Also, with so much planned this summer, I waivered on having pajama day in July and August. Parents and children love it but if you think it will be too much, please let me know by Tuesday morning. If there are no issues with it, I will let families and children that we are on for Pajama Day over the summer. The next **Pajama Day** would be Monday.

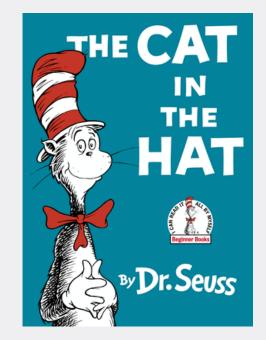
\*\*\* The key to success is simple. Make people dream. \*\*\* Gerard De Nerval

## WEEKLY SPECIAL DAYS

#### Dress as Your Favorite Children's Book Character



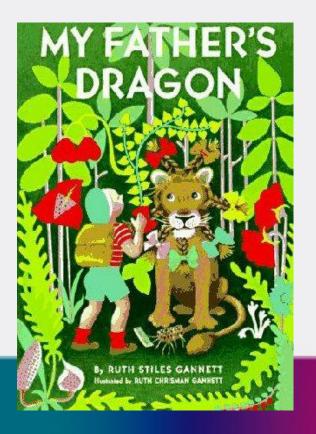


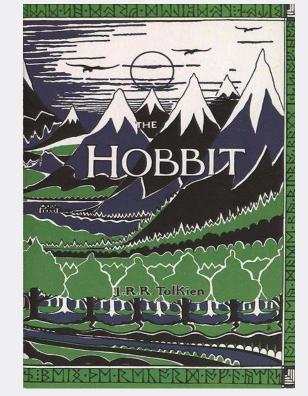


Dr Seuss' Birthday

## WEEKLY SPECIAL DAYS

#### CHAPTER BOOKS AND STORYTELLING







## WEEKLY SPECIAL DAYS

#### **FIELD TRIPS**







#### Pajama day...





#### **The Visits**

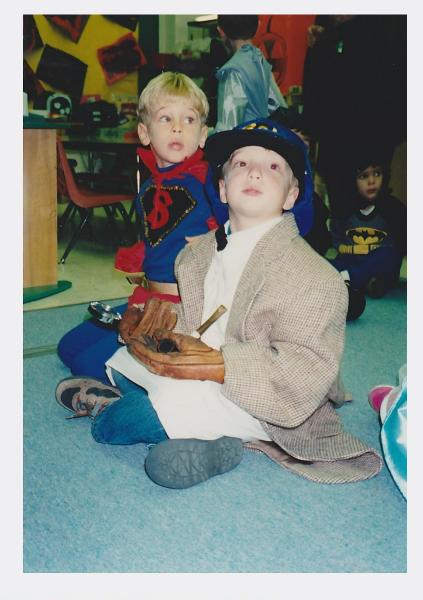
#### November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					PANDA DAY	SET CLOCKS 1 BACK
						6
2	3 SANDWICH DAY		5	6	7	SWEET POTATO <sup>8</sup> DAY
		VOTED		SAX DAY		
9	SESAME 10 STREET DAY	VETERAN'S 11 DAY	12	13 WORLD KINDNESS DAY	international girls day she can do anything!	RECYCLE 15 DAY
16	HOMEMADE BREAD DAY	18	ROCKY AND 19 BULLWINKLE DAY	UNIVERSAL 20 CHILDREN'S DAY	21	22
MOTHER 23 GOOSE DAY	24	SUNDAE 25 DAY	PUZZLE DAY 26	27	28	29

## Monthly Rituals...



## FRIENDSHIP DAY DETECTIVE DAY





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Brownielocks and The 3 Bears present

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< View October	November 2015					View December>
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 *All Saints' Day	2 *All Souls Day	3 *Cliché Day	4 *National Chicken Lady Day	5 National Men Make Dinner Day	6 *International Day for Preventing the Exploitation of the Environment	7 Digital Scrapbooking Day
*Hockey Mask Day	*Cookie Monster Day	Election Day	*Use Your Common Sense Day	*National Love Your Red Hair Day	in War and Armed Conflict National Medical Science Liaison	*National Bittersweet Chocolate with Almonds Day
*Dia de Los Muertos	Fill Our Staplers Day	*Sandwich Day		*Stout Day	Awareness & Appreciation Day	Pumpkin Destruction Day
*Extra Mile Day *Give Up Your Shoulds Day	Job Action Day *International Day to End Impunity	*SOS Day Traffic Directors Day			*National Nachos Day *Saxophone Day	Sadie Hawkins Day
*National Authors' Day	for Crimes Against Journalists	·······			Domino Day	Sausage and Kraut Day
🏐 Start 🗄 🛟 [ 🤶	*Plan Your Epitaph Day					

## Yearly Rituals... that may become Traditions

## I LOVE YOU DINNER

A traditional family event co-created with the children, is the "I Love You Dinner".

Children write invitations, make a menu, go grocery shopping, decorate the room, pick songs to sing, cook all the food, and serve their families.

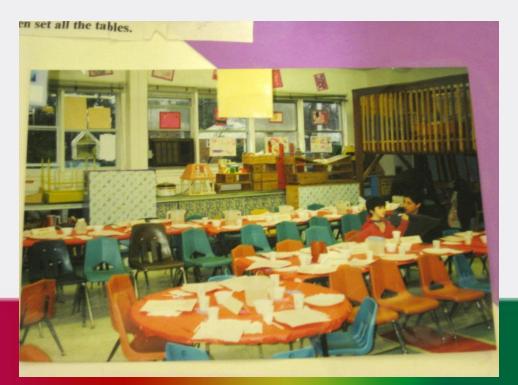
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Daniel and Sara.



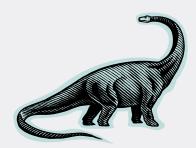
## I LOVE YOU DINNER



#### Over 20 years!!!



## WELCOME TO THE NEW SCHOOL YEAR!



Snail mail letters to the children to start off the school year!!





#### Week of the Young Child Festivities



The week of April 6th-12th,

LCC will be celebrating the Week of the Young Child, sponsored by the National Association for the Education of Young Children (NAEYC). This week honors young children and the professionals who educate them. We will be planning special activities and experiences every day throughout the week culminating in our Spring Party on Friday in which we will have a Petting Zoo! We hope to spend a great deal of time outside with every Pod taking a nature hike on the trail to discover new animals, plants and life in the great outdoors.



## **STAFF DEVELOPMENT DAYS**



#### **CLUES for LCC Amazing Race**



Ballet Petite Not a swan but lovely despite the sprains and strains. Just ask Angelina.

You will learn the five ballet positions and the Good Day song. You must do all of the above for the instructor to receive your next clue.

#### **STAFF DEVELOPMENT DAYS**

PROCESS ART Scavenger Hunt (Top Secret) This is your mission. You must work as a team to find as many items (as humanly possible) on the list below.



Your mission over the next 2.5 hours:

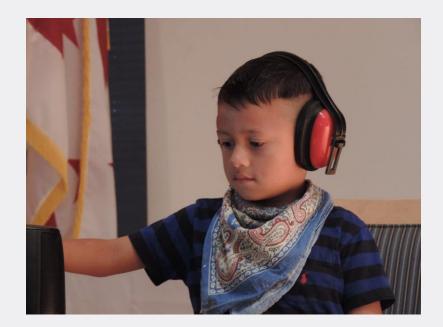
\_one item that is purple

\_\_\_\_two items that can be used to create a structure over 2 feet tall

\_\_\_\_three items NEW process art projects you will try with your class

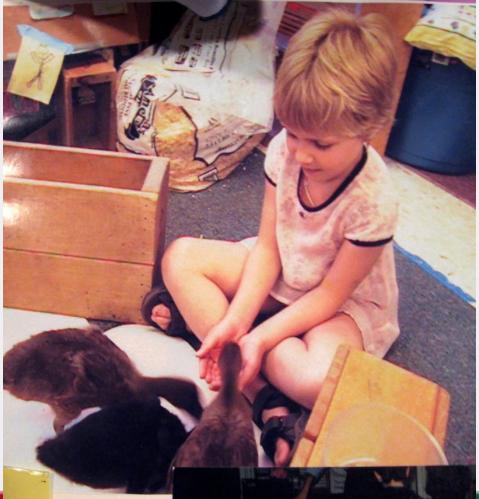
# End of Year Celebration. Celebrating Milestones...



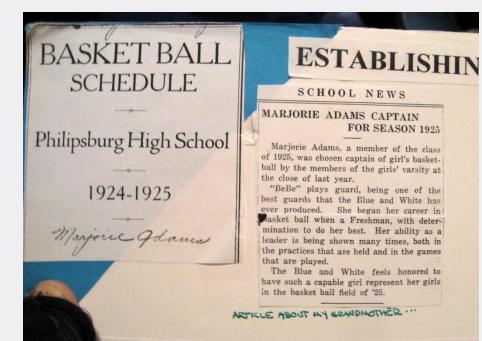


#### Seasonal Rituals...













#### **Bean Cake**







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### Hatching....



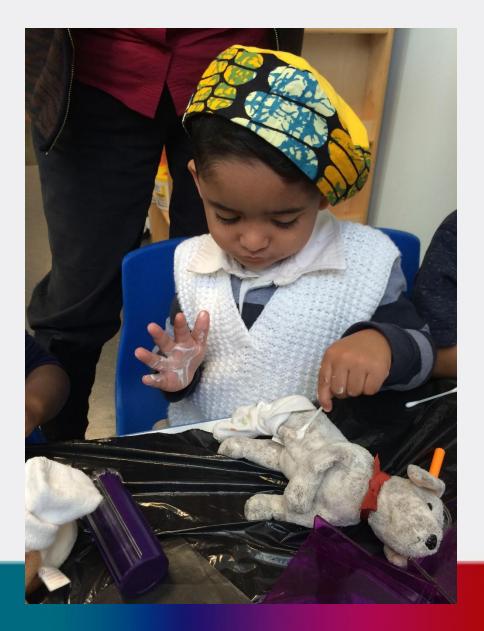


Holiday Rituals and Special Celebration Rituals... Carrying them on









CULTURAL AND RELIGIOUS RITUALS AND TRADITIONS



#### INVOLVE FAMILIES





#### TRADITIONS LAST FOREVER!!!



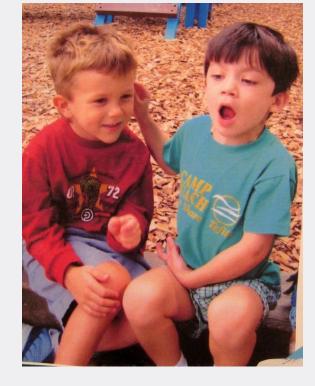


# Creating Community



#### Creating Connections







### Creating Rituals and Traditions





And what about the children you find around you now? Are you making time to sing and talk and play? So someday they'll have memories of love and being loved, Protection that will never go away. naeyc

# Rituals and Traditions

Fostering a Sense of Community in Preschool



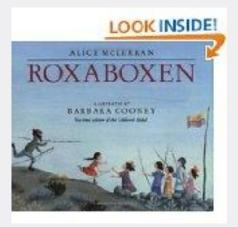
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#### Creating the School Family



Bully-Proofing Classrooms Through Emotional Intelligence



#### **KEEP IN TOUCH WITH US!**

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LOOK INSIDE!

