

Unpacking the Pyramid Model: A Practical Guide to Social Emotional Learning

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Pyramid Model



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Our Focus....

- Adopting a posture of **support**:
 - Supporting all children
 - Supporting all families
 - Supporting all teachers and providers
- Promoting **confidence** and **competence**
- Supporting **inclusion**, not exclusion



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Successful Pyramid Model Teachers



Connected,
Confident, and
Competent



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Pyramid Model



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It's all about relationships



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“Every child needs one person who is irrationally crazy about him.”

Uri Bronfenbrenner



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"Parents need to know that we care before they care what we know"
(Klass, 1997)



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Responsive Relationship Practices



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Creating Supportive Classroom Environments

- Physical design
- Schedules and routines
- Planning and implementing activities to promote engagement
- Visual cue systems
- Structuring transitions
- Teaching rules/expectations
- Positive feedback and encouragement
- Classroom management systems



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We have rules that help us meet our expectations. We are learning how to follow these rules.

Be Respectful: Gentle Hands and Take Turns



Be Respectful: Quiet Voices and Listening Ears



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Be Safe: Walking Feet and Feet on the Ground



Be Safe: Stay with Your Buddy and Clean Up



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Be Friends: Be a Buddy and Play Together



Be Friends: Kind Words and Helping Hands



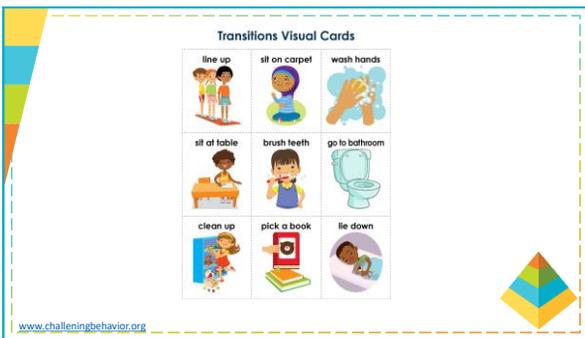
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Greetings | Saludos



smile
sonreír



put hands on your heart
pon las manos sobre tu corazón



give an air hug
da un abrazo de aire



give a superhero salute
da una saluda de superhéroe



give a thumbs up
da un pulgar hacia arriba



do a happy dance
haz un baile feliz



elbow bump
choca los codos



wave hello
saluda con la mano

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Pyramid Model



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Targeted Social Emotional Supports

- Self-regulation, expressing and understanding emotions, problem solving, developing social relationships as social emotional learning for **ALL**
- Explicit instruction for **Some**
- Increased opportunities for instruction, practice, feedback
- Family partnerships
- Progress monitoring and data decision-making



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Friendship Skills






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Friendship Skills



- Gives suggestions (play organizers)
- Shares toys and other materials
- Takes turns (reciprocity)
- Is helpful (assists)
- Affectionate
- Give compliments
- Understands how and when to give an apology
- Begins to empathize



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Initiating Play



I can tap my friend on the shoulder.



I can say "let's play!"

<http://depts.washington.edu/hcenter/>



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Initiating Play




I can gently take a friend by the hand. I can give my friend a toy that I want to share.

<http://depts.washington.edu/hscenter/>



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Emotional literacy is the ability to **identify, understand, and express emotions in a healthy way.**



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Feelings Poster and Mirror



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This is how I feel today!

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Using Books

- Ask questions about what characters are feeling and why.
- Share new emotion words and meanings.
- Plan activities related to emotions that arise in the book.

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Grouchy Ladybug

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Take a Deep Breath

Smell the flower



Blow the pinwheel



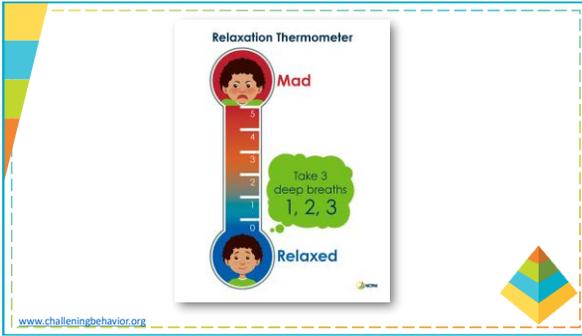
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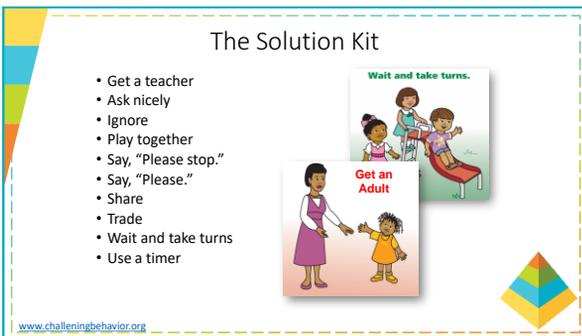


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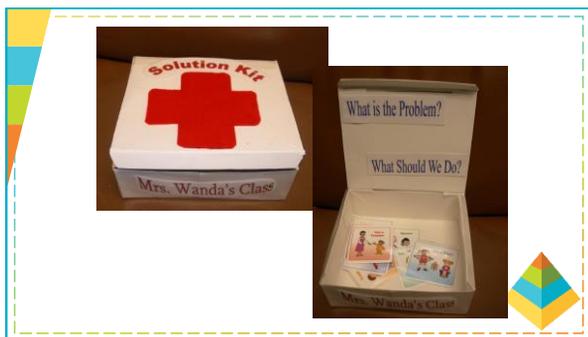


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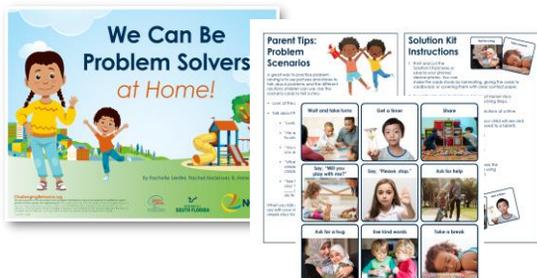
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Pyramid Model for Promoting the Social and Emotional Competence of Young Children



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Individualized Intensive Interventions

- Comprehensive interventions across all settings
- Assessment-based
- Collaborative team
- Partnership with families
- Skill-building



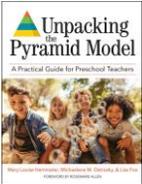

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Individualized Positive Behavior Support

- Convene a team
- Conduct functional assessment
- Identify hypotheses
- Develop behavior support plan for all relevant environments




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Questions and Comments