

Turn Challenging Behavior Into Prosocial Learning : A New Year Brings New Opportunities

by Jacky Howell, MA
<https://www.azspire.com>



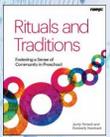
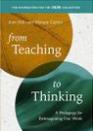
www.tppt.info

1



Jacky Howell, MA
 Consultant, Presenter, Author

azspire@gmail.com
<https://www.azspire.com>




2

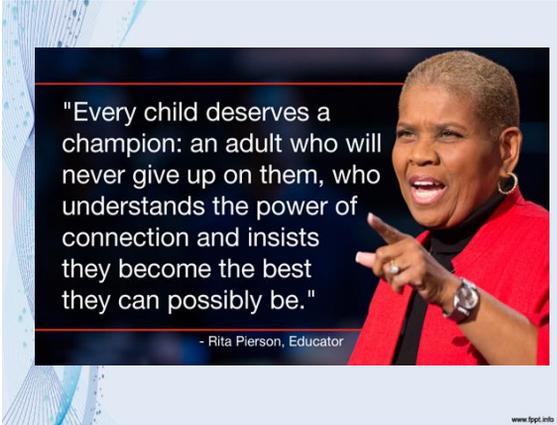
WAITING FOR YOU
 --Bev Bos

*We've been waiting for you to come to this place,
 Waiting for you to come to this place,
 Wherever you're from,
 We're glad that you've come.
 We've been waiting for you to come to this place.*





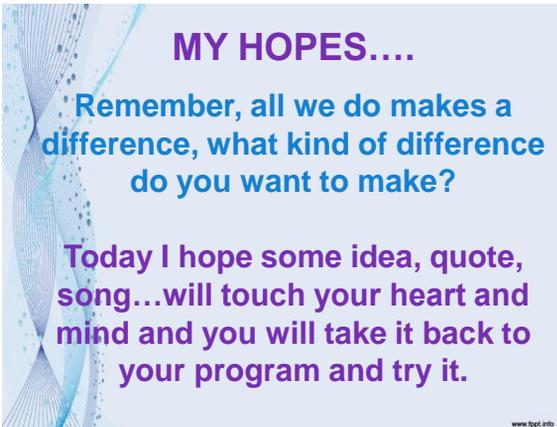
3



"Every child deserves a champion: an adult who will never give up on them, who understands the power of connection and insists they become the best they can possibly be."
- Rita Pierson, Educator

www.tppt.info

4



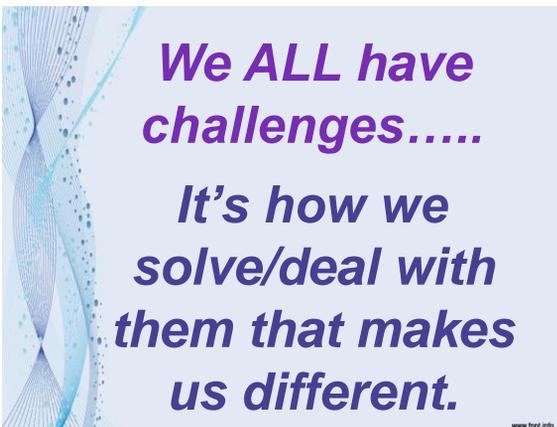
MY HOPES....

Remember, all we do makes a difference, what kind of difference do you want to make?

Today I hope some idea, quote, song...will touch your heart and mind and you will take it back to your program and try it.

www.tppt.info

5

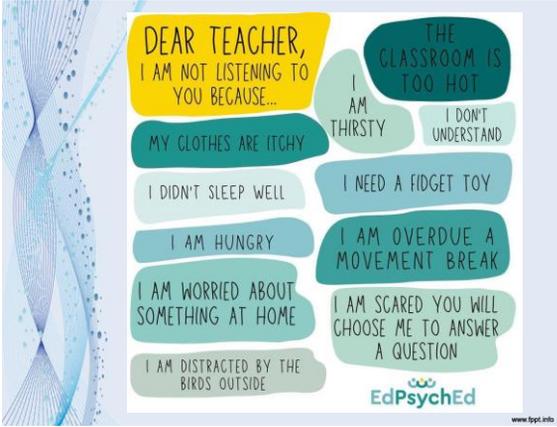


We ALL have challenges.....

It's how we solve/deal with them that makes us different.

www.tppt.info

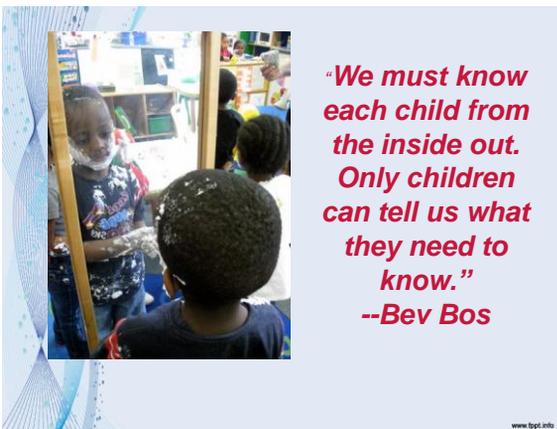
6



7



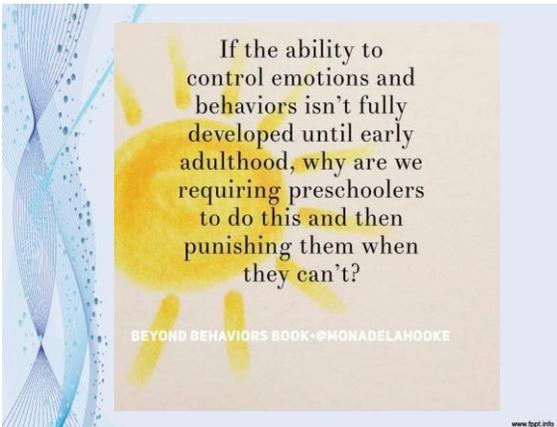
8



9



10



11



12

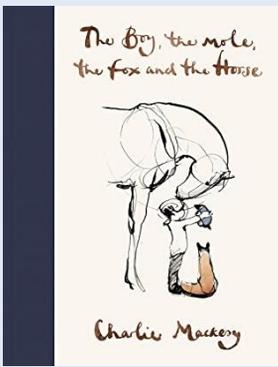
We have learned so much more about how children think and feel and what they need....

how has that changed what you do?



www.tppt.info

13



*The Boy, the mole,
the fox and the horse.*

Charlie Mackay



www.tppt.info

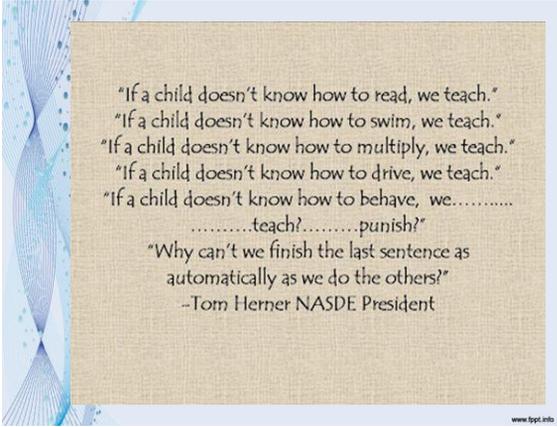
14

Social/Emotional Learning is a Process...



www.tppt.info

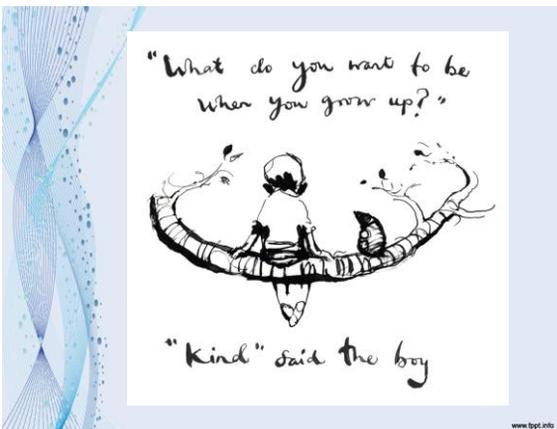
15



16



17



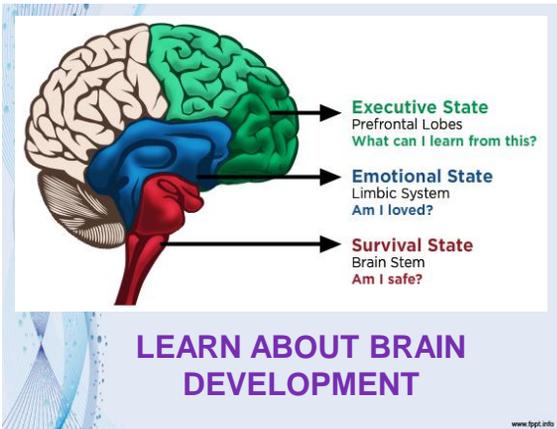
18

SHIFTING OUR VIEW

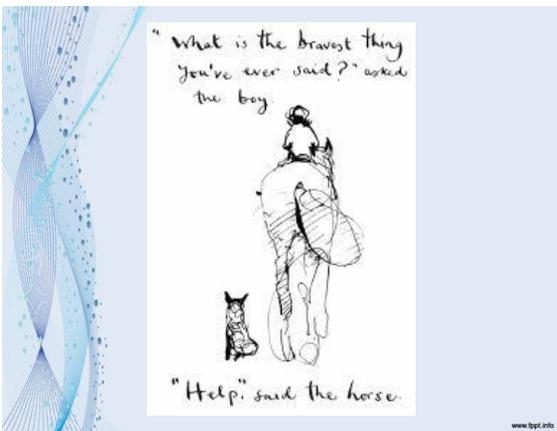
TRADITIONAL	BRAIN-BASED
Behavior problems interfere	Difficult feelings and behaviors are tools for teaching
Adults manage children's behavior through praise or punishment	Adults engage in regulating WITH children
Central are techniques	Central is the relationship
Focus is on right or wrong behaviors	Focus is on behavioral and emotional regulation
If one child hurts another, focus is on consequence for the perpetrator	If one child hurts another, focus on empathy and reparation
Focus on individual child's behavior	Focus on relationships and how to nurture them

www.tppd.info

19



20



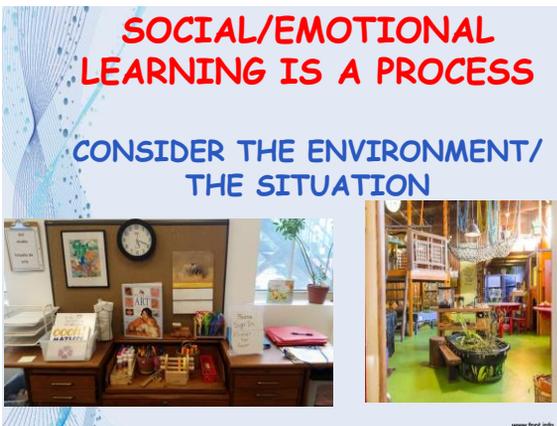
21



22



23



24

***"Children are miracles.
Believing that every child is a miracle can transform
the way we design for children's care.
We make it our job to create, with reverence and
gratitude, a space that is worthy of a miracle."
--Anita Olds***



25



26



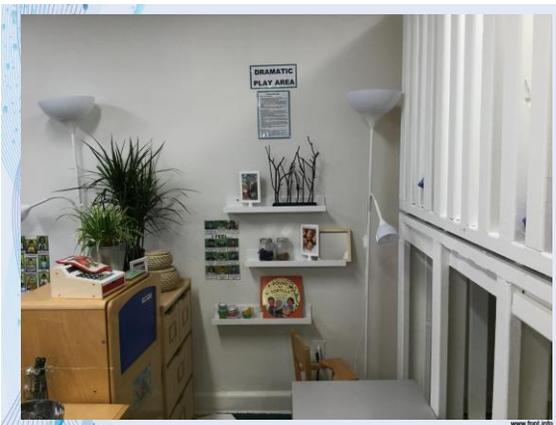
27



28



29



30



31

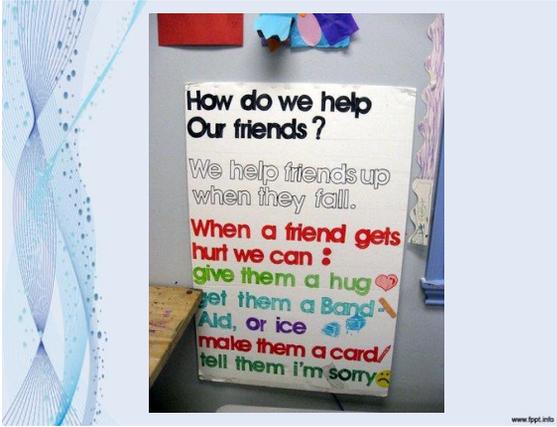


CREATE A SAFE SPACE

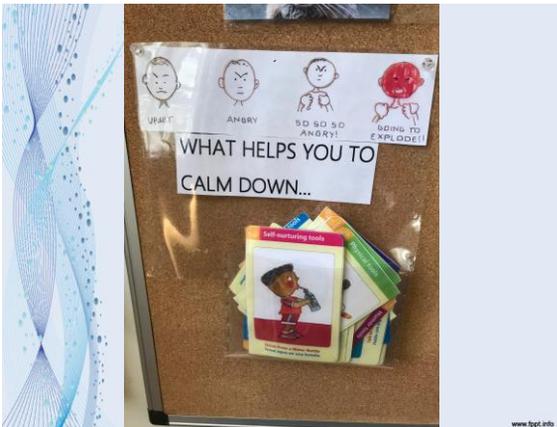
32



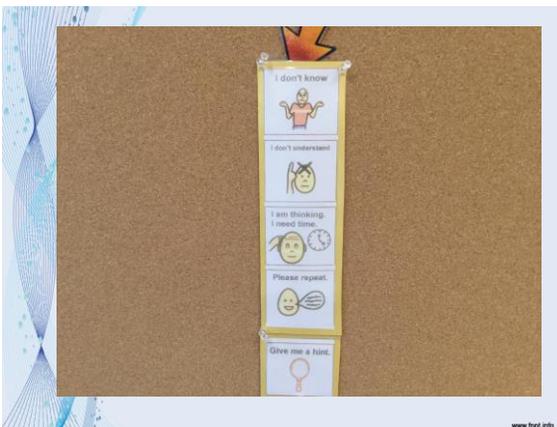
33



34



35



36



37



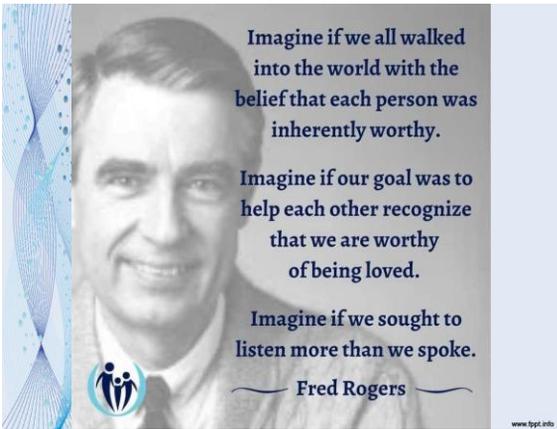
38



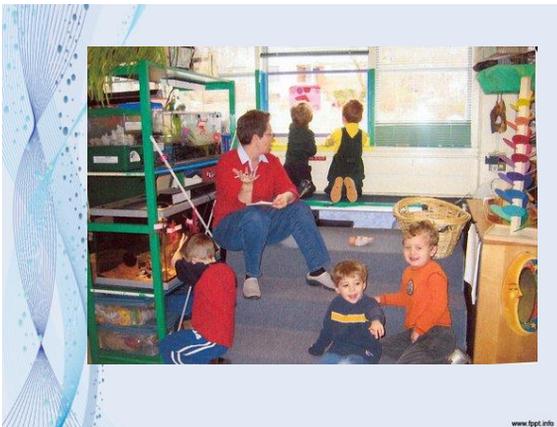
39



40



41



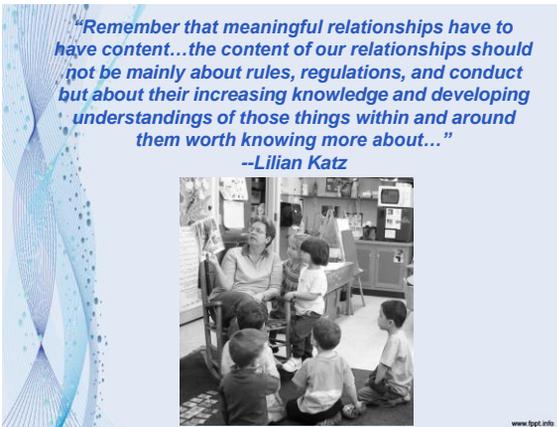
42



43



44



45

Do I bring my true self to work?

46

**“Who we are and what we live—
what we model for children—
has the most powerful impact of any strategy on children.**

**Our talk to children becomes their self-talk.
Our expectations become their expectations.
As an adult, you have the wisdom and experience
to be a powerful influence on a child’s life.”**

www.tppt.info

47

WHAT WE SAY MATTERS...

POSITIVE LANGUAGE ALTERNATIVES

Calm down.	→	How can I help you?
Stop crying.	→	I can see this is hard for you.
You're ok.	→	Are you ok?
Be quiet.	→	Can you use a softer voice?
Don't hit.	→	Please be gentle.
Stop yelling.	→	Take a deep breath, then tell me what happened.
Don't get upset.	→	It's ok to feel sad.
That's enough.	→	Do you need a hug?
I'm over this.	→	I'm here for you.

www.tppt.info

48



You get what you get, so don't get upset

Say sorry

A no thank you bite

Criss cross applesauce, hands in a bowl

Why did you do that? Would you like someone doing that to you?

AND MORE.....

www.tppt.info

49



AFFIRMATIONS.....

www.tppt.info

50



*"Sometimes I worry
You wouldn't love me
if you knew how bad
I was," said
the boy*



*"We don't love you
because we think you
are good."*

www.tppt.info

51

BELONGING



Brian Tracy said..."Eighty percent of life's satisfaction comes from meaningful relationships." Think about it...when you look back at the end of your life what will really matter? Five words...the quality of your relationships.

www.tppt.info

52

UNDERSTANDING CHILDREN



www.tppt.info

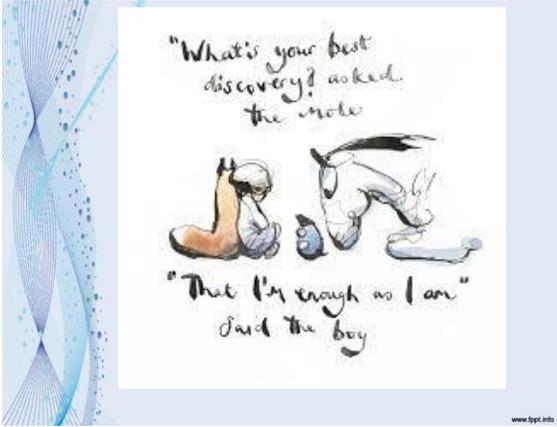
53

Children need to **KNOW** and be **KNOWN**.
For this to truly happen,
they need a learning environment that allows them
to have a relationship with someone who truly
understands them.



www.tppt.info

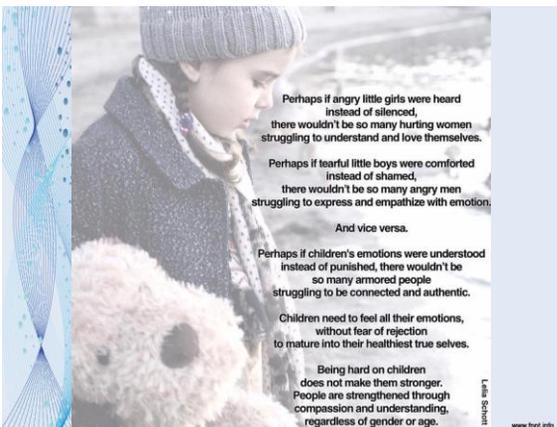
54



55



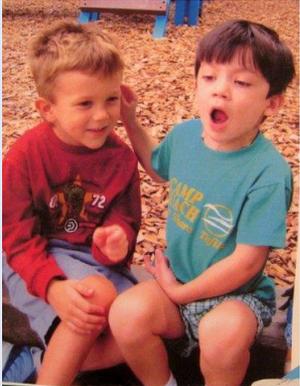
56



57



THE STORY OF ZYGI



www.tpp2.info

58



SELECTING APPROPRIATE, INDIVIDUALIZED STRATEGIES

PREVENTION
** choosing strategies that set the child up to *SUCCEED!*

PROSOCIAL INFORMATION
** all the resources we use to give child-centered information, like books, songs...

PROVIDE EXPERIENCES
** setting up curriculum, experiences, that help children *USE* the child-centered information

PROBLEM-SOLVING SKILLS
** what skills can this child learn to become an independent problem-solver?

PROVIDE MEANINGFUL CONSEQUENCES
** Focus on *empathy, connection, responsibility and reparations*

www.tpp2.info

59



PREVENTION

www.tpp2.info

60



"Many teachers spend their time searching for activities. The best teachers spend their time creating experiences."
Dr. Nathan Lang-Raad

CURRICULUM THAT INSPIRES AND CONNECTS



61



www.tppk.info

62

THE IMPORTANCE OF VISUALS



HOW TO CALM DOWN...
 BREATHE IN THROUGH NOSE



BLOW OUT OF MOUTH



NEED A BREAK?
 VISUALIZE A BEAUTIFUL PLACE AND TAKE DEEP BREATHS...




63

**PUPPETS AS
PALS!**



www.tppt.info

67



www.tppt.info

68



**BABY DOLL
CIRCLE TIME**

**CONSCIOUS
DISCIPLINE**

**DR. BECKY
BAILEY**

www.tppt.info

69

I LOVE YOU RITUALS

I LOVE YOU RITUALS
An Activities for Parents and Children That...
Becky A. Bailey, Ph.D.

Rituals and Traditions
Fostering a Sense of Community in Preschool

I LOVE YOU RITUALS

A wonderful woman lived in a shoe.
She had so many children
She knew exactly what to do.
She held them, she rocked them,
She tucked them in bed,
"I love you, I love you",
Is what she said.
--Becky Bailey



www.tppt.info

70



71

I LOVE YOU DINNER

A traditional family event co-created with the children, is the "I Love You Dinner".

Children write invitations, make a menu, go grocery shopping, decorate the room, pick songs to sing, cook all the food, and serve their families.

Sam is shopping with Daniel and Sara.

It was all the babies.



72

CARING FOR A PET: FRANK!!



www.tppt.info

73

CREATING A SCHOOL FAMILY: CLASSROOM JOB BOARD



STAR PERSON

GOOD IDEA PERSON



HELP YOU FEEL BETTER PERSON



www.tppt.info

74

PROVIDE EXPERIENCES

www.tppt.info

75



76



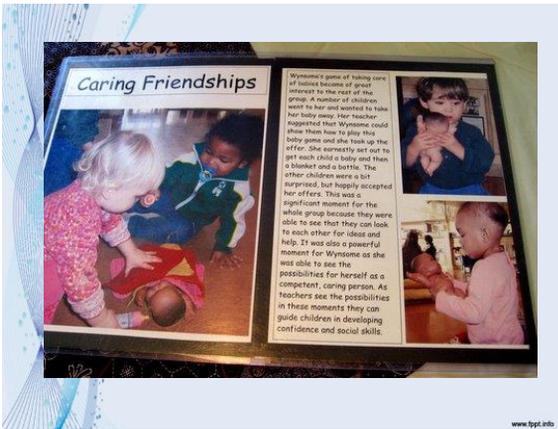
77



78



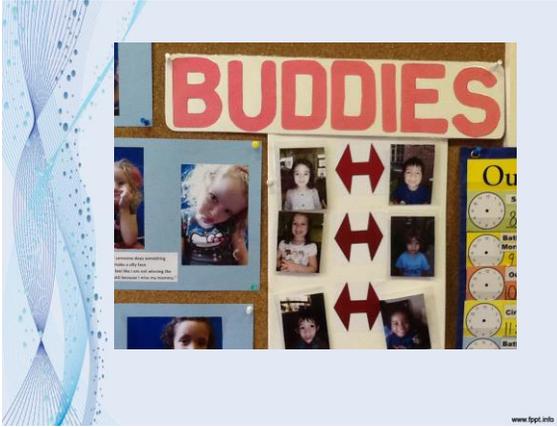
79



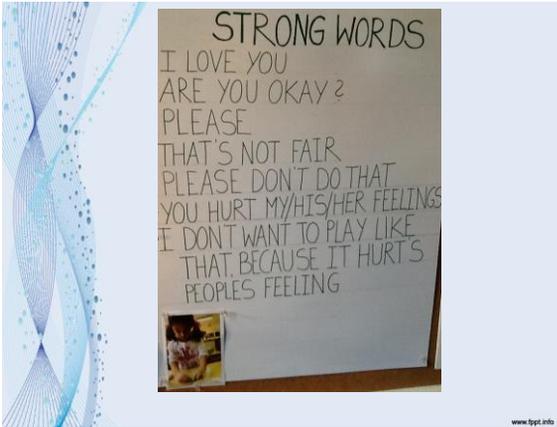
80



81



82



83



84



85



86



87



88



<https://makaisecee.wordpress.com/blog/>

89

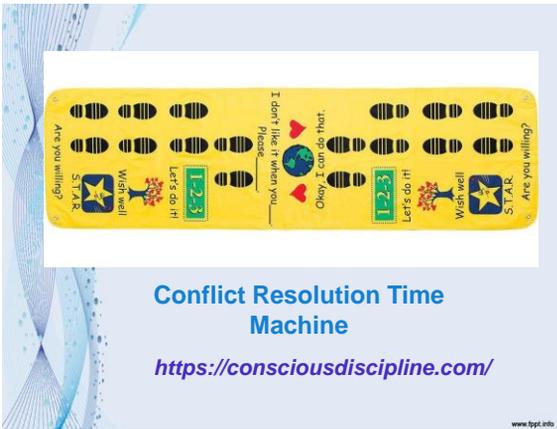


SHARE WHAT YOU LOVE!

90



91



92



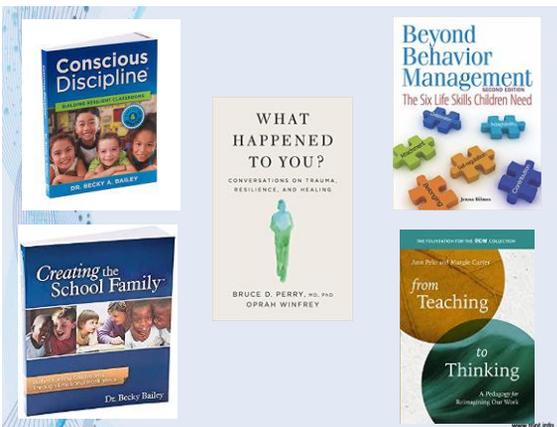
93



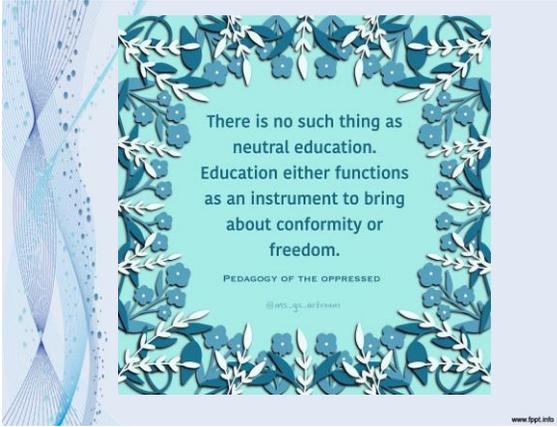
94



95



96



97



98



99



100



101
