INCLUSIVE ECE PROGRAMS AND EDUCATOR EQ



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Millato Not Parkyla

TRADITIONAL

approach to change

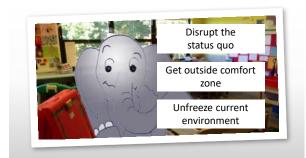
- Focus on needs
- Fix Problems
- Fear-based
- Compliance driven

CONTEMPORARY

- approach to change
- Focus on hope & dreams
- Intention change
- Strength-based
- Driven to connect

ESENCIPA MONICOLONIA

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Managing Complex Change

James James Lander														
Vision	+	Skills	+	Incentives	+	Resources	+	Action Plan	+	Age	+	Strong.	-	CHANGE
	+	Skills	+	Incentives	+	Resources	+	Action Plan	+	SLOW	+		-	CONFUSION
Vision	+		+	Incentives	+	Resources	+	Action Plan	+	SLOW	+		-	ANXIETY
Vision	+	Skills	+		+	Resources	+	Action Plan	•	SLOW	1		-	RESISTANCE
Vision	+	Skills	+	Incentives	+		+	Action Plan	+	SLOW	+			FRUSTRATION
Vision	+	Skills	+	Incentives	+	Resources	+		+	SLOW	+		-	FALSE STARTS

Adapted and expanded from M. Lippett; 1987 and T. Knoster, 15

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WHAT IS EQ?

"Emotional intelligence is the ability to identify and manage your own emotions and the emotions of others. It is generally said to include three skills: emotional awareness; the ability to harness emotions and apply them to tasks like thinking and problem solving; and the ability to manage emotions, which includes regulating your own emotions and cheering up or calming down other people."

Psychology Today



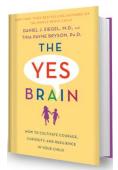


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Ability to recognize and understand one's own emotions; ability to capitalize upon one's strengths and recognize one's own biases, emotional triggers, and limitations; and knowledge that, ultimately, we have control over our emotions and how we respond to situations.

Ol Self-Awareness

Wristle Pudti-Funtagek



Shifts in mindset....



- fixed to growth judged to being helped scarcity to plenty obstacle to opportunity fear to curious

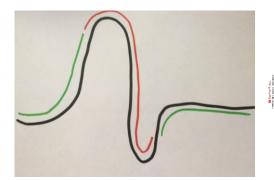
- prove competence to stretching foe to friend misbehavior to stress
- behavior

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Ability to adapt and manage change; ability to understand the best response for the situation; and ability to control emotional reactions in order to respond in productive and authentic ways

02 | Self-regulation





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O3 Situational awareness

White Prett-Frontigale

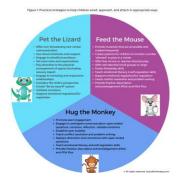




ESEM OF A served obligations











O5 Spirituality

White Pulli-Turkyah

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■ Rachertage



