

Literature for Social Emotional Development: *Books that Help Children Explore Feelings*

by Jacky Howell, MA and Kimberly Reinhard, MsC





Jacky Howell, MA
ECE Training and Technical
Assistant,

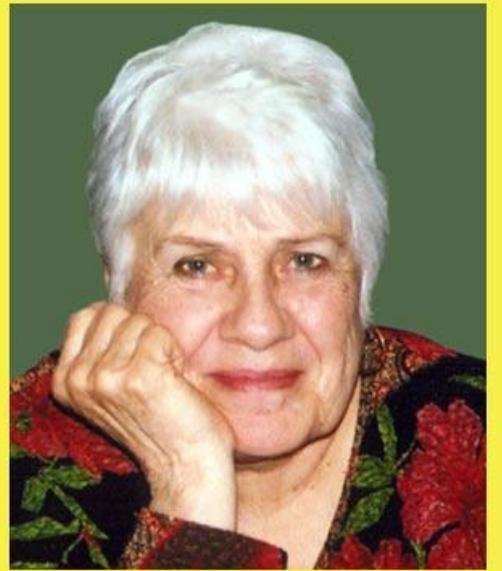
azspire@gmail.com

WEEK OF THE YOUNG CHILD



**Kimberly Reinhard, MSc
Consultant, Trainer**

reinhardconsulting@mail.com



Children's Books

by Bev Bos

...I am often asked why I choose the books I do. While some have suggested I have developed a strong intuitive sense, I prefer to think that I have simply learned from experience. After reading books to young children for more than thirty years, a good book has to meet a certain criteria for me...

“A CONVERSATION....”

My philosophy is that books do not belong in the library or just on the bookshelf at home. Kids should have easy access to books all the time. At home, they should be under the pillows, stacked by the bed, in every nook and cranny. Every bathroom should have not only the newspaper but children's books, too. They should be in the car.

At school, we make sure the books are within easy reach of the children. Books and words need to be as familiar to children as the food they eat, the music they hear and the art they do. If we want our children to become literate then we must do everything we can to make them comfortable with books and language.



Bev Bos 20/20 1991!!!

FIND VIDEO AT:

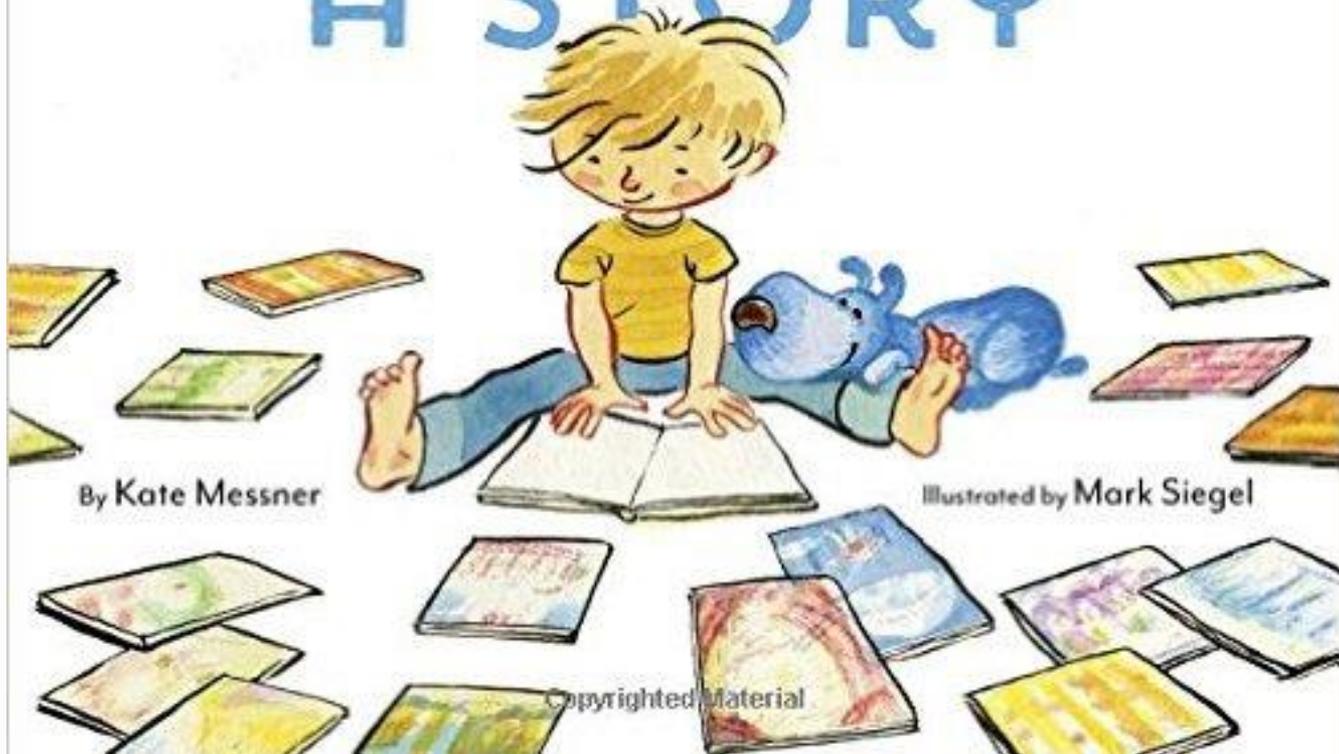
<https://www.youtube.com/watch?v=6DuAqqj4Krg>

**"Fill your house with stacks of books,
in all the crannies and all the nooks."**

— Dr. Seuss

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HOW TO READ A STORY



By Kate Messner

Illustrated by Mark Siegel

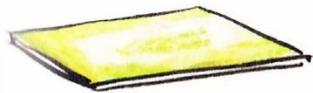
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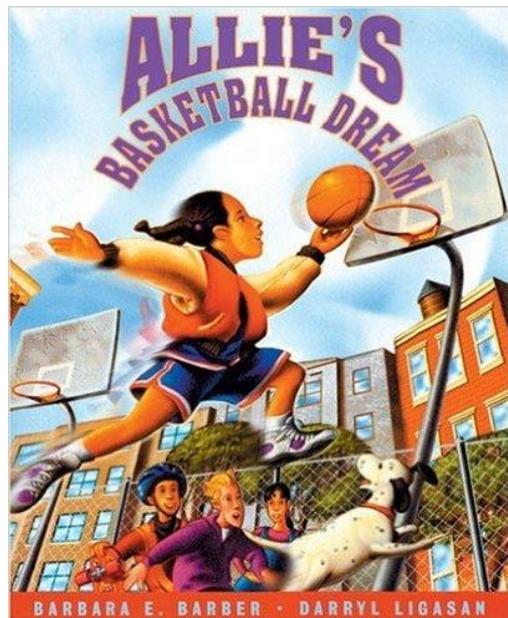
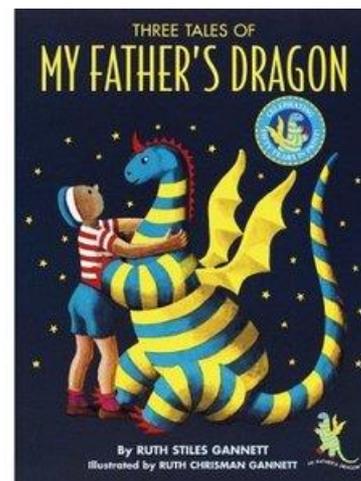
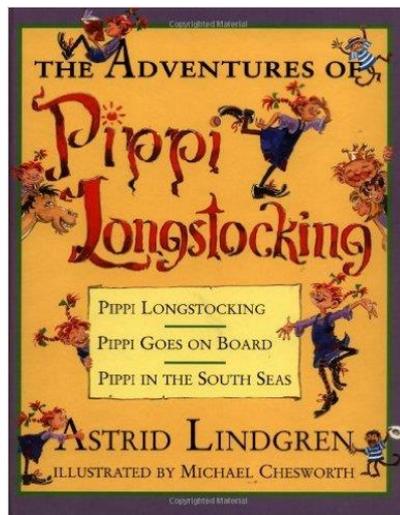


STEP 1

FIND A STORY.

A good one.
It can have princesses and castles,
if you like that sort of thing,
or witches and trolls.
(As long as they're not too scary.)

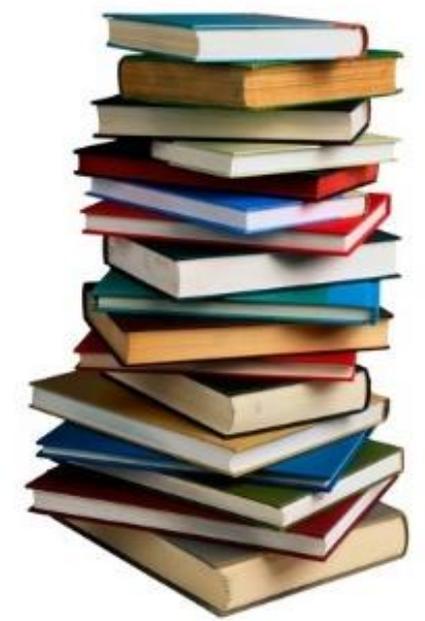
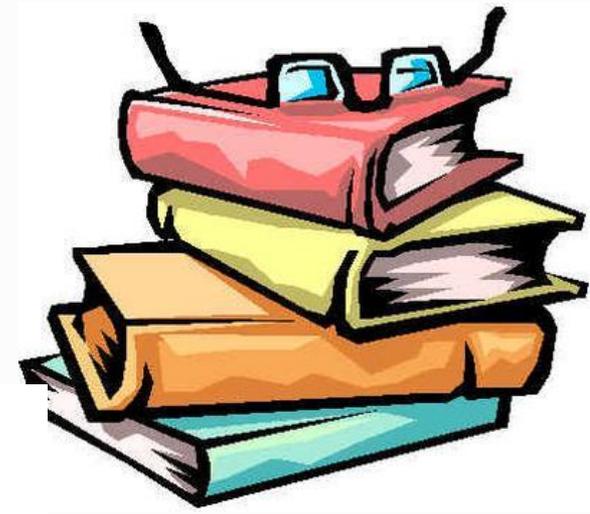
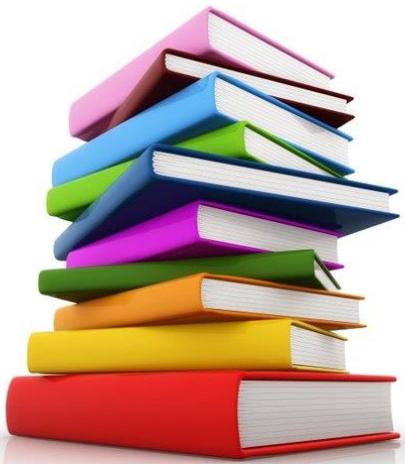




**WE LOVE
CHILDREN'S
BOOKS!**



CHOOSING THE BOOKS!!!



Social-Emotional Intelligence:

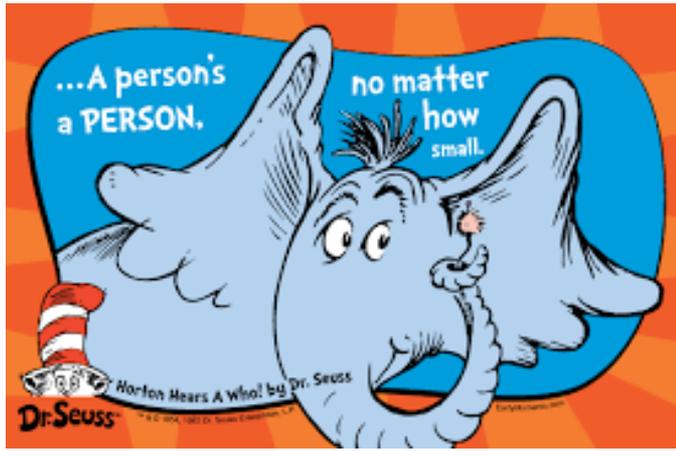
the ability to understand ourselves and other people, and in particular to be aware of, understand and use information about the emotional states of ourselves and others with competence. It includes the ability to understand, express and manage our own emotions, and respond to the emotions of others, in ways that are helpful to ourselves and others.





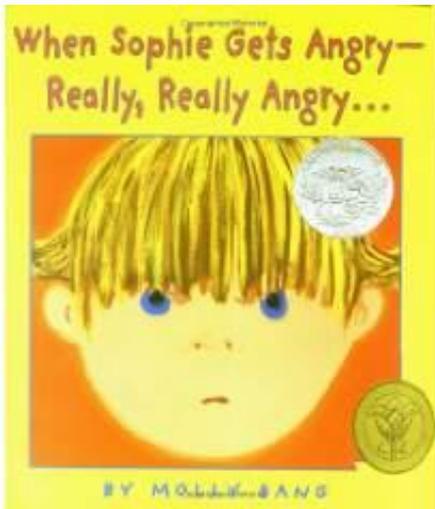
How Children's Books Teach Social Emotional Learning

- Understand and manage own emotions and feelings
- Feel and show empathy for others
- Establish and maintain positive relationships
- Show emotions in a healthy way
- Conflict resolution/ Problem Solving Skills
- Self Reliance
- Patience
- Responsibility
- Calm and stilling skills



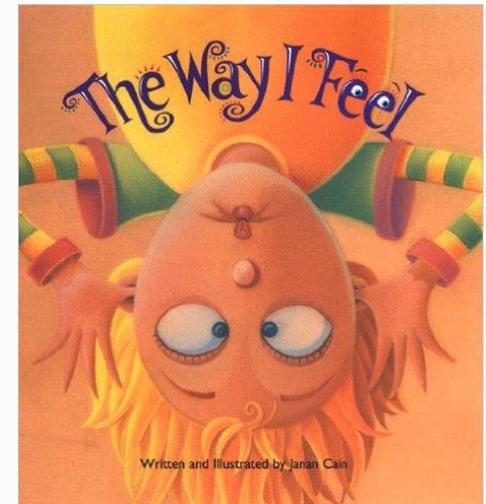
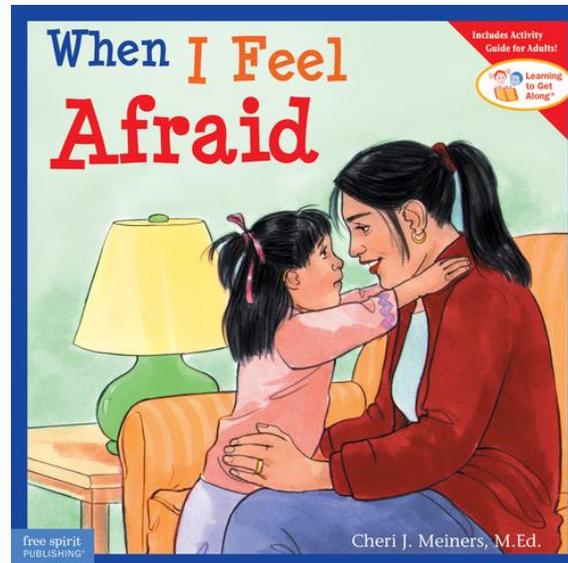
Books About Feelings

(and aren't they all? 😊)



Molly Bang

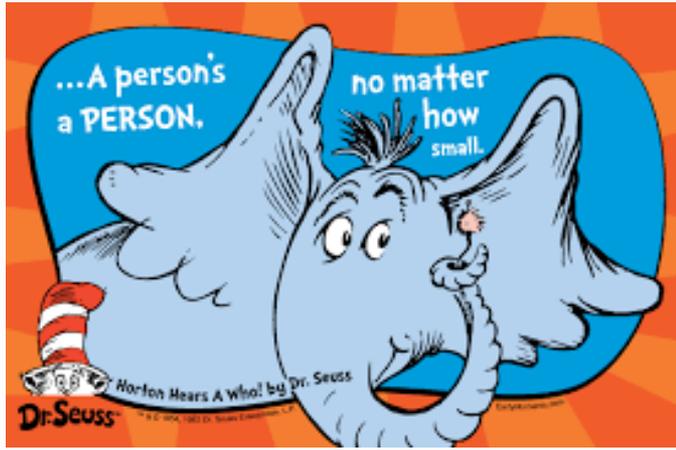
Cheri J. Meiners,
M.Ed.



Janan Cain

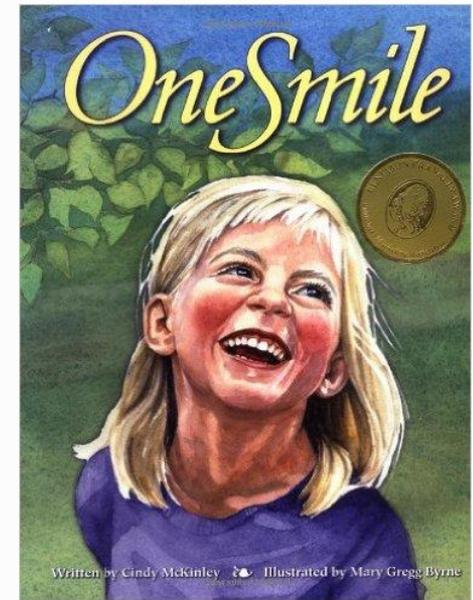
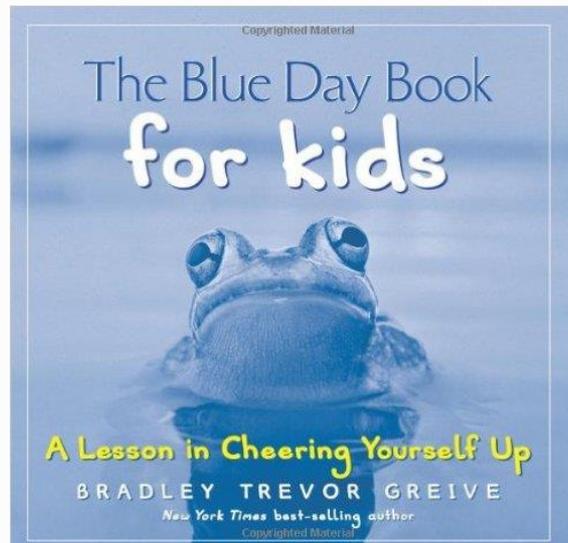
Books About Feelings

(and aren't they all? 😊)



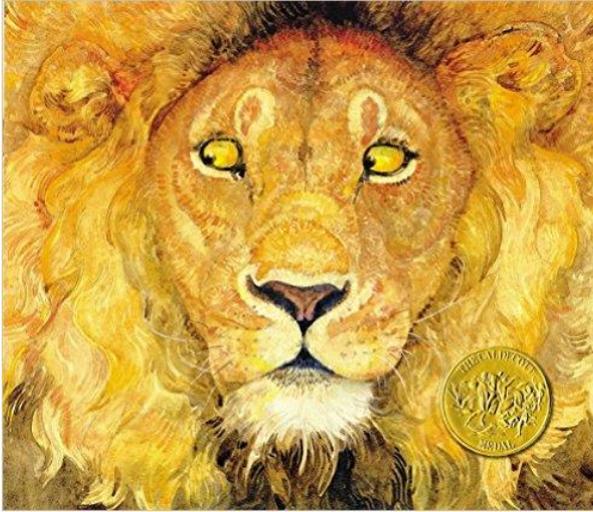
Kathryn Otashi

Bradley Trevor Greive

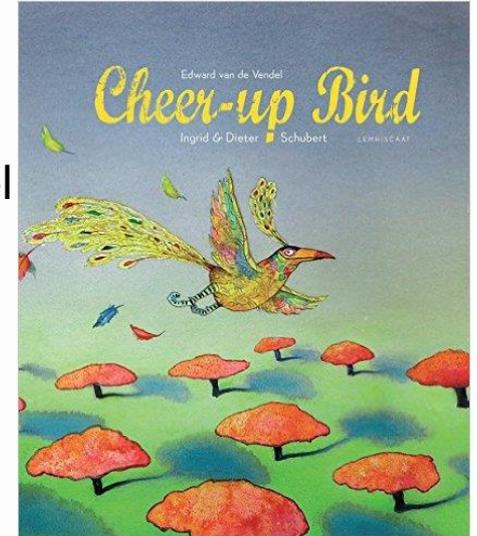


Cindy McKinley

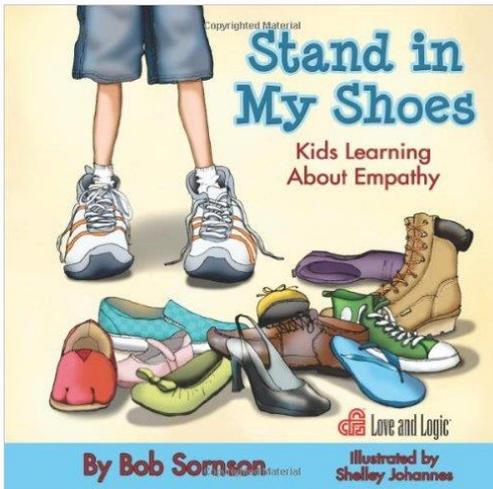
Books on Kindness and Empathy



Jerry Pinkney



Edward van de Vendel



Bob Samson



POLL

Brightly

“Promise me you’ll
remember, you are braver
than you believe,
stronger than you seem,
smarter than you think.”

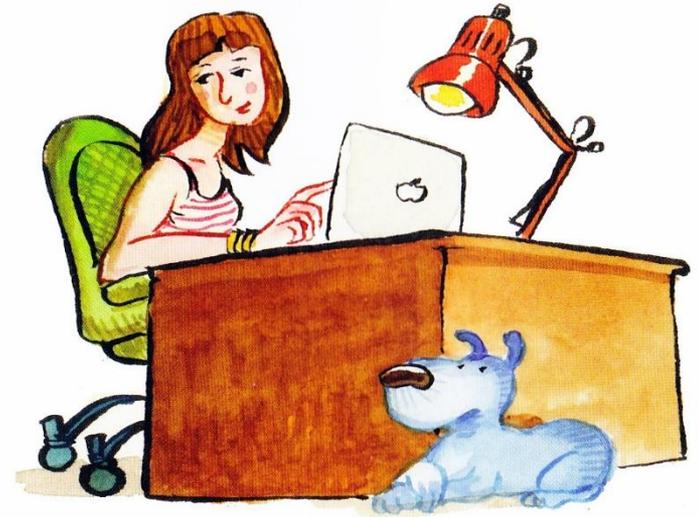
– *Winnie-the-Pooh*
A.A. MILNE

STEP 2

FIND A READING BUDDY.

A good one.

A buddy can be older . . .



or younger . . .



or a person your age.



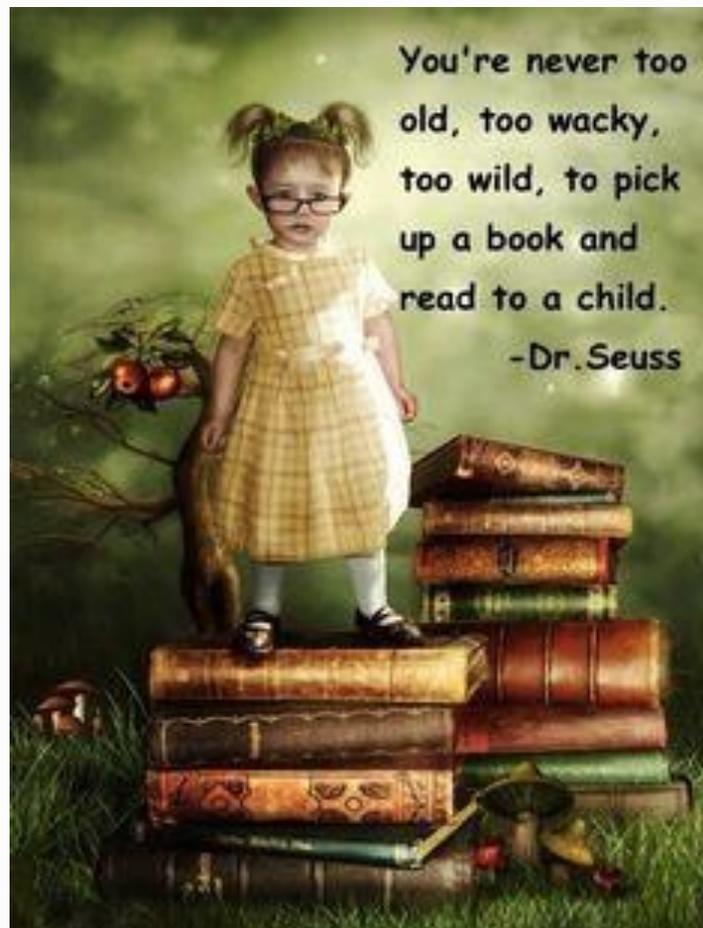
Or maybe not a person at all.



Make sure your reading buddy is nice and snuggly.
And make sure you both like the book.
If you don't agree . . . go back to Step 1.
Sometimes it takes a few tries to find just the right book.

Time to Read....

- Relationships
- How You Read the Story
- Place

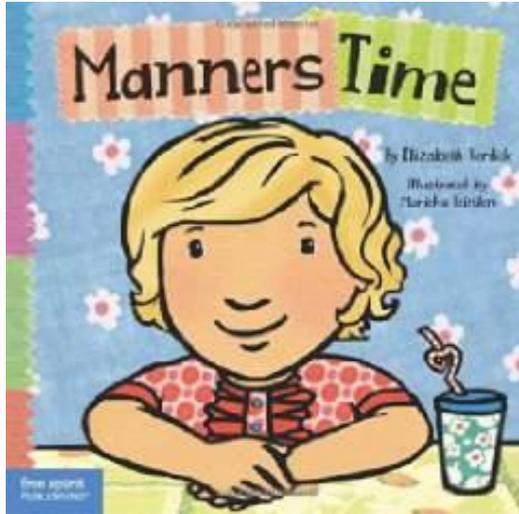




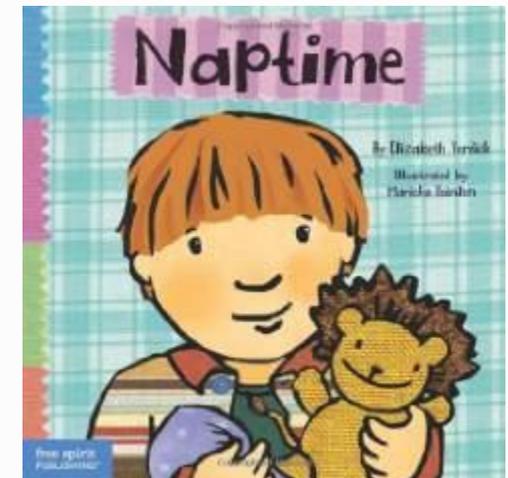
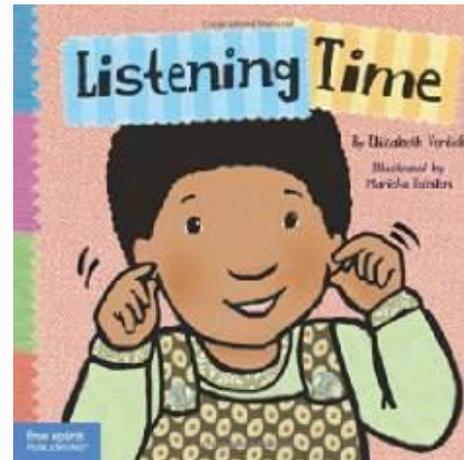
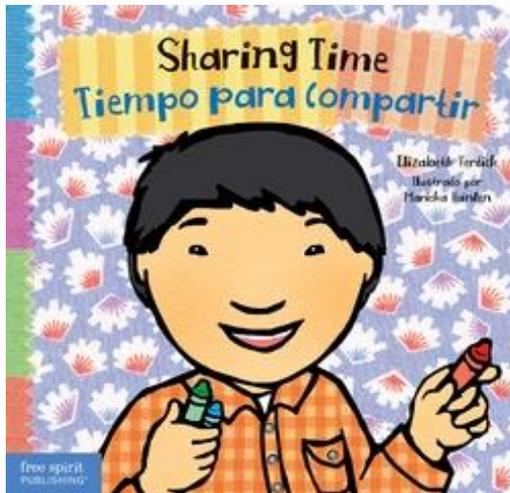
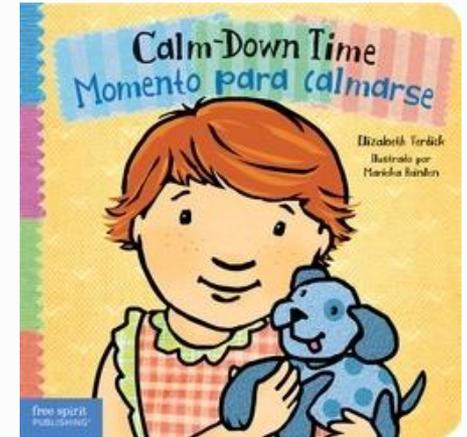
MEMORIES....



Books for Self Regulation



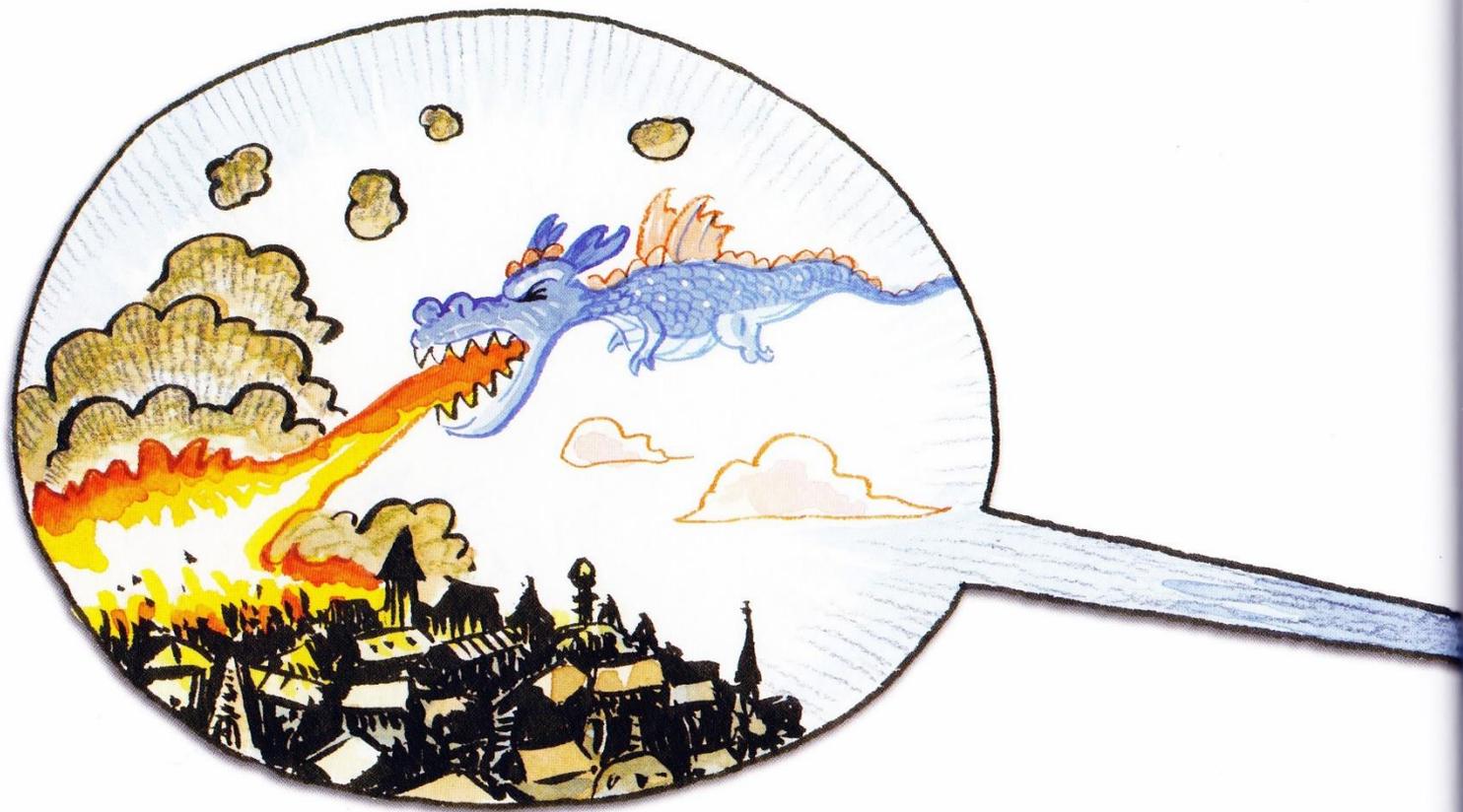
Elizabeth Verdick





**“A children's story that
can only be enjoyed by
children is not a good
children's story in the
slightest.”**

- C.S. Lewis



STEP 4

LOOK AT THE BOOK'S COVER.

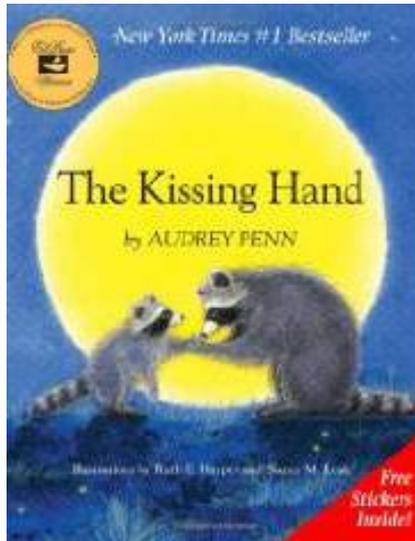
Can you guess what it's about?
Read the title. That might be a clue.

Choosing Good Books

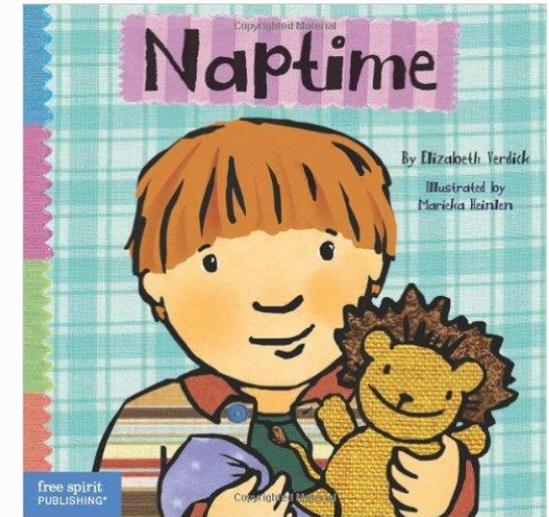
- *Would you like it read to you? Do you appreciate the story?*
- *Bev Bos notes - "If a kid doesn't say something on the first page, than I don't read it, I slip it away and choose another book."*
- *What does the story say? Will it make sense to children? Do the illustrations complement the words?*
- *Choose books from all sorts of genres! Nonfiction, wordless, science fiction, fantasy, etc.*
- *Beware of books connected to products, commercialized or contain bias.*
- * *Know your "audience" 😊*

Books for Transitions

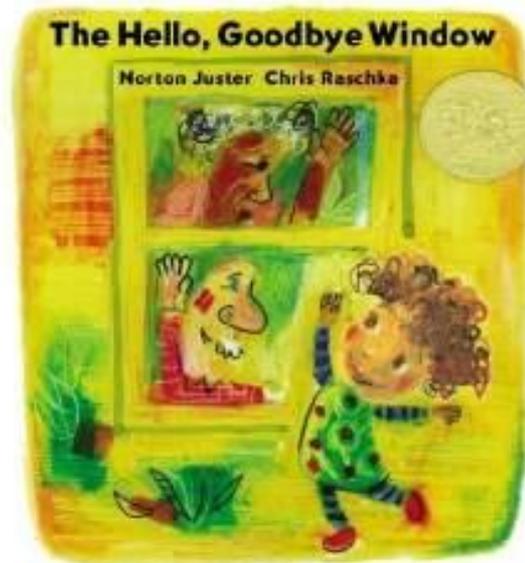
Audrey Penn



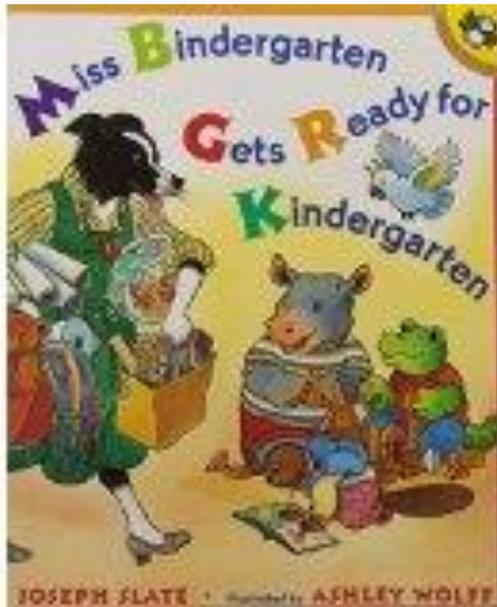
Elizabeth Verdick



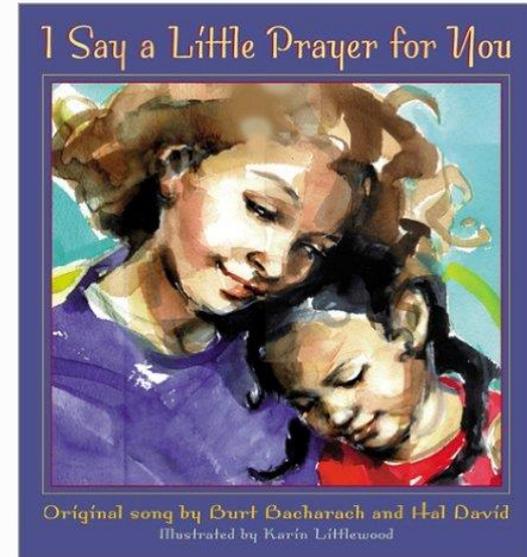
Norman Juster



Books for Transitions



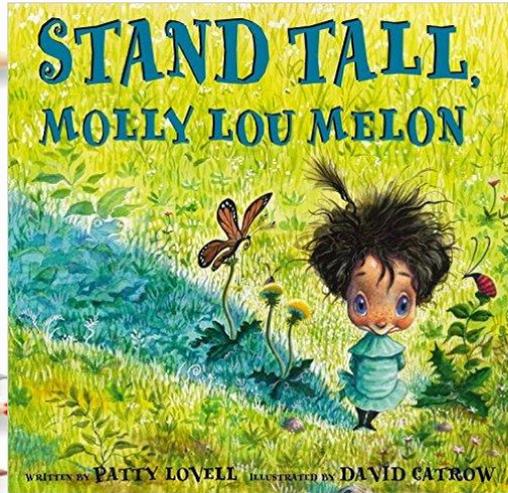
Joseph Slate and
Audrey Wolff



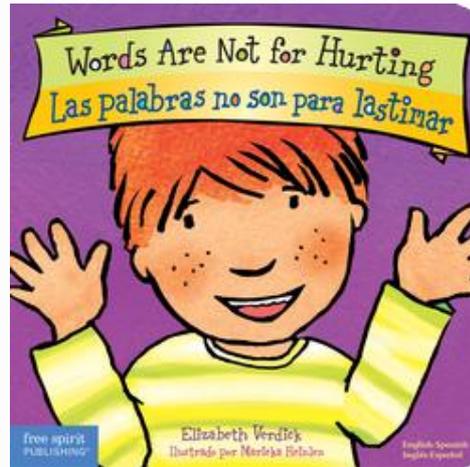
Burt Bacharach and Hal David

Books on Bullying

Patty Lovell



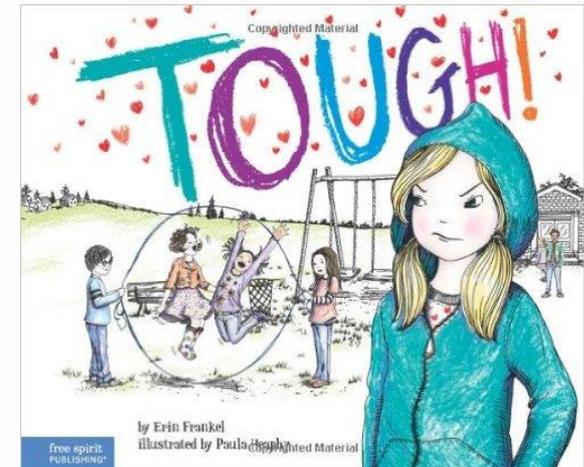
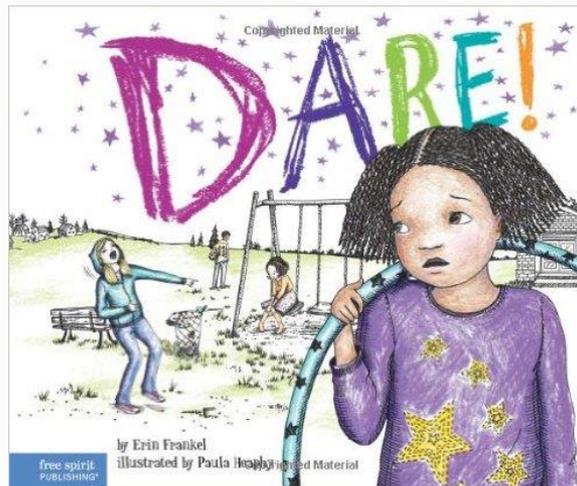
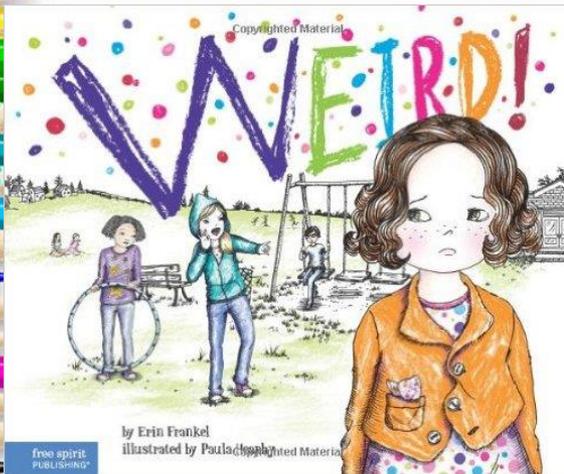
Elizabeth Verdick



Kathryn Otoshi



Erin Frankel



STEP 3

FIND A COZY READING SPOT.

Outside is fun . . . but not if it's very cold.
Unless you have thick woolen blankets,
and hats and scarves, and cups of steaming
hot cocoa.





I like it better
HERE

WHERE I CAN SIT

*just quietly
and*

smell the flowers.

—MUNRO LEAF, *The Story of Ferdinand*

POLL

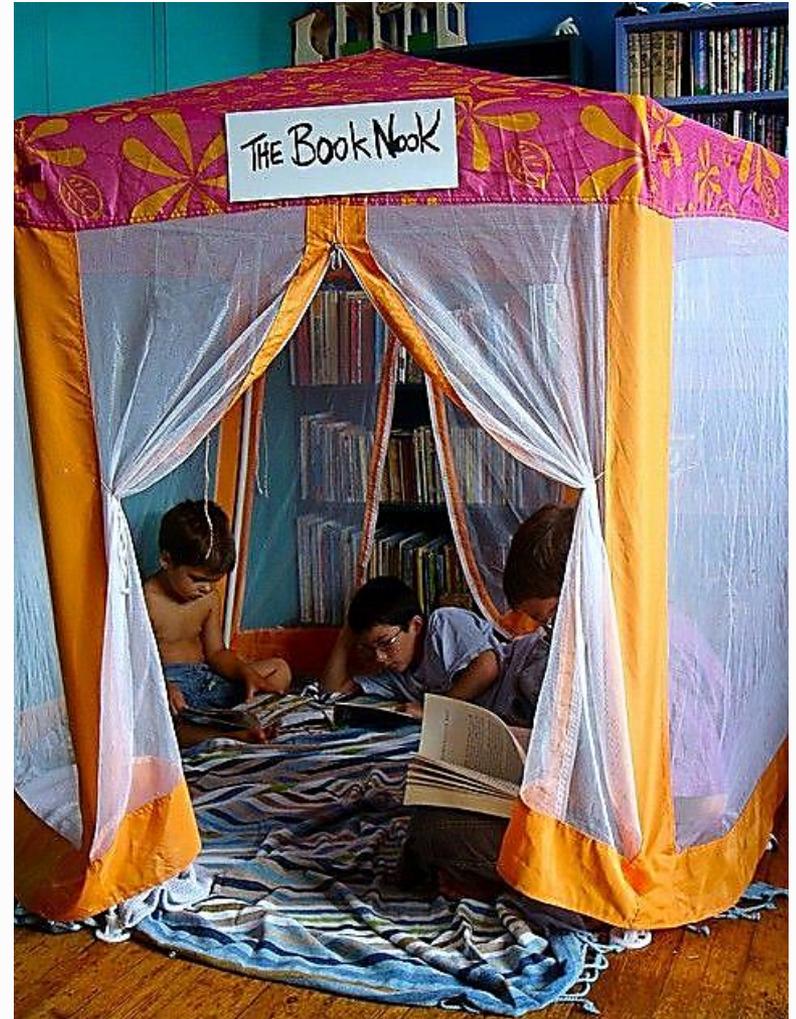
"I do believe
something very magical
can happen when you
read a good book."

-J.K. Rowling



Good

Spaces and Places



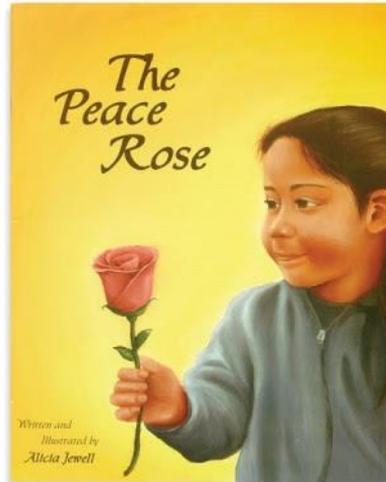
Spaces and Places



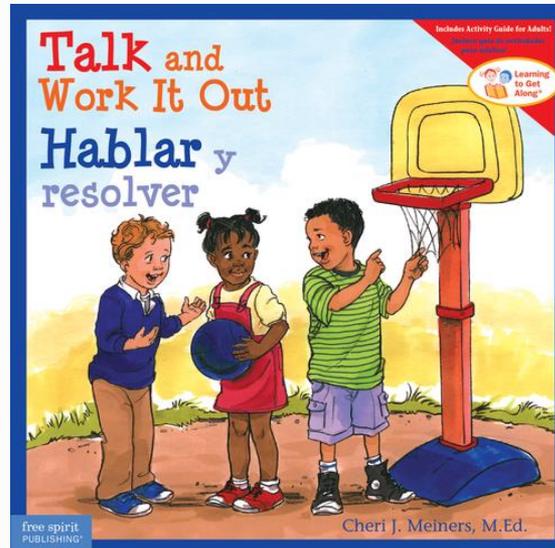
Spaces and Places



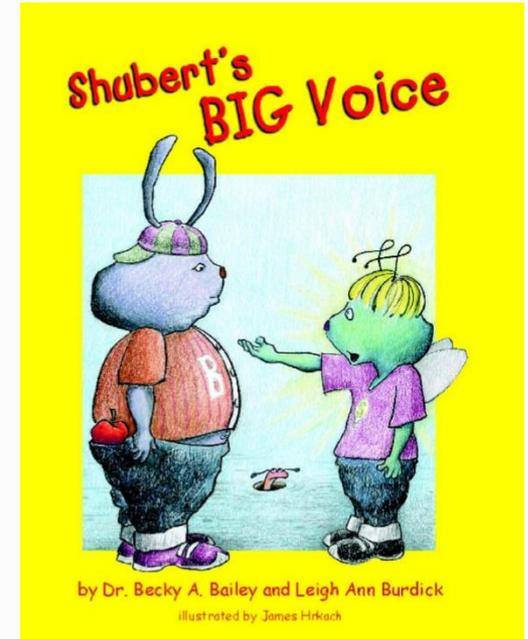
Conflict Resolution



Alicia Jewell



Cheri J. Meiners

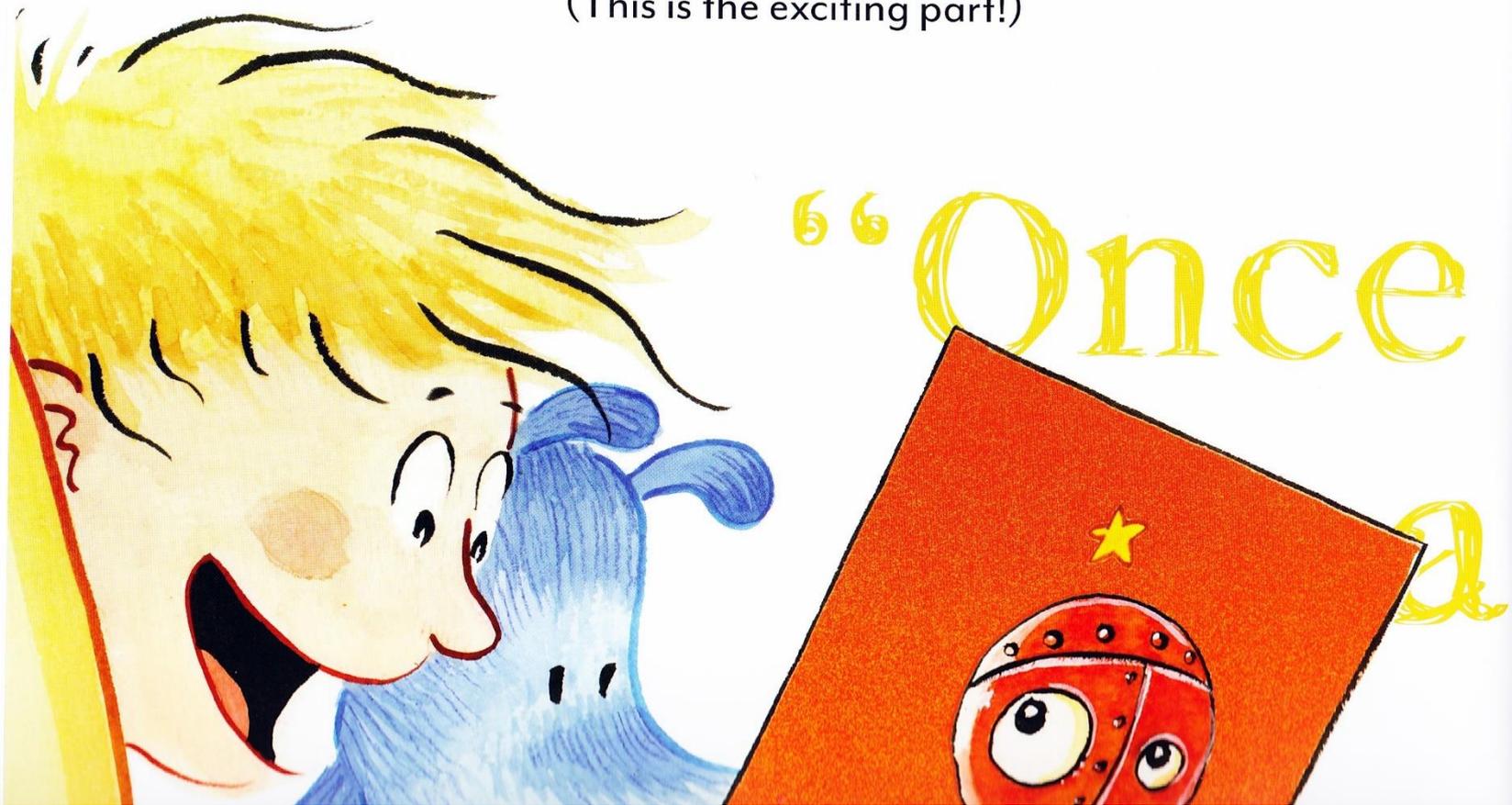


Dr. Becky Bailey

STEP 5

OPEN THE BOOK.

(This is the exciting part!)



POLL

You're never too old,
too wacky, too wild,
to pick up a book
and read to a child.

-Dr. Seuss



Difficult/ Serious Issues

- **Death and Dying**
- **Health and Hospitalization**
- **Separation and Divorce**
- **Abuse**
- **Drugs and Alcohol Abuse**
- **Trauma**
- **More....**



Books That Heal Kids: feeli... ×

booksthathealkids.blogspot.com/search/label/feelings

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Showing posts with label feelings. [Show all posts](#)

Friday, June 5, 2015

Book Review: In My Heart - A Book of Feelings



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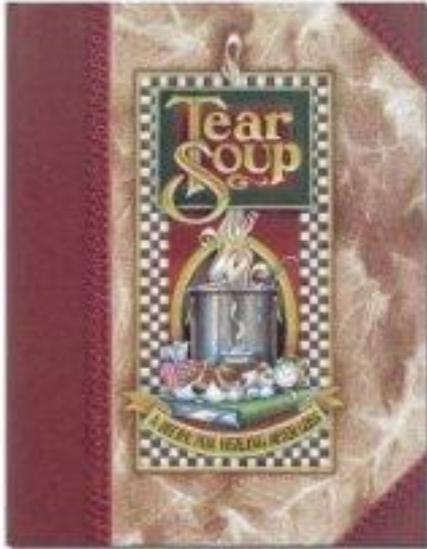
Start

6:12 PM 3/15/2016

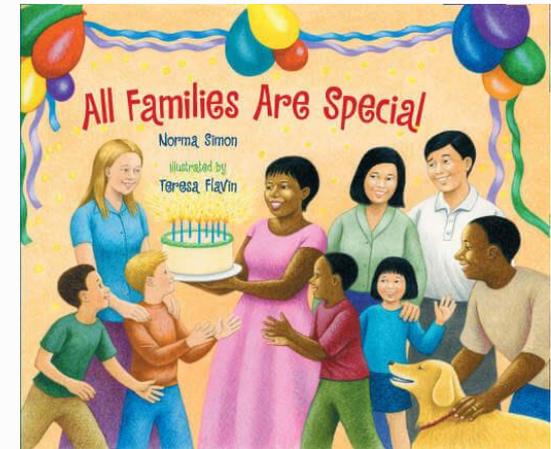
<http://booksthathealkids.blogspot.com>

Books That Help with Issues

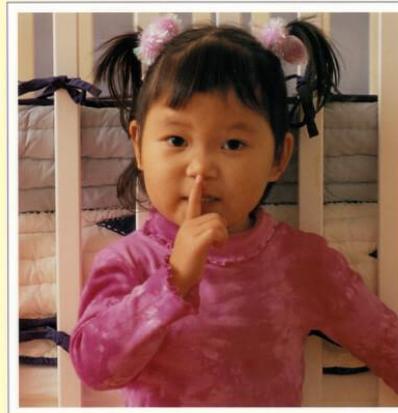
Pat Schwiebert



Norma Simon



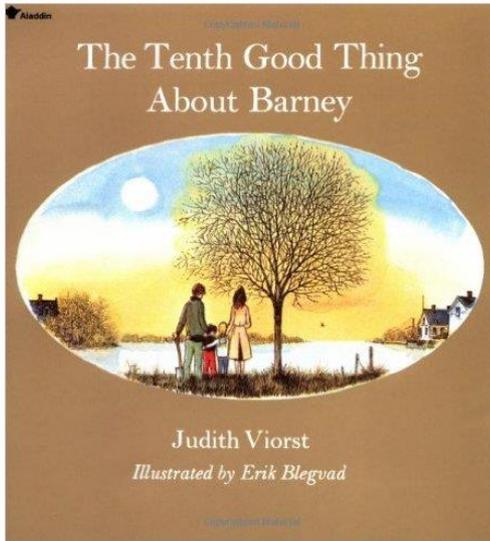
A Baby's Coming
to Your House!



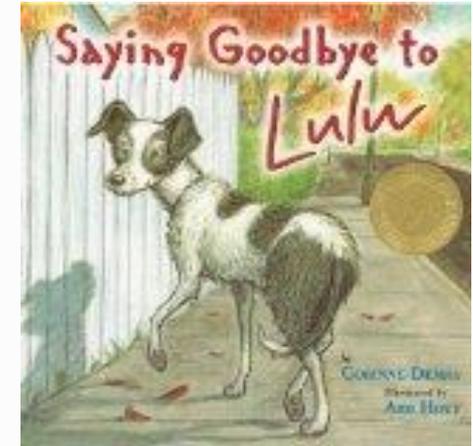
Shelley Moore Thomas
PHOTOGRAPHED BY Eric Futran

Shelley Moore
Thomas

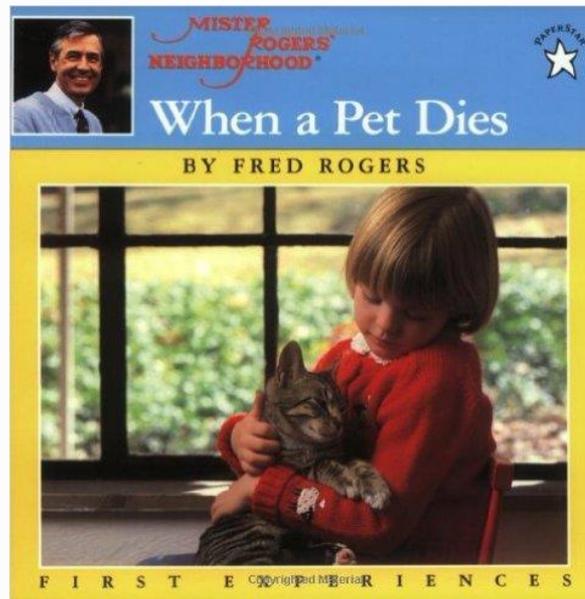
Books on Difficult/ Serious Issues



Judith Viorst



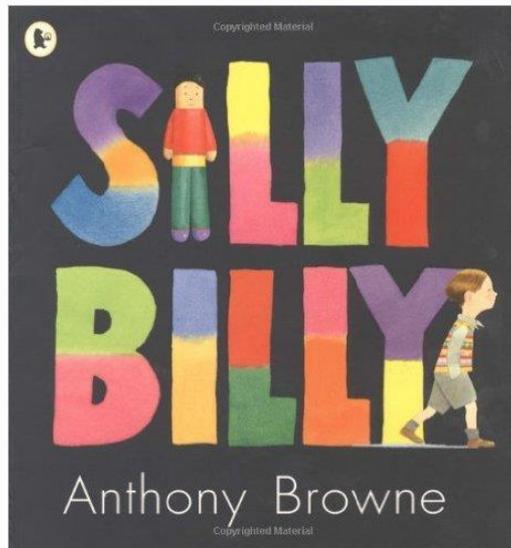
Corinne Demas



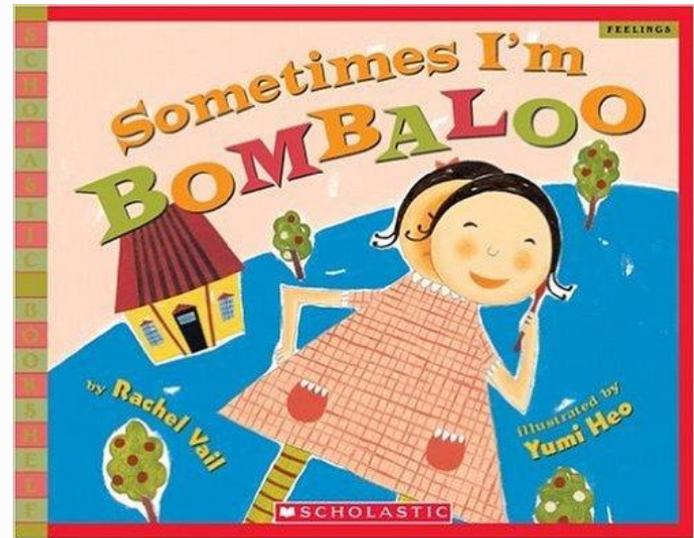
Fred Rogers

How to Use Books for Difficult or Serious Issues

- Read books to everyone that speak to children and say:
“I am here for you. I see you. I hear you.”



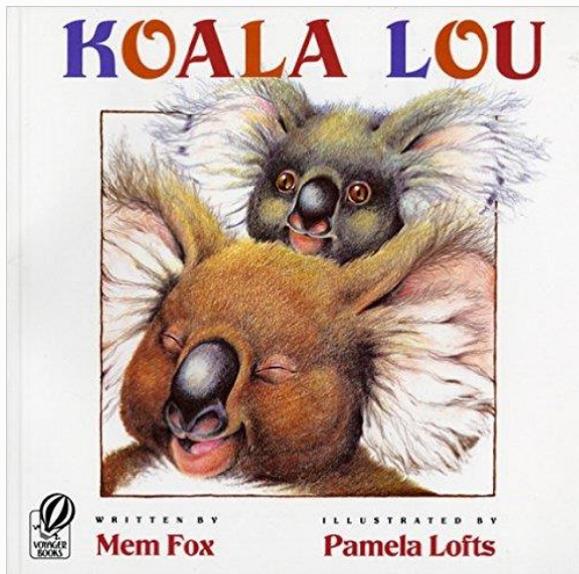
Anthony Browne



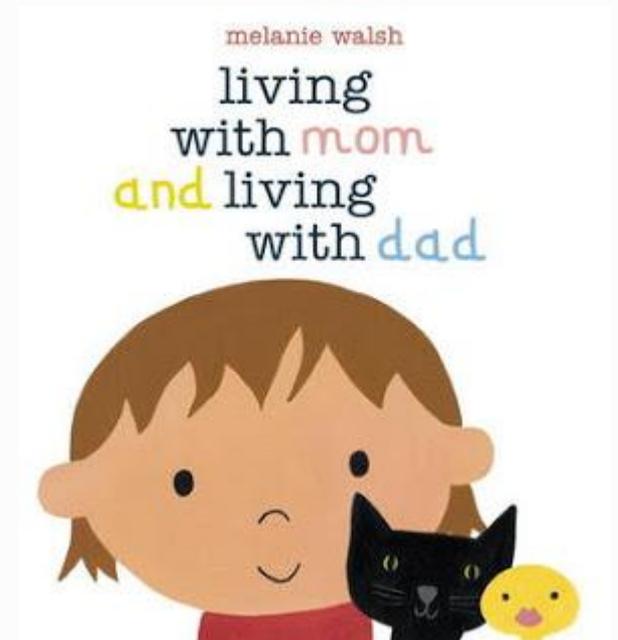
Rachel Vail

How to Use Books for Difficult or Serious Issues

Read books to individual children to meet his/her individual needs.



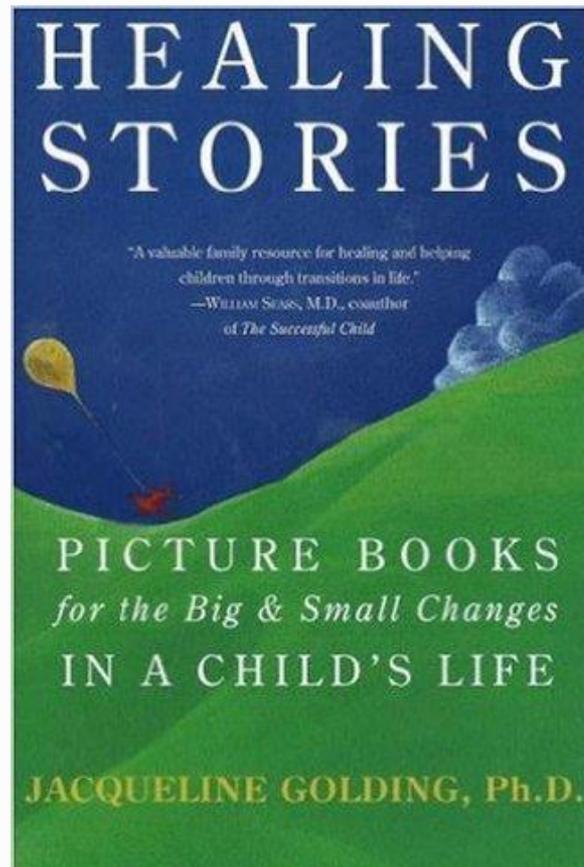
Mem Fox



Melanie Walsh

How to Use Books for Difficult or Serious Issues

Offer books and resources to families.



And then . . . if it was a really good story . . .
go right back to the beginning
and start all over again.

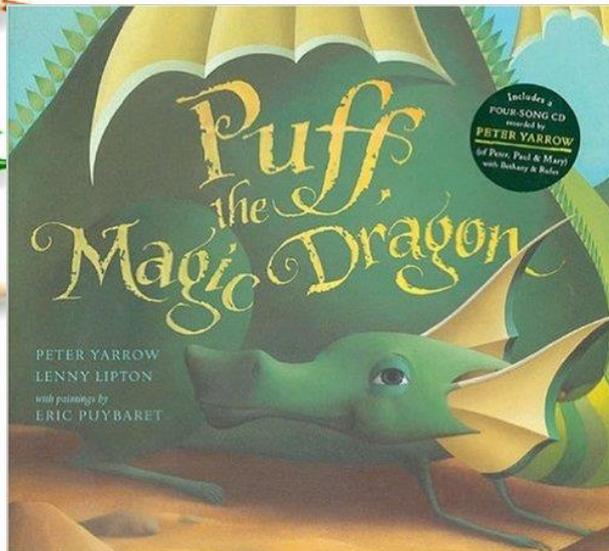
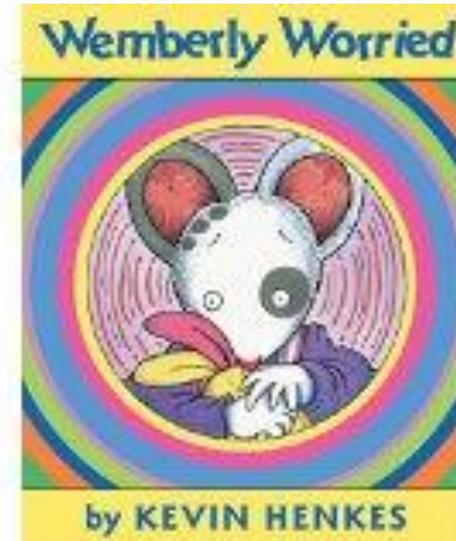




MANY Ways to Extend Stories

- **Puppets**
- **Felt Board**
- **Plays**
- **Art**
- **Creating Your Own Stories/ Sequels**

PUPPETS AS BOOK PALS...



Peter Yarrow
& Lenny Lipton

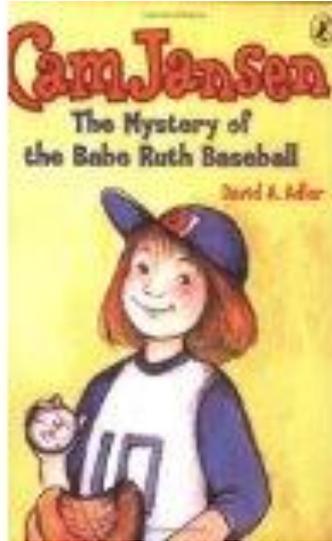


FELT BOARDS AND STORYTELLING

Consider
using the dust
jacket as your
characters!!



PLAYS



“Out of the Housekeeping
Corner and Onto the Stage--
Extending Dramatic Play.”

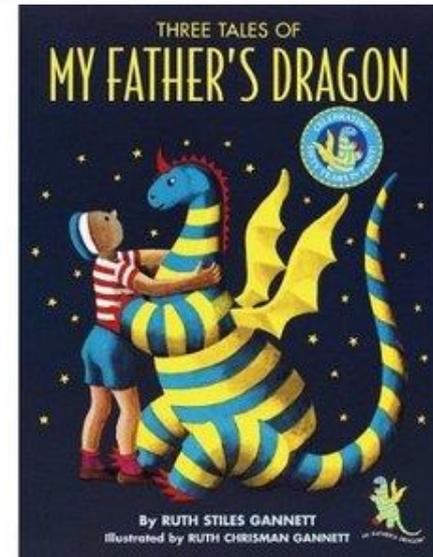
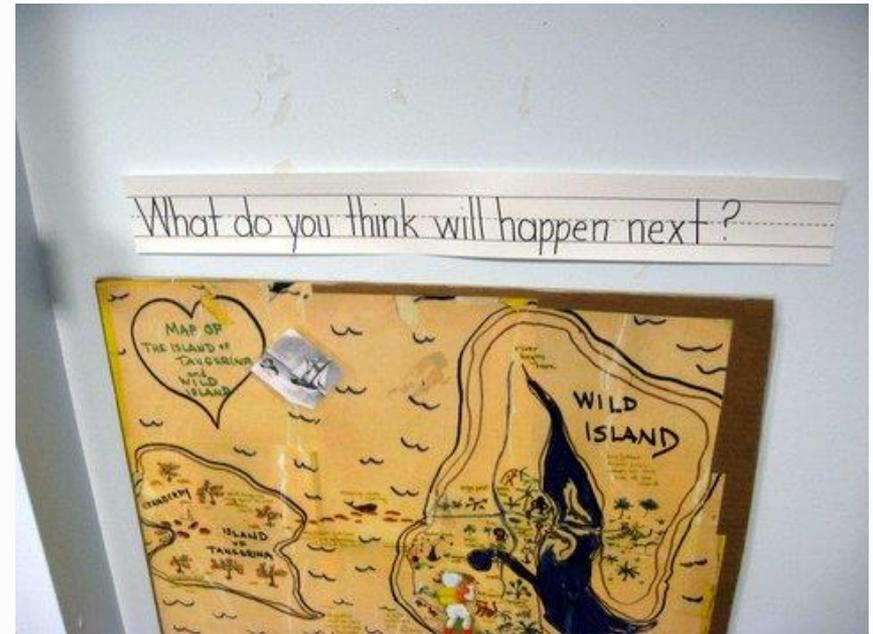
Howell, Jacky

Corbey-Scullen, Lynn;

Young Children, Sep 1997



CREATING YOUR OWN STORY OR SEQUEL



**BOOKS GIVE A SOUL
TO THE UNIVERSE,
WINGS TO THE MIND,
FLIGHT TO THE
IMAGINATION, AND
LIFE TO EVERYTHING**

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Sometimes it just takes **One**.



RESOURCES ON FINDING THE RIGHT BOOKS!!

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<http://booksthathealkids.blogspot.com/> **BOOK IDEAS!**

<http://www.beinkandescent.com/articles/1067/healing+stories>

<http://healingstoriespicturebooks.blogspot.com>

<http://childrensbooksheal.com/>

<http://www.grandmarose.com/>

<http://www.saysomethingnow.com/index.php>

<http://www.albertwhitman.com/>

<http://www.illumin.com/>

<http://www.naeyc.org/files/yc/file/200809/Crawford.pdf>

<http://csefel.vanderbilt.edu/documents/booklist.pdf>

naeyc

Rituals and Traditions

Fostering a Sense of
Community in Preschool

Jacky Howell and
Kimberly Reinhard

**YOU CAN NOW
PURCHASE OUR
BOOK!**

<https://www.naeyc.org/store/rituals-and-traditions>

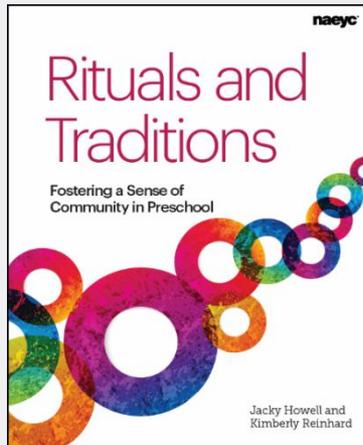
ritualsandtraditions@gmail.com

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WE CAN COME TO YOU!!!

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azspire@gmail.com

Kimberly Reinhard:

reinhardconsulting@mail.com