

Social-Emotional Learning for Creating Positive School Culture

Dr. Lauren Starnes

Session Goals

- Define social-emotional learning
- Explore relevance of social-emotional learning for PreK students
- Explore outcomes of social-emotional learning for PreK students
- Consider the current cultural need for social-emotional learning

Social-Emotional Learning: Defined



Importance of Social-Emotional Learning

Mind Journey....



You tell me...

Social-Emotional Learning in the Preschool Classroom



Statistics

Bullying begins early. Some studies show as many as 35% of elementary students are bullied or engage in bullying.

Just shy of 20% of Kindergarten students report incidents of bullying

Students who have been victims of bullying are more likely to be emotionally withdrawn and struggle academically in school.

The stronger a student's social and emotional skills, the less likely the student is to bully others or be victims of bullying.

Social-emotional learning is stronger when it begins earlier.

POLL



Promoting Social-Emotional Learning in the Early Childhood Classroom

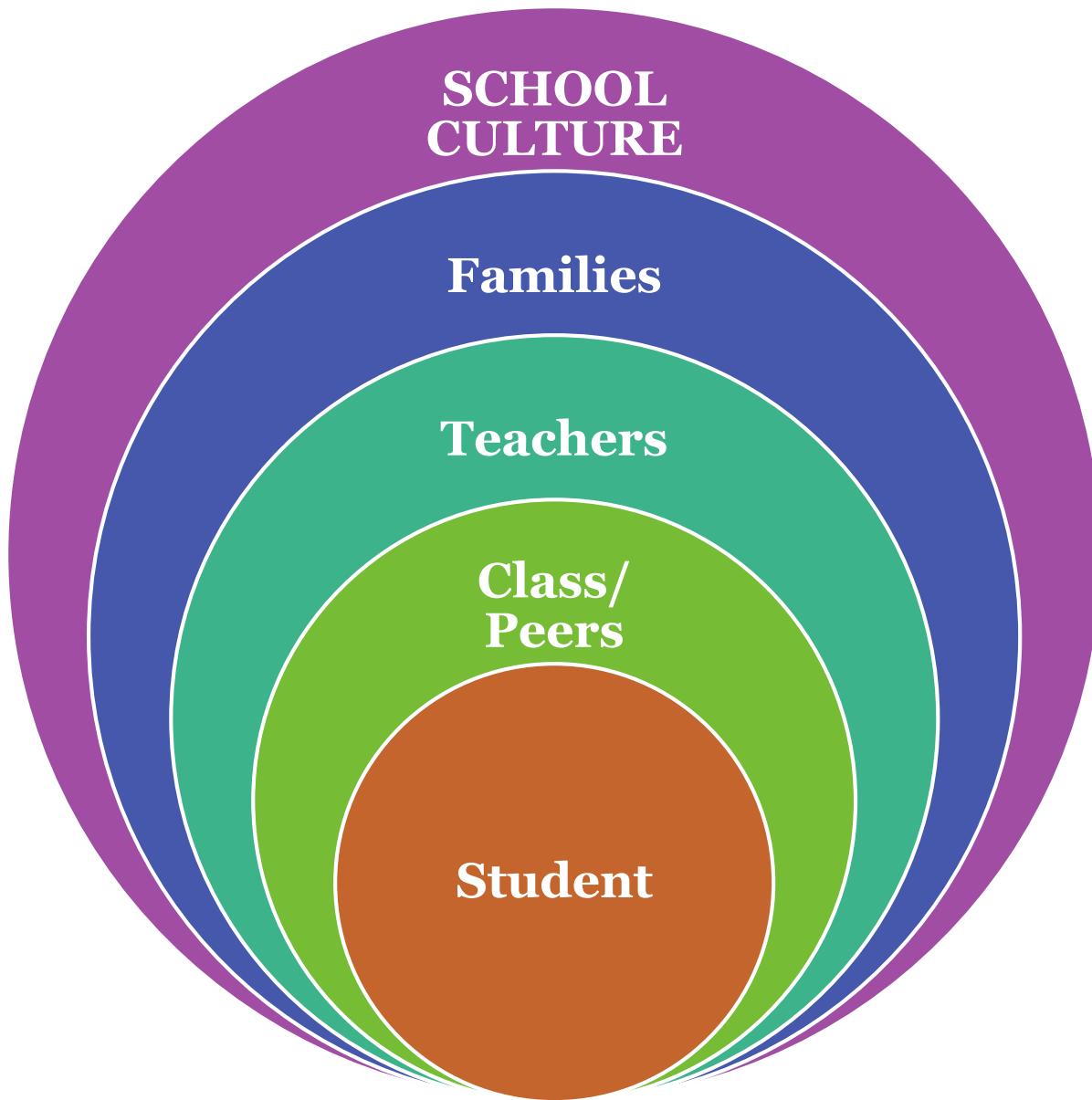
- Teach and model emotion vocabulary
 - Naturally
 - Prompted
- Respectful teacher-student interactions
 - Language
 - Interactions
- Modeling respectful language
 - Using the word “respectful”
 - Repeat and extend



Promoting Social-Emotional Learning in the Early Childhood Classroom

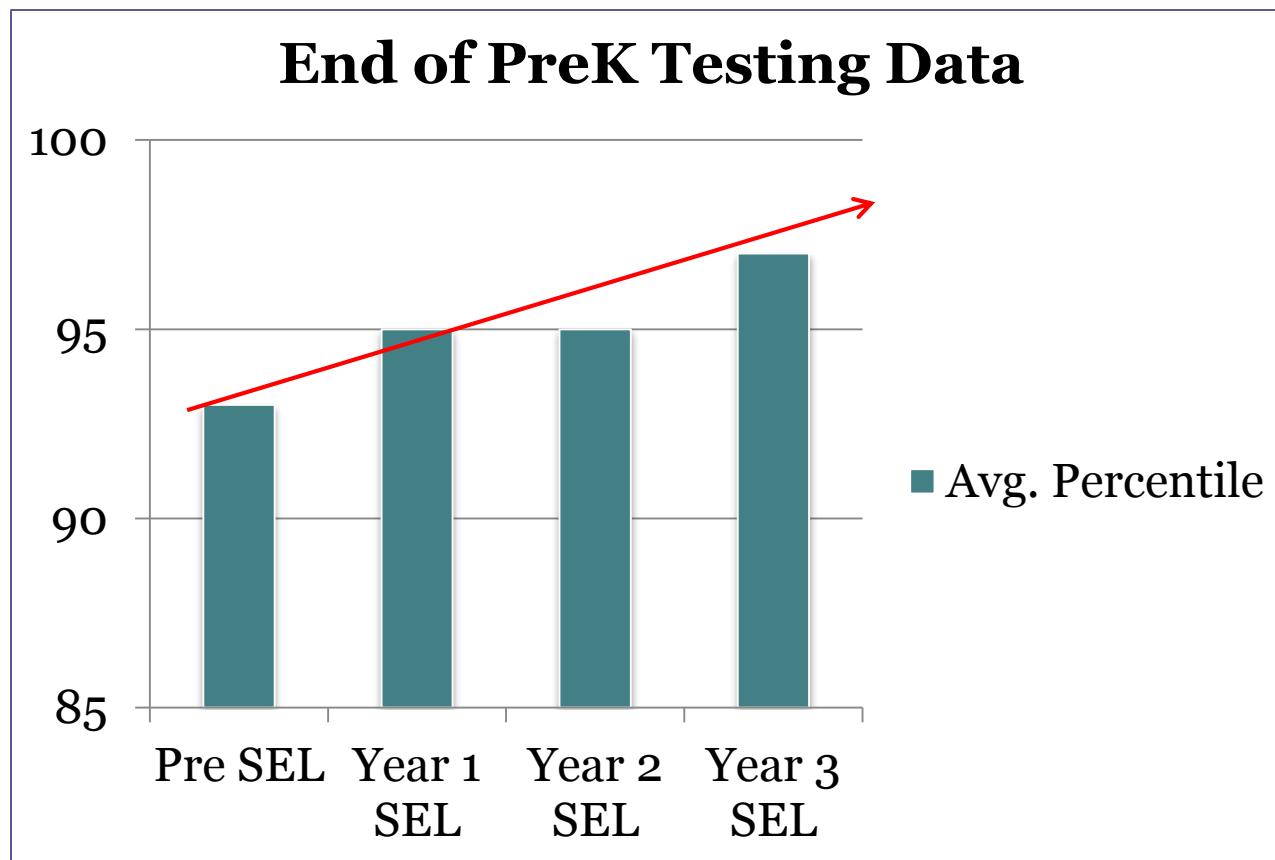
- Modeling and guiding peer interactions
 - Replay social interactions
 - Use emotion vocabulary
- Practice social behaviors in play-based activities
 - Guided play
- Social-Emotional Learning programs
- Inspect what we expect

Social-Emotional Learning Effects



Social-Emotional Learning Effects: Student

- Academic achievement
 - End of PreK testing score increase



Social-Emotional Learning Effects: Student

- Academic achievement
 - Students who had SEL programs in PreK continued to outperform other students in end of Kindergarten testing
 - Early effects, lasting effects



Social-Emotional Learning Effects: Student

- Improved classroom behavior
 - Fewer behavior reports sent home
- Longer attention spans
 - Circle time less disrupted
 - Classroom activities reflect higher engagement
- Stronger diverse social interactions
 - Less cliquey friendships



Social-Emotional Learning Effects: Class

- Fewer peer conflicts needing teacher intervention
 - Peer problem solving
- Greater collaboration
 - Peer questioning before teacher questioning
- Fewer emotional outbursts
 - Less tears
 - Less tantrums



Social-Emotional Learning Effects: Teachers

- Less time spent managing problem behavior
- Less time spent navigating peer conflict
- Higher feelings of parental support
- Less turnover due to job dissatisfaction



Social-Emotional Learning Effects: Families

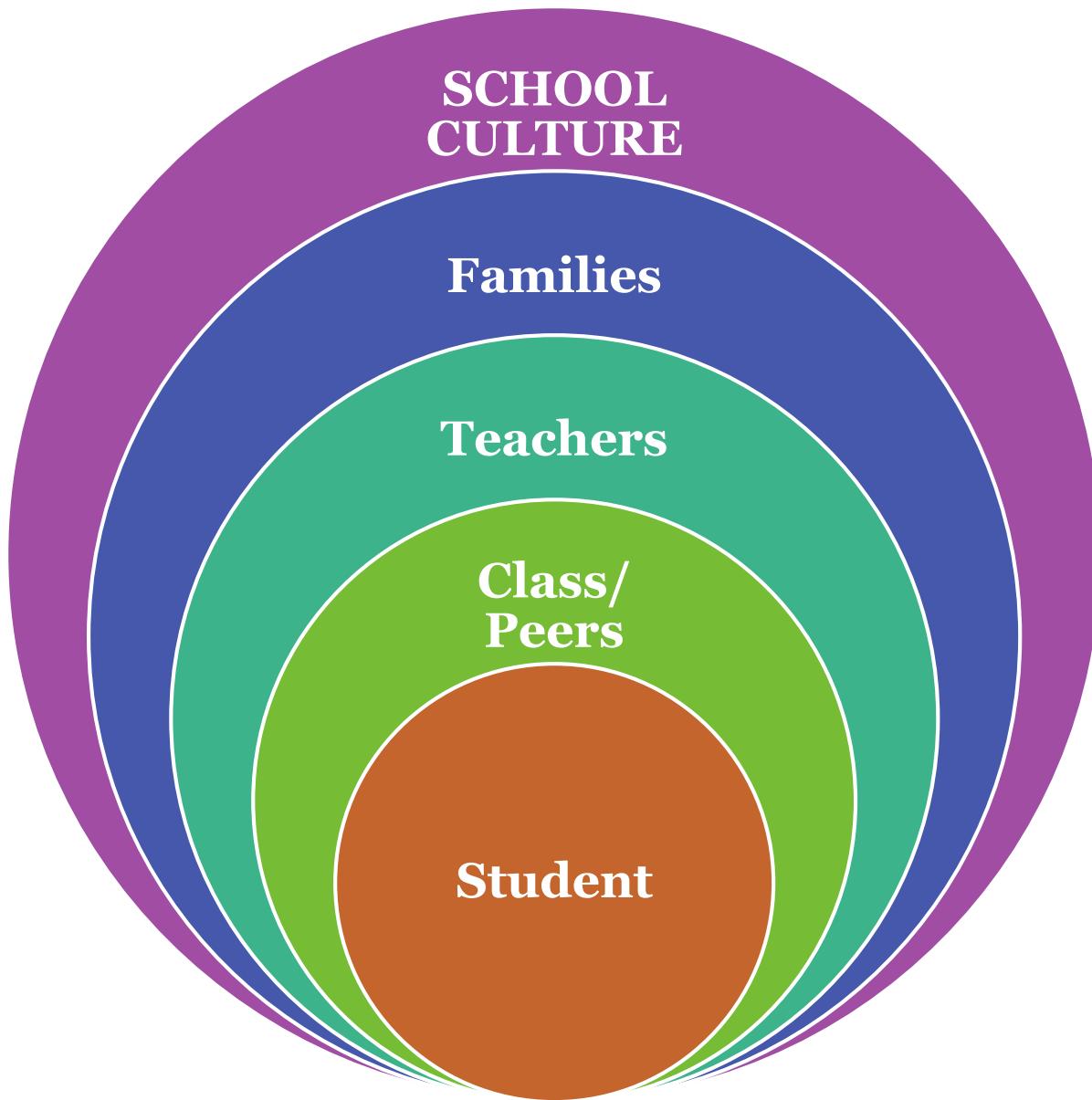
- Greater participation in school events
- Stronger perception of school leadership
- Stronger perception of school vision
- Higher rates of parent support/volunteers
- Higher rates of parent referrals



Social-Emotional Learning Effect: Mental Tour



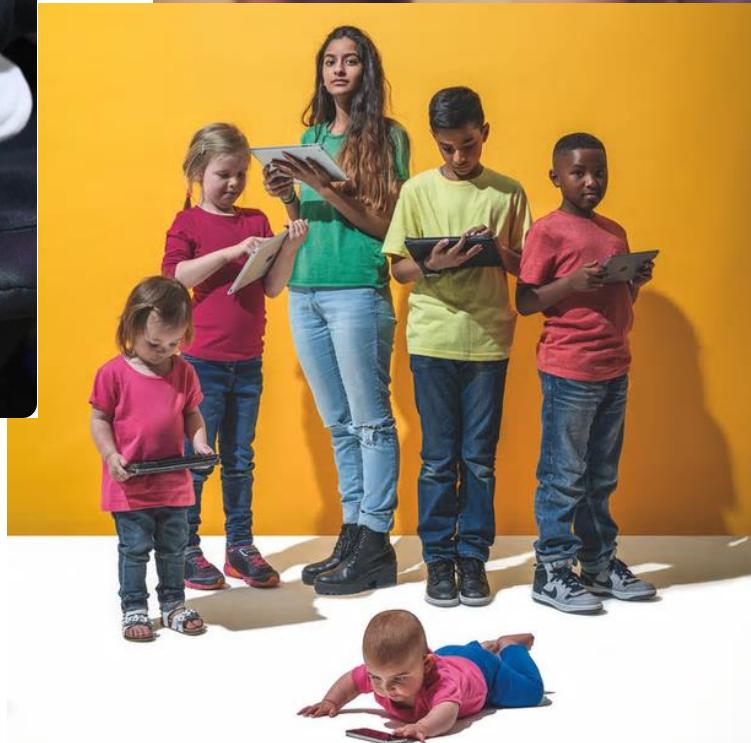
Social-Emotional Learning Effects



POLL



Current Reality



Contact Information

Dr. Lauren Starnes
Director of Early Childhood Education
Nobel Learning Communities, Inc.

Lauren.Starnes@nlcinc.com

