



**Strategies to Heal Children
Who have experienced
Natural Disasters**
With Ant Toombs



Playmaker
PROJECT



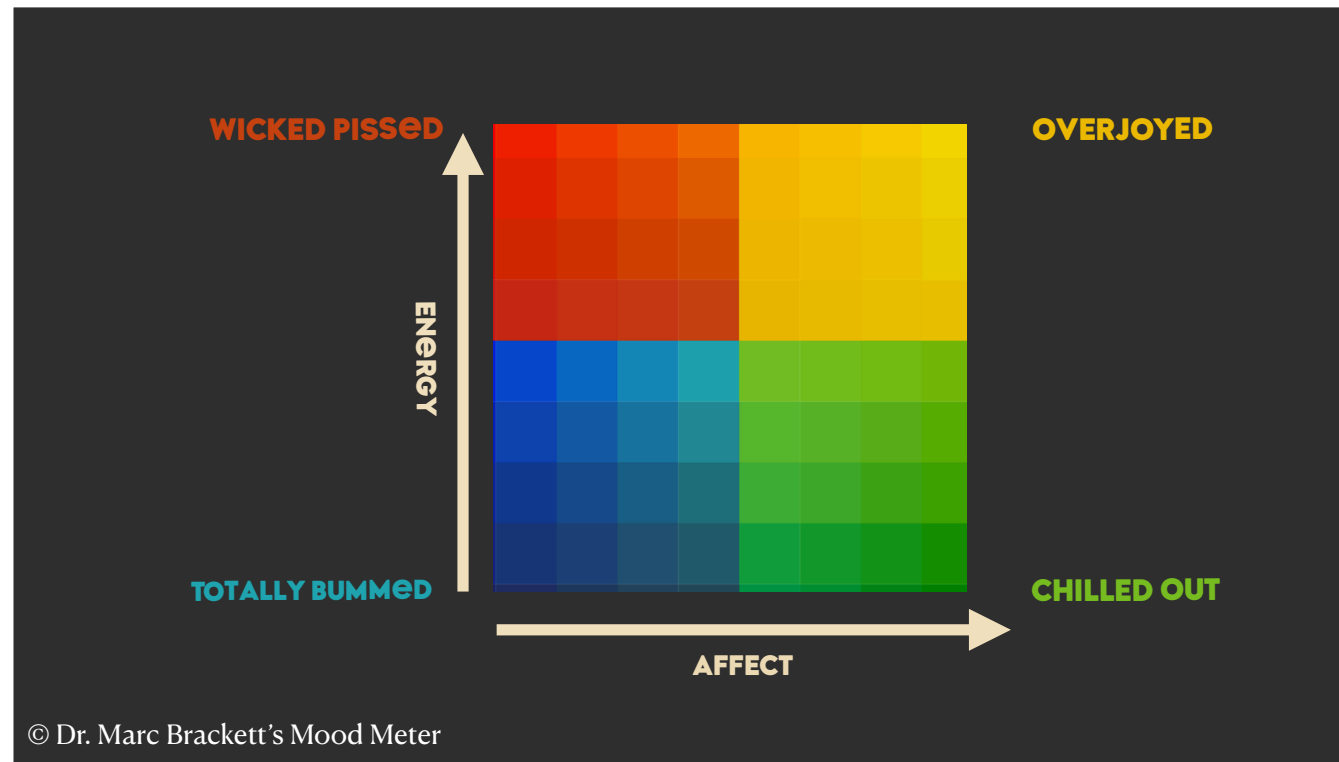
Early Childhood Professionals raised my kids!

Preschool Graduation!

*Personal story on valuing the power of moments.



Early Childhood Professionals raised my kids!
High School Graduation Vibe!



Mark Bracket - Founding Director of the Yale School for Emotional Intelligence

Awareness of Overall Mood in the Moment

90sec Dance Party: Invitation to move your body

The power of movement with music and rhythm.

Benefits: Reduced stress, and anxiety, enhanced physical performance, pain management, and it can help your heart

PRACTICE SAWUBONA.

“Sawubona” A Zulu greeting that means “*I see you*”.

We are children of all ages and connection is key

It’s more than a polite greeting and is covered with warm tone and gesture and conveys value and has worth.



COME T² PLAY.

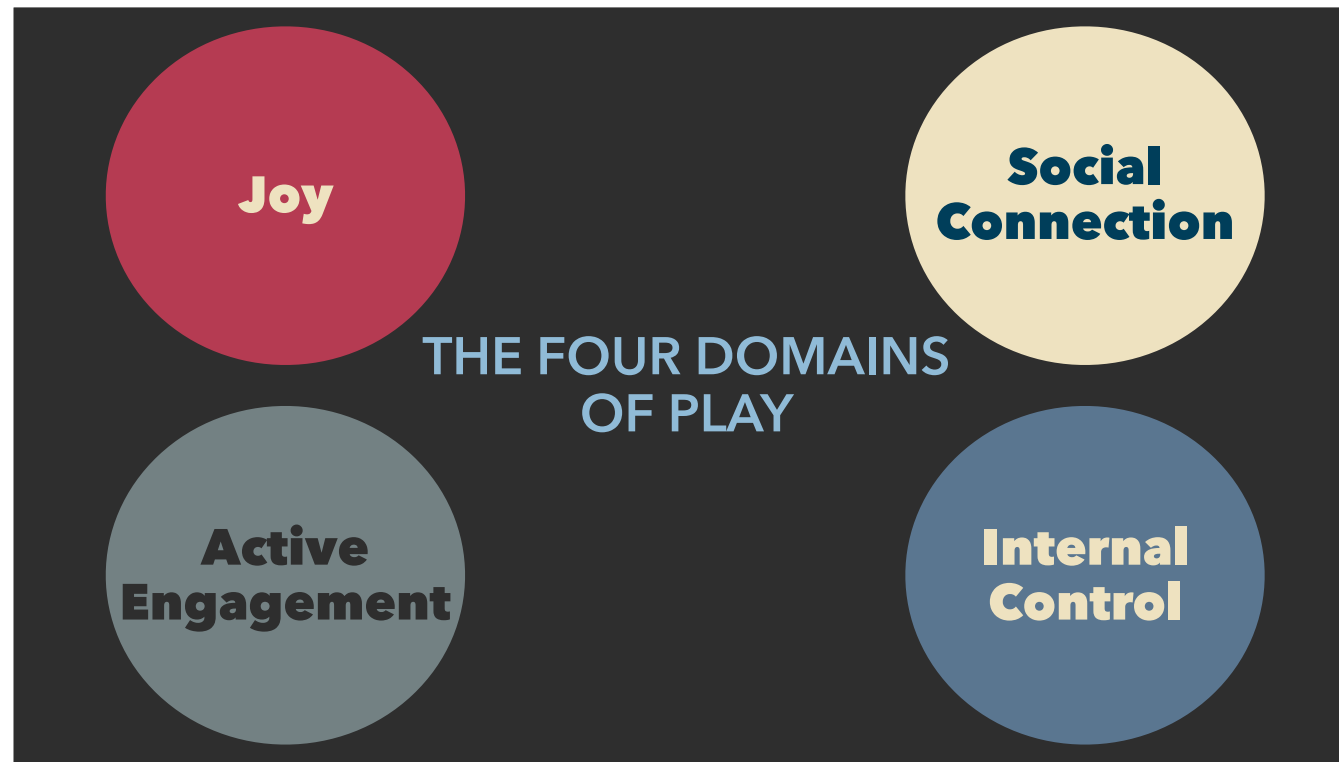
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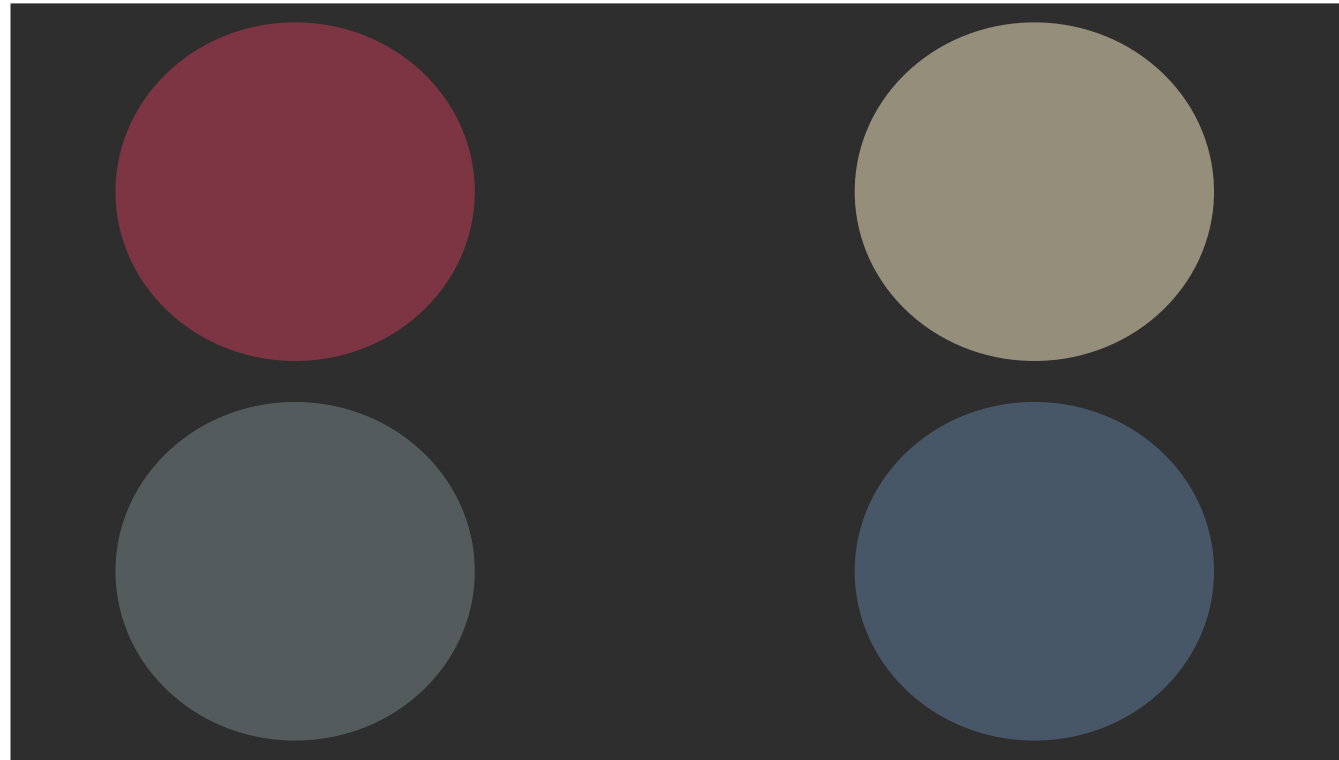
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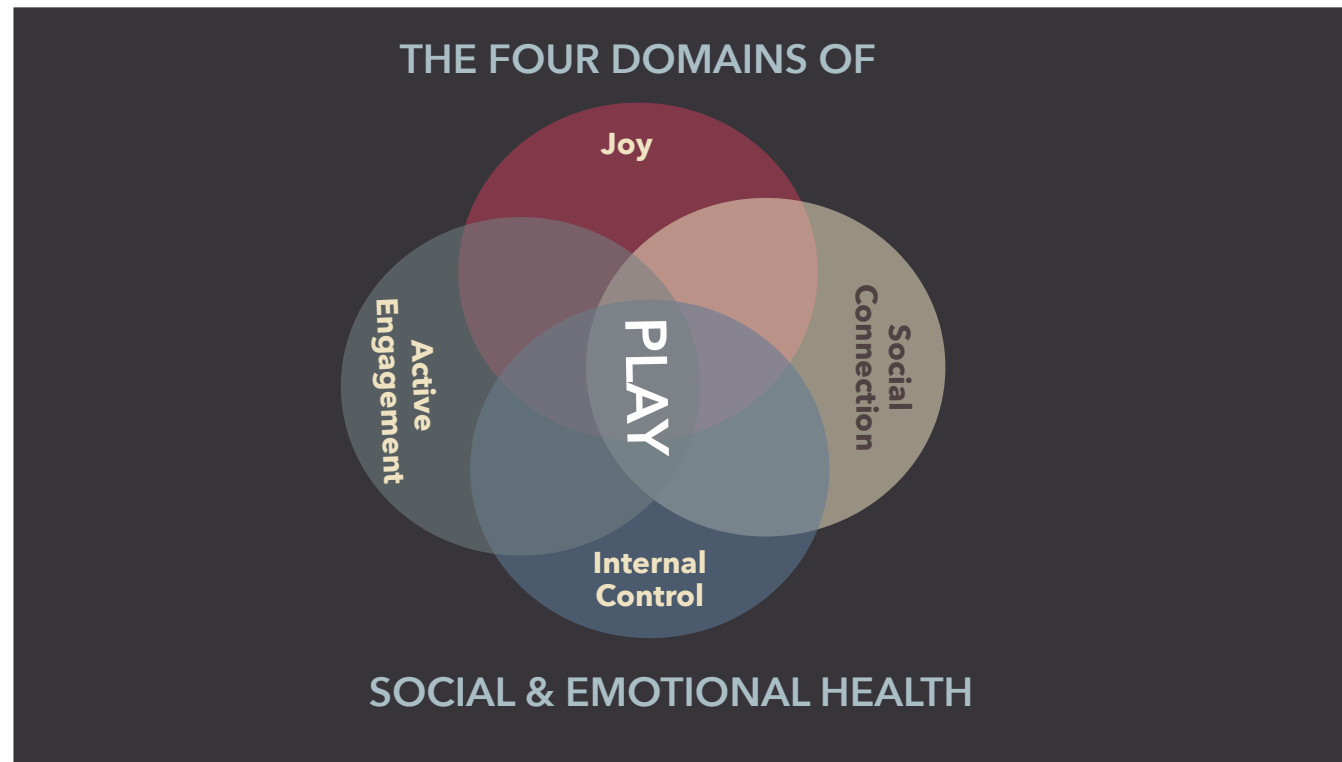
Playfulness is not about what you do.
It is about how and why you do it!



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**Our brain develops in use
dependent ways.**

- Dr. Bruce Perry
Senior Fellow, Child Trauma Academy

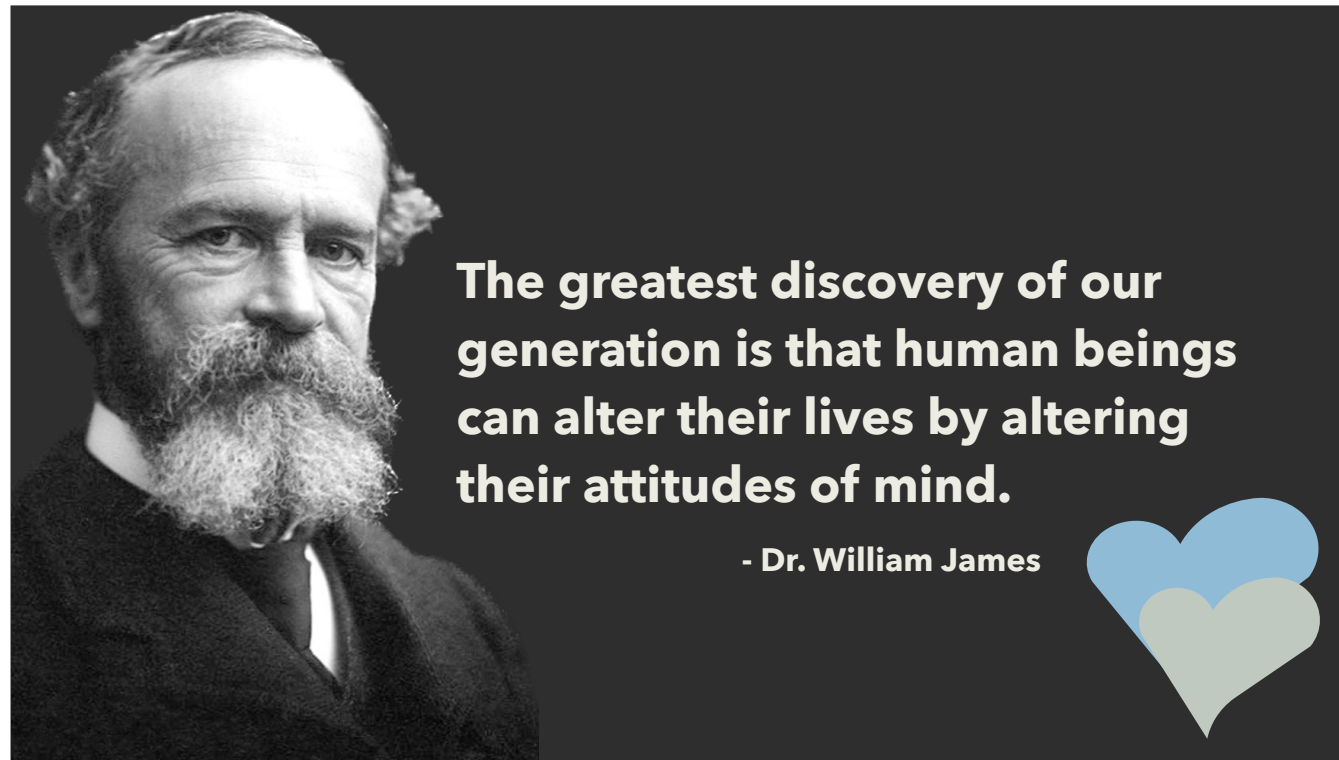


Don't let the green beans on the forehead fool you, this brain is capable of deep and complex thinking.





For Fun



Habitual way in which we make sense of things.



- The good is like the sun... Always there, just covered up sometimes
- The ability to see *the good* regardless of the circumstance

**dswdfgjhtjhienkgeqo
fhnbskwkshuwiqoqp
aamsegsosoadgaekl
gdjshwqssgswvnmm**

See Good In Self: Own it

See Good in others: Give Back, Respect Others, Succeed together, Passion for members

See Good in World: Find Better Ways

dswdfgjht**th**ienkgeqo
fhnbskwkshuwiqoqp
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THE GREATEST DISCOVERY OF OUR GENERATION IS THAT HUMAN BEINGS CAN ALTER THEIR LIVES BY ALTERING THEIR ATTITUDES OF MIND



Human Superpowers:

Put Children First (**compassion**), Build Deep Relationships (**love**), Maintain Accountability and Integrity (**courage**), Stay Positive (**optimism**)

Show Appreciation (**gratitude**), Listen First (**Openness**)-

Be Transparent and Direct (**Authenticity**), Make Continuous Incremental Progress (**Simplicity**)... We call these ripe hanging fruit “*SUPERPOWERS*”



To effectively nurture the “superpower fruit” traits in the lives of children, the soil must be fertilized for the roots Optimism to take root.

-Optimism doesn’t just take root.

-Good seeds must be planted.

Joy: Deep enduring happiness

Vital ingredient in any learning environment.

INTERNAL CONTROL



Internal Control: Safety & Empowerment
Vital ingredient in any learning environment.

ACTIVE ENGAGEMENT



Active Engagement: Be Here Now- creativity & passion in the moment
Vital ingredient in any learning environment.

SOCIAL CONNECTION



Social Connection: Love- quality relationships
Vital ingredient in any learning environment.



Foundation of “O’Playsis”

- Rich soil
- Primed for Optimism to take root
- Creating Safe, loving, joyful, engaging environments and experiences



Rich environment of O'Playsis enables Optimism to take root



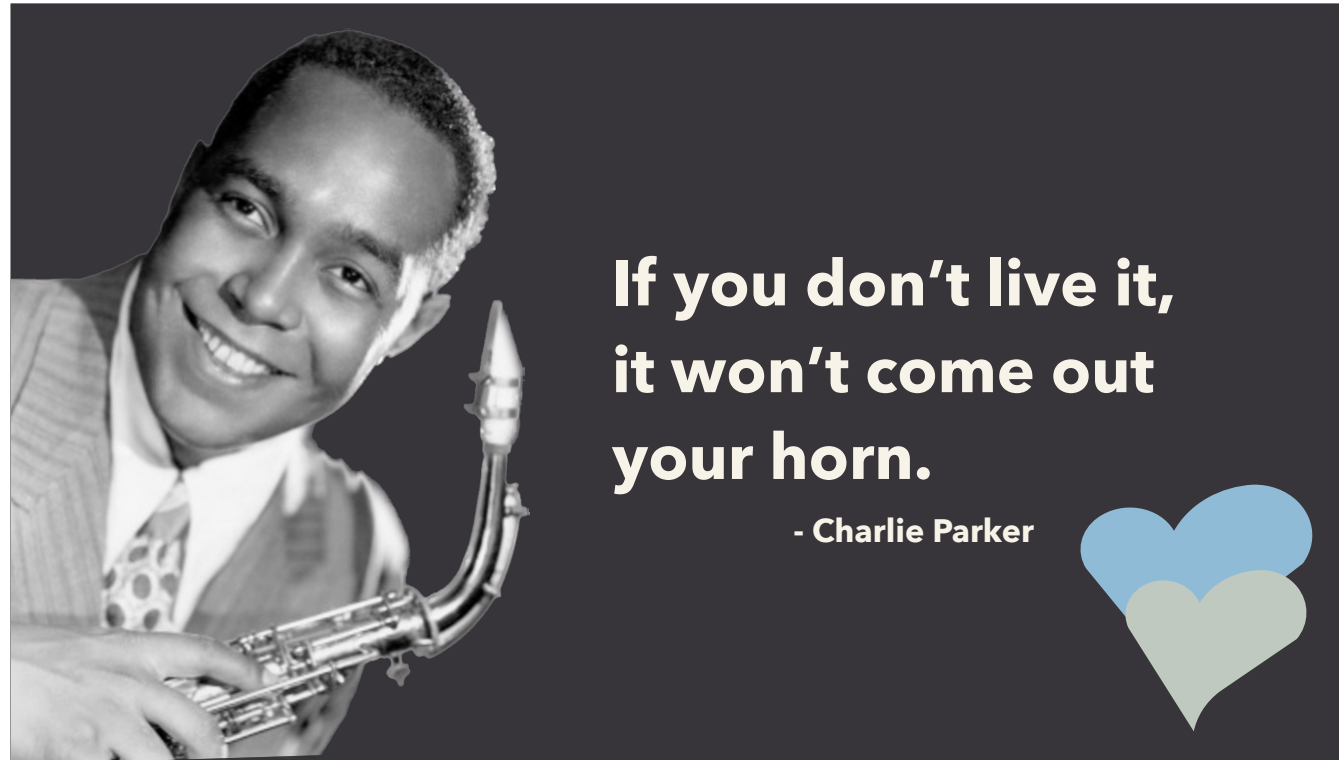
You want someone to possess these superpowers..?

You gotta be the seed sower in the environment! We call this foundation *O'Playsis!* (An Oasis of Play)

Create and become O'Playsis!



To spread the power of optimism... It's a lifestyle - Do What You Love...
Superpower Poem



Diversity, Equity and Inclusion?

"You can't spread what you don't have"

"More is caught than taught"

To see the change you have to live it! Walk the walk!

HOMEWORK

- 1. What are you going to do to bring more joy into your life?**
- 2. Who are you going to play with?**
- 3. What are you going to do to stay strong & balanced?**
- 4. What are you going to do to stay inspired?**

80% of life is just showing up. Bullshit. Showing up is the price of admission.