



# BOOKS, BEATS, AND BONDING

Fostering Connection Through  
Stories, Songs, and Play

Anne Meeker Watson, PhD, MT-BC

[SingPlayLove.com](http://SingPlayLove.com)



# Anne's Book Club

Public group · 796 members



**“I want all young children to love learning.”**

***-Dr. Anne Meeker Watson***



Play

Books

Songs

Face-to-Face Interactions



sing.play.love.



Utilize songs linked to skills, plus:

- picture books
- play activities
- music videos
- other strategies and supports





**just 10 minutes**

*Let's sing an actual (free) song!*

**Early in the Morning**

# Early in the Morning

Early in the morning at eight o'clock,  
you can hear the postman knock.

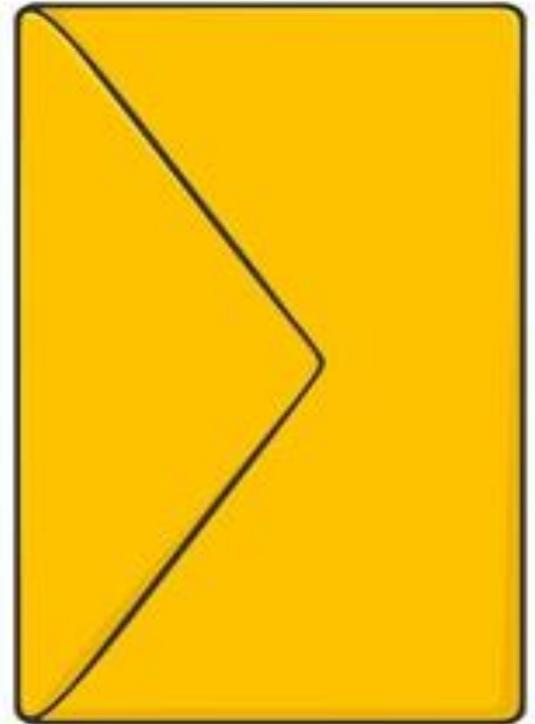
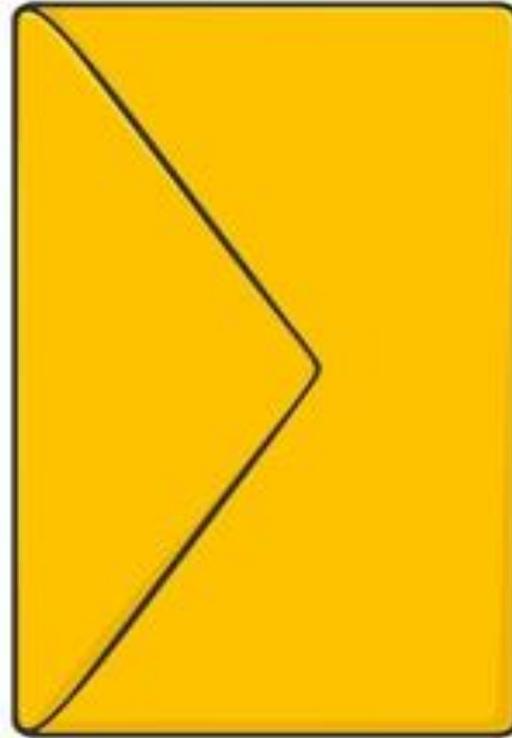
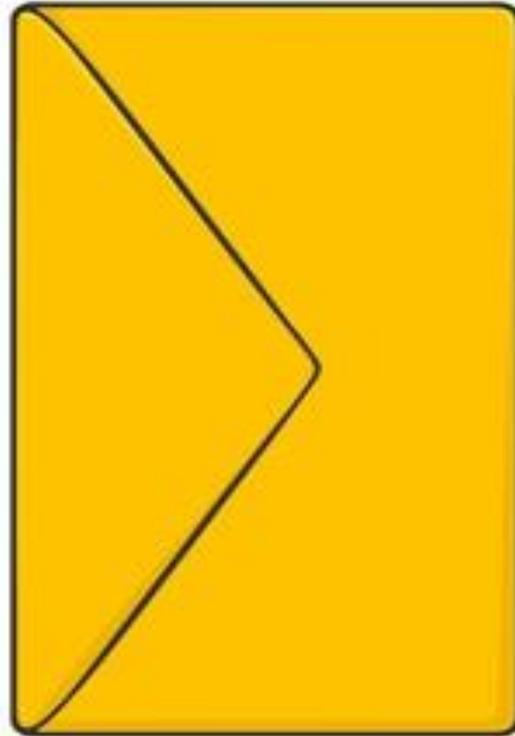
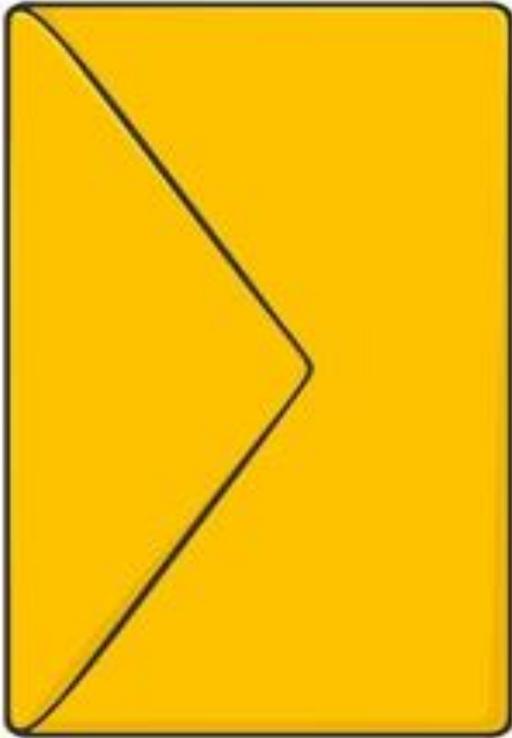
Up jumps **daddy** to open the door.  
One letter, two letters, three letters, four.

Up jumps **mommy** . . .

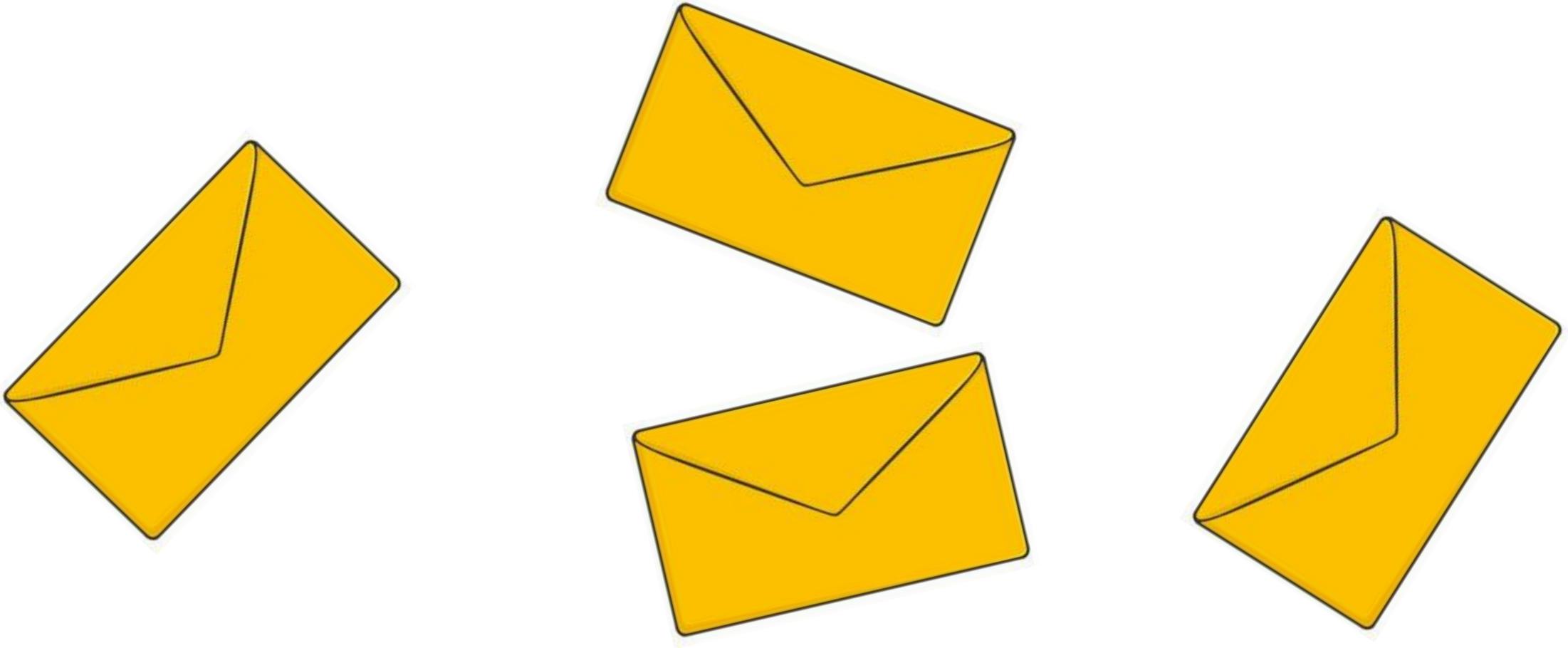
Up jumps **baby** . . .

Up jumps **doggie** to open the door,  
One bark, two bark, three barks, four!

**What ELSE can we do with this song?**

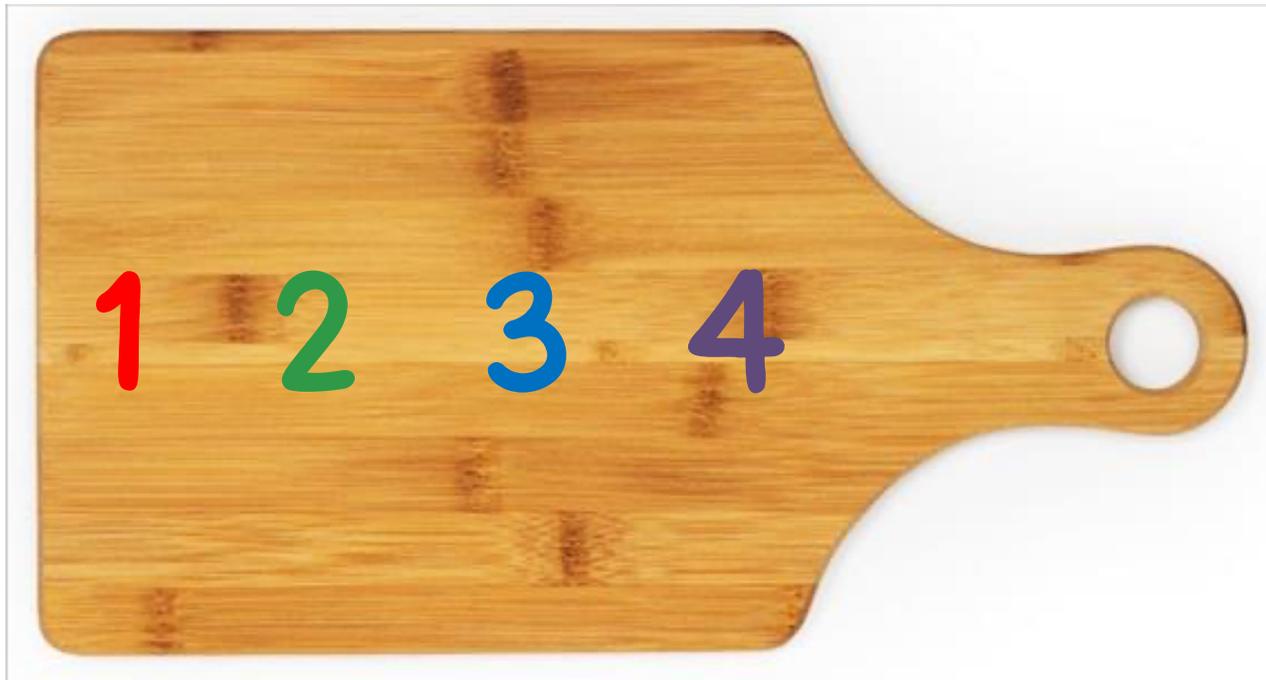


# 1-to-1 correspondence and counting



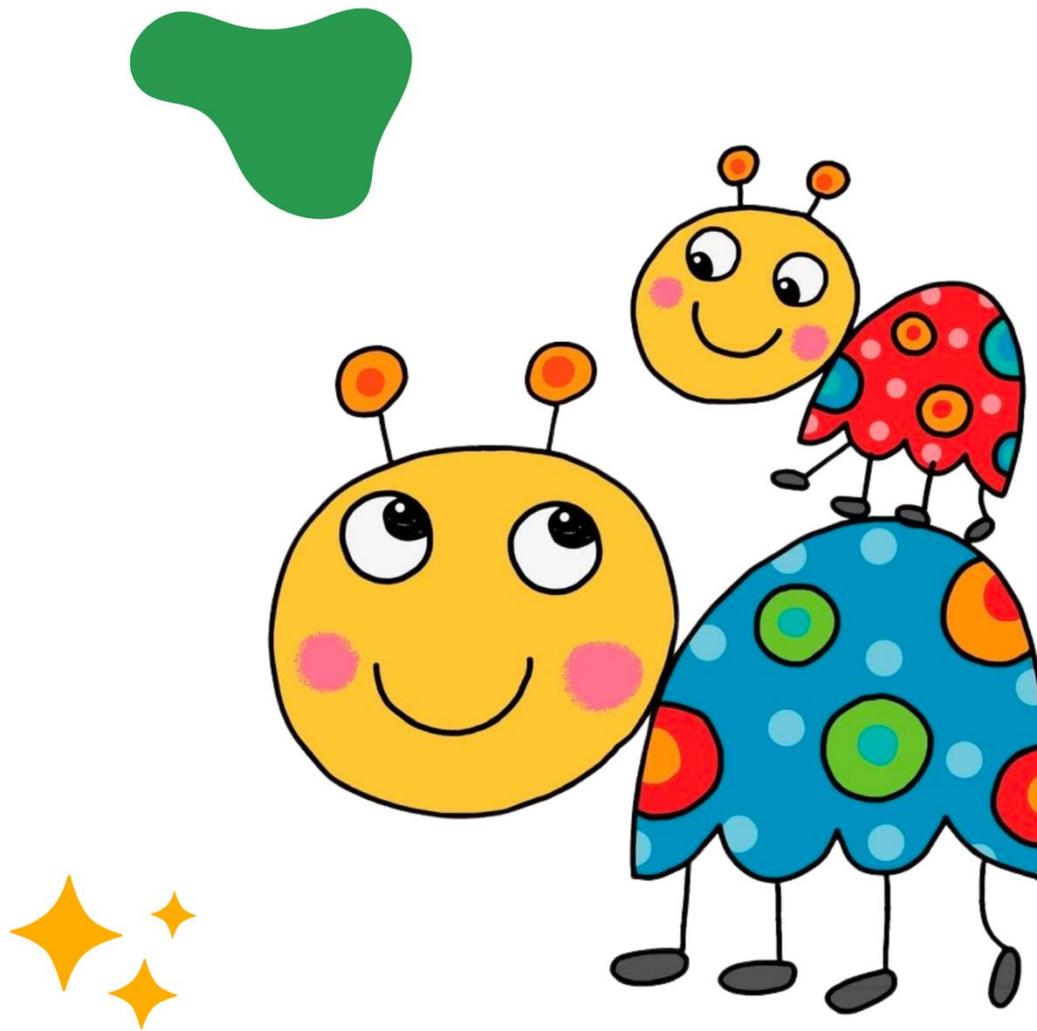
# 1-to-1 correspondence and counting

Up jumps Tommy to open the door!



**When is a truly  
delicious song or book  
just a song or book?**

Never!



**Jennifer Adams  
Oppenheimer,  
MA, CCC-SLP**

**Pediatric Speech-Language  
Pathologist and Parent Coach**

**SpeakJoy Center for  
Development  
*Speakjoy.com***



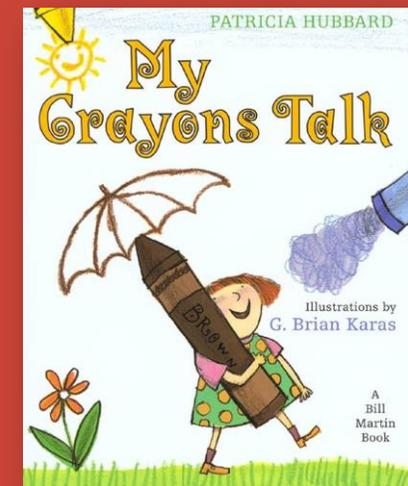
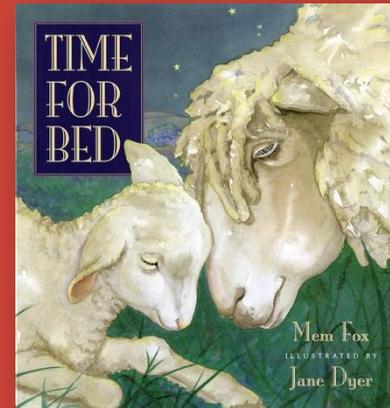
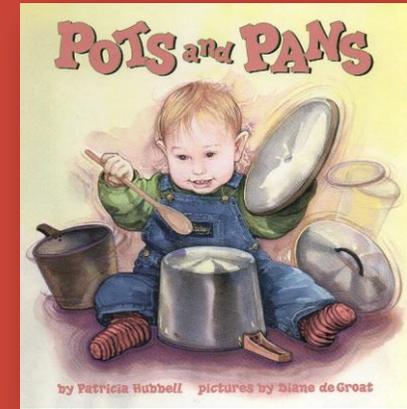
What are simple ways  
parents can incorporate  
music into their book  
reading time?



Rhythm, rhyme, and lots of repetition

Make up a melody

Add a “chorus”

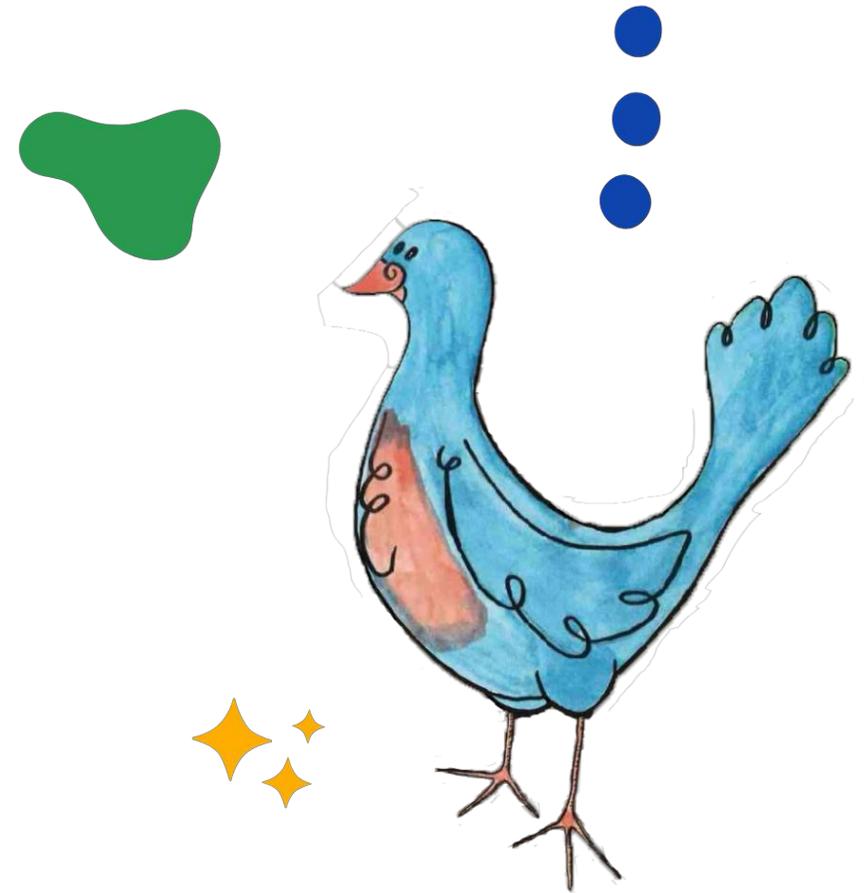


# My Crayons Talk Activity Page

Yackity, Clackity, Talk, Talk, Talk!



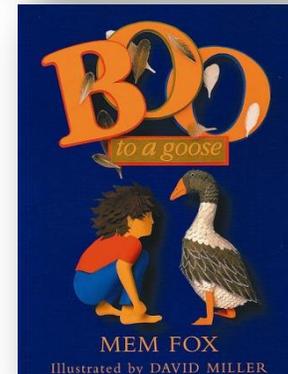
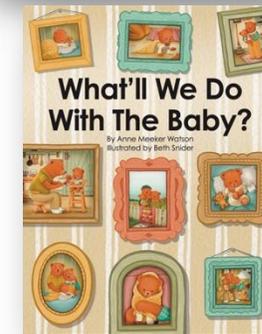
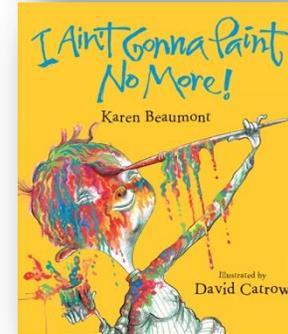
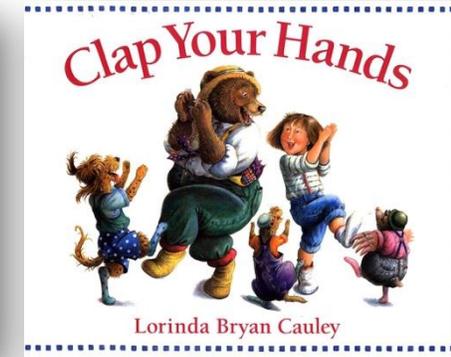
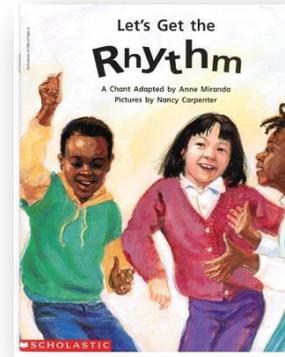
What other ways can  
parents make book  
reading more engaging  
and interactive?



Read books with MOVES!

Use props to play or say repeating words

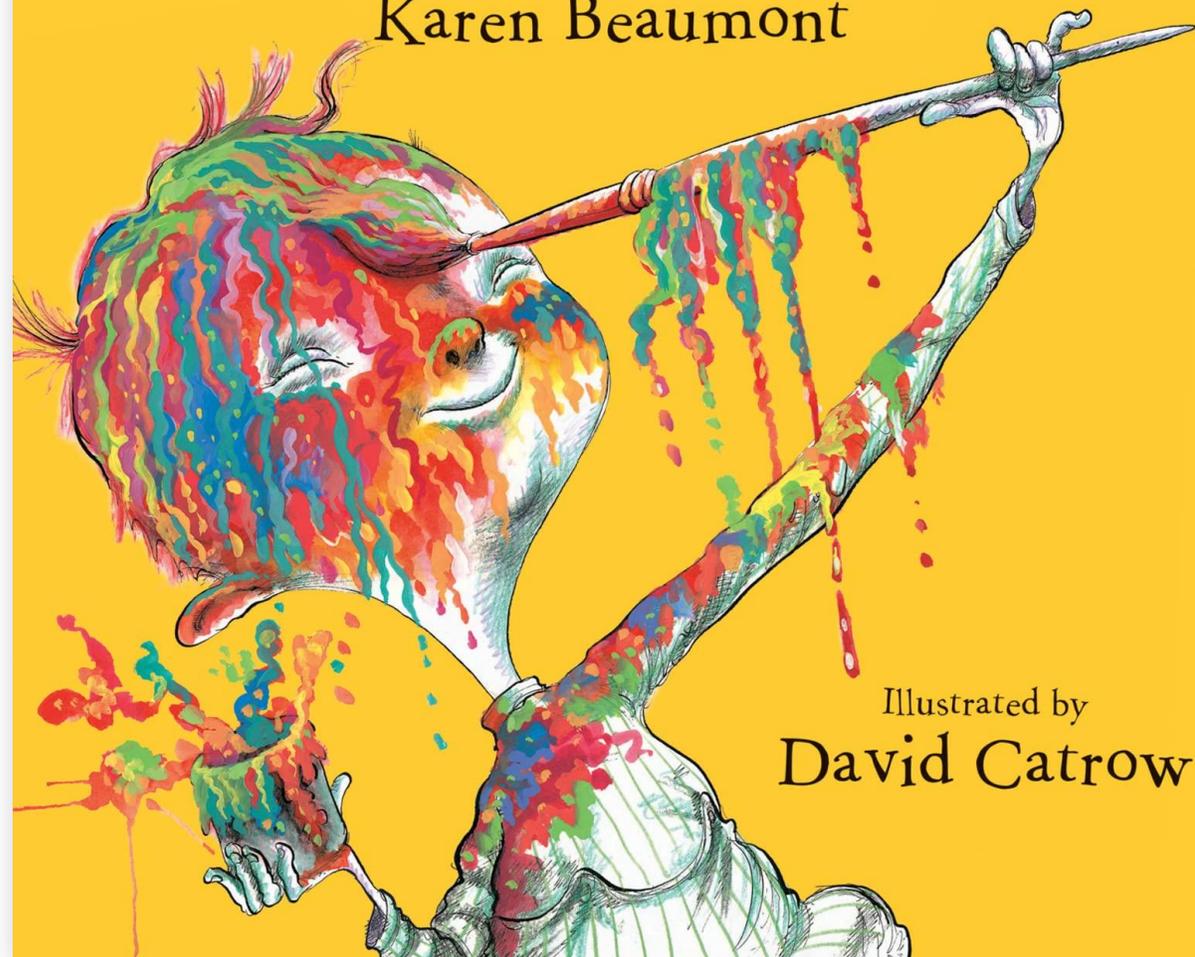
Complete predictable text





# I Aint Gonna Paint No More!

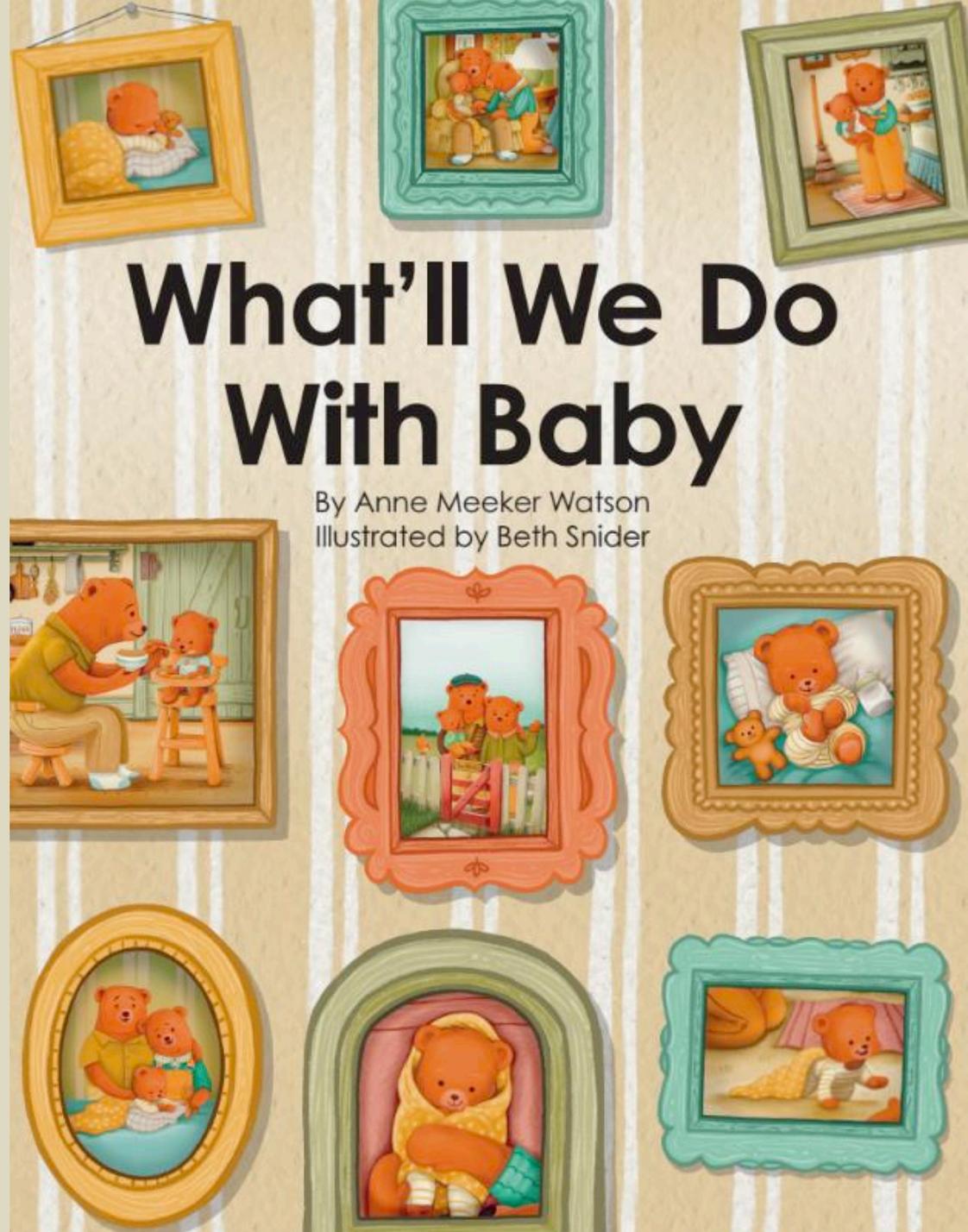
Karen Beaumont



Illustrated by  
David Catrow

# Pretend Play

I can engage in pretend play with a doll or stuffed animal.



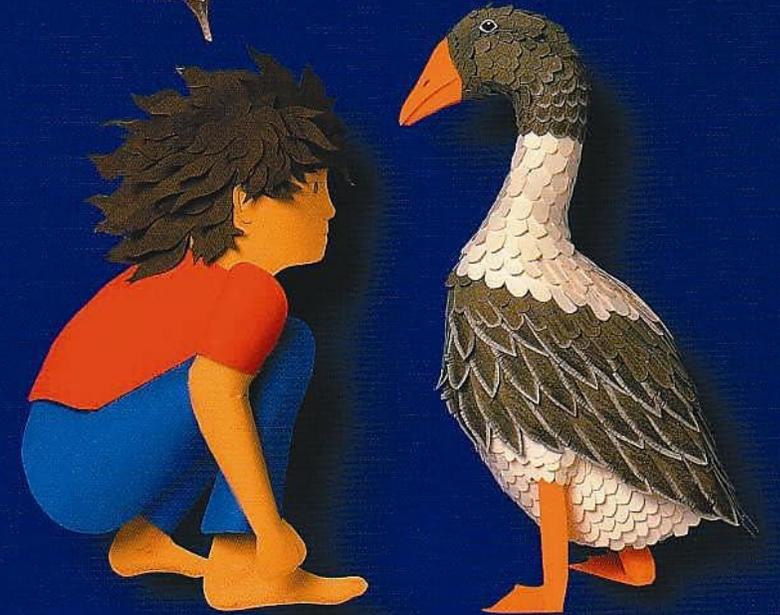
# Materials for pretend doll play



“I wouldn’t say  
\_\_\_\_\_!”



**BOO**  
*to a goose*

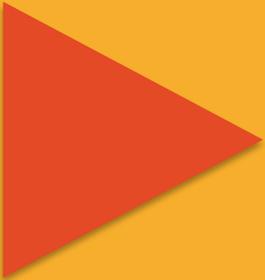


MEM FOX

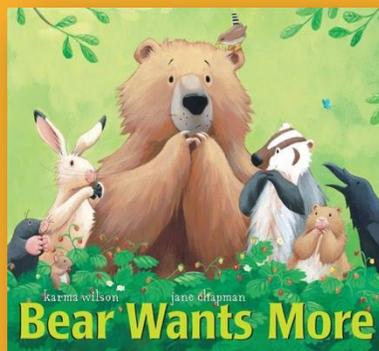
Illustrated by DAVID MILLER

# How can books support social-emotional learning?

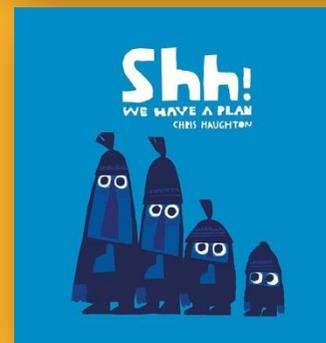




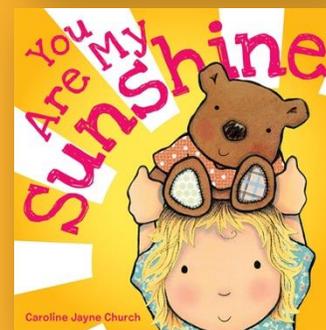
Help children notice  
feeling faces



Search for books that  
intentionally teach SEL



Lap read to meet  
child's regulation  
and sensory needs



# Practicing Inhibitory Control and Executive Function



Ready – ONE.

Ready – TWO.

Ready – THREE.

**GO!**

# Key Signed Vocabulary

Look

Bird

Hello

Shhh

Plan

Stop

Go

*Extra credit 😊*

*Tiptoe*

*Ready*

*Climb*

*Paddle*

*Bread*

*Many*

*Run (act out)*



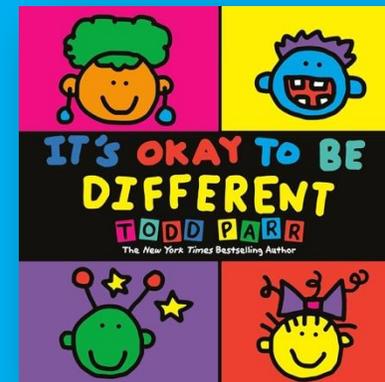
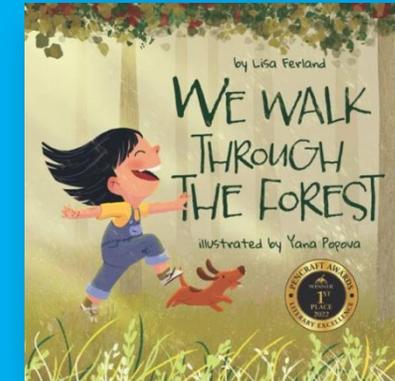
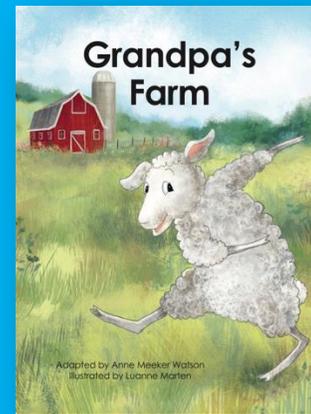
**What are key  
things parents  
should look for  
when choosing  
books?**



Look for engaging illustrations

Developmentally appropriate and whimsical

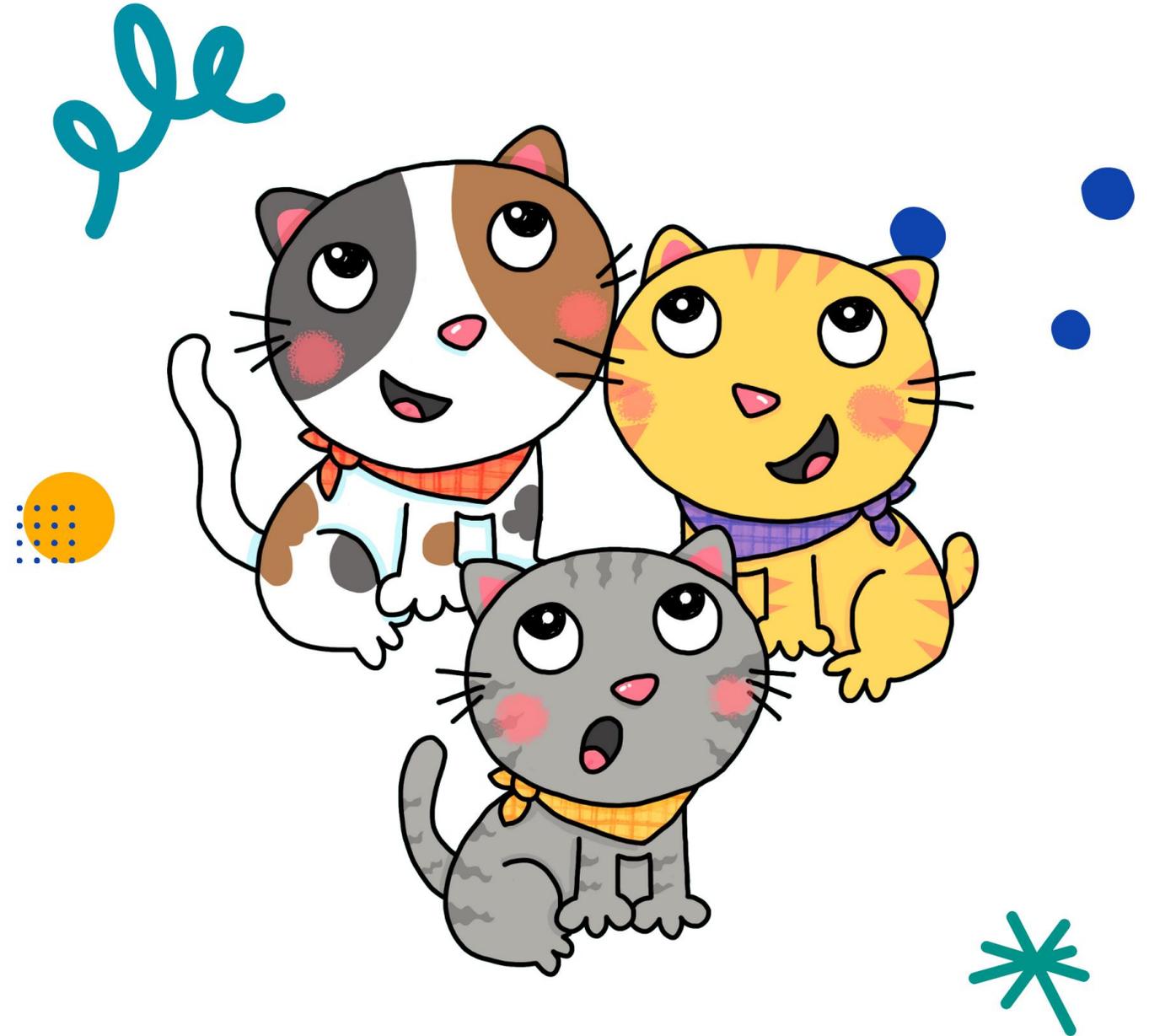
Teach life lessons that endure



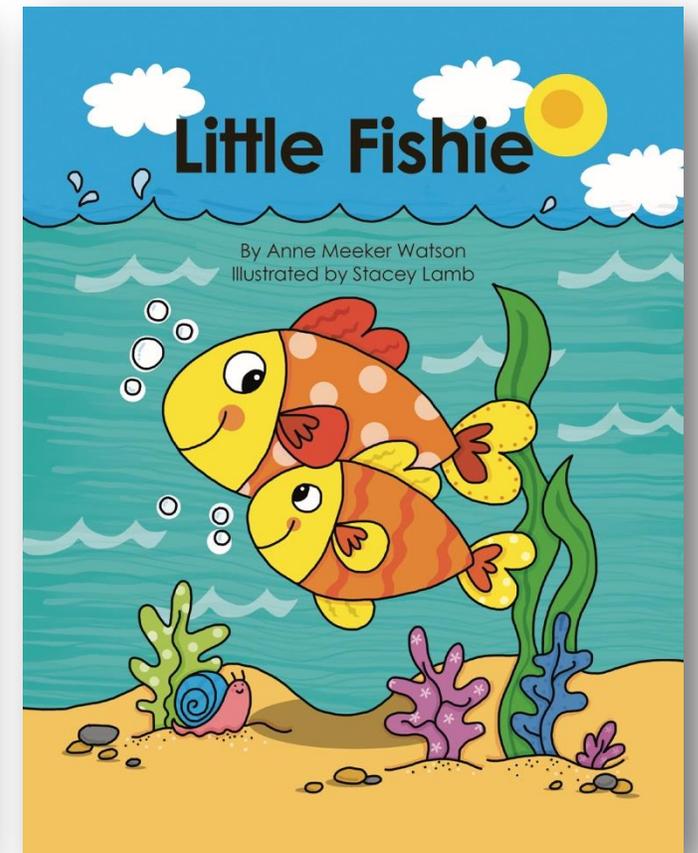
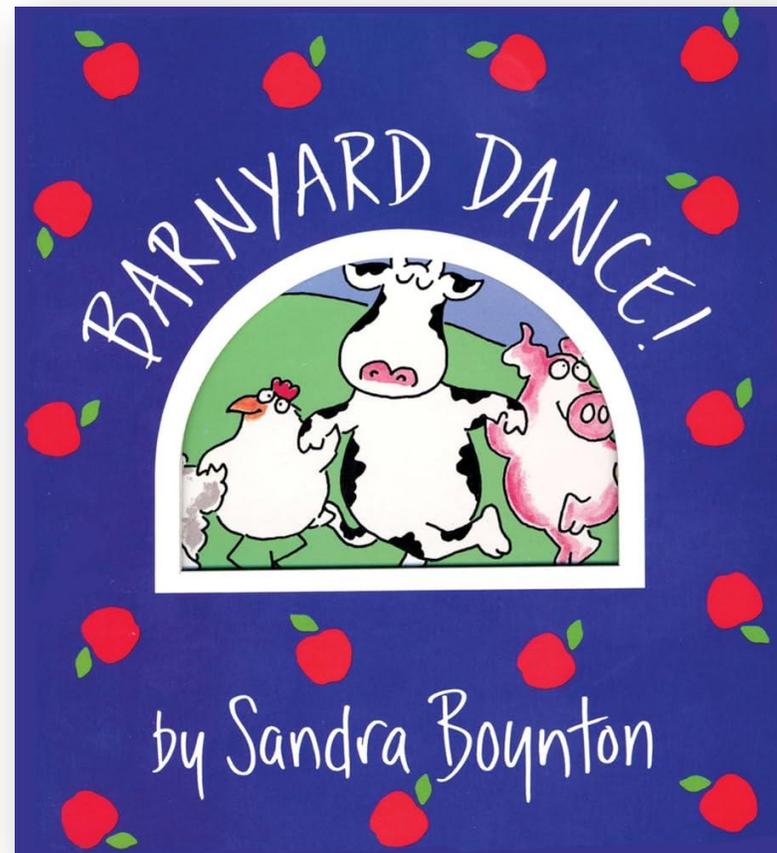
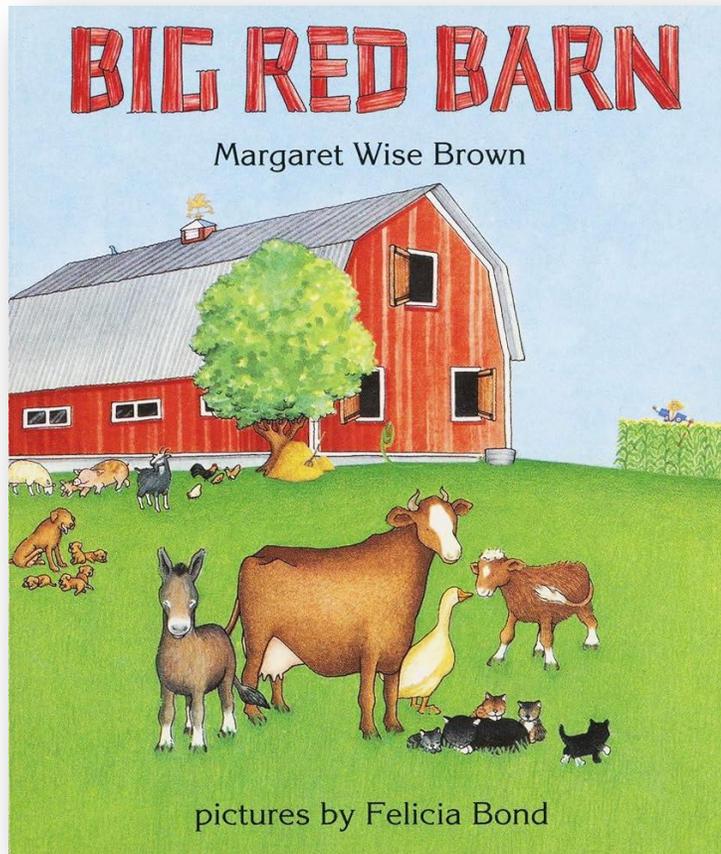


IT'S OKAY TO BE  
DIFFERENT  
FOR ALL THE PEOPLE WHO ARE DIFFERENT

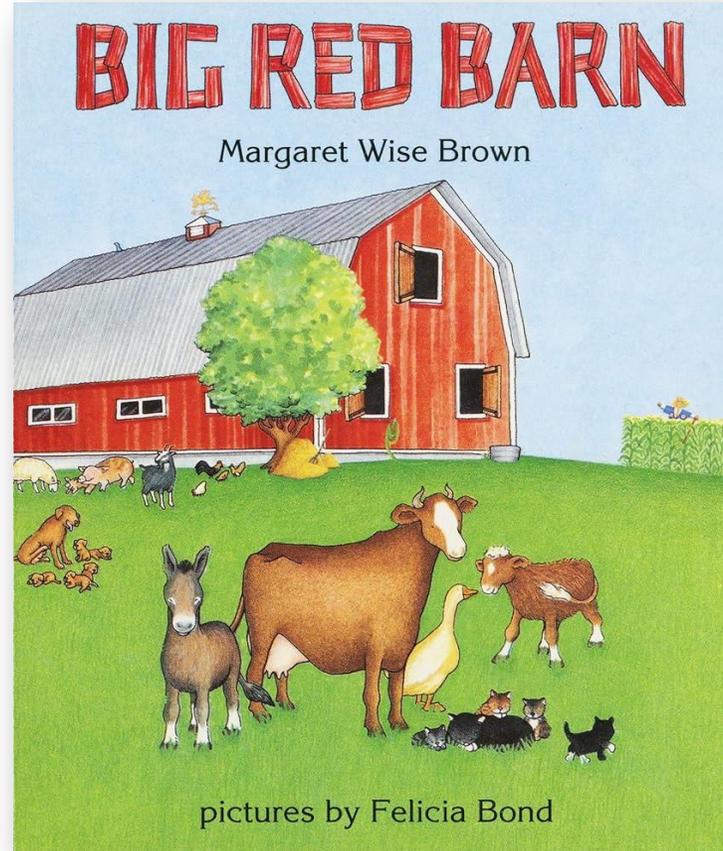
**What are your  
three favorite  
books to read  
to a young  
child?**



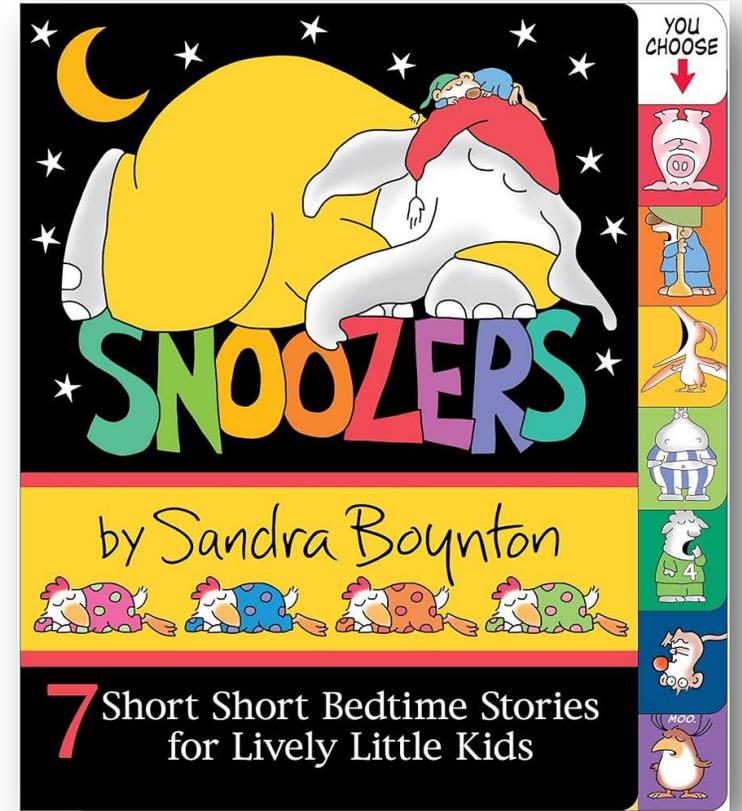
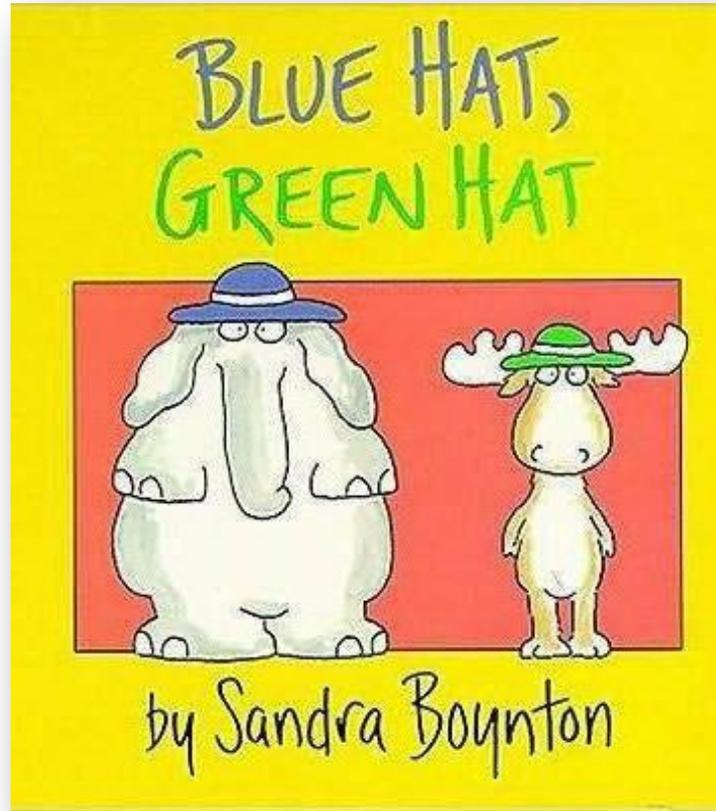
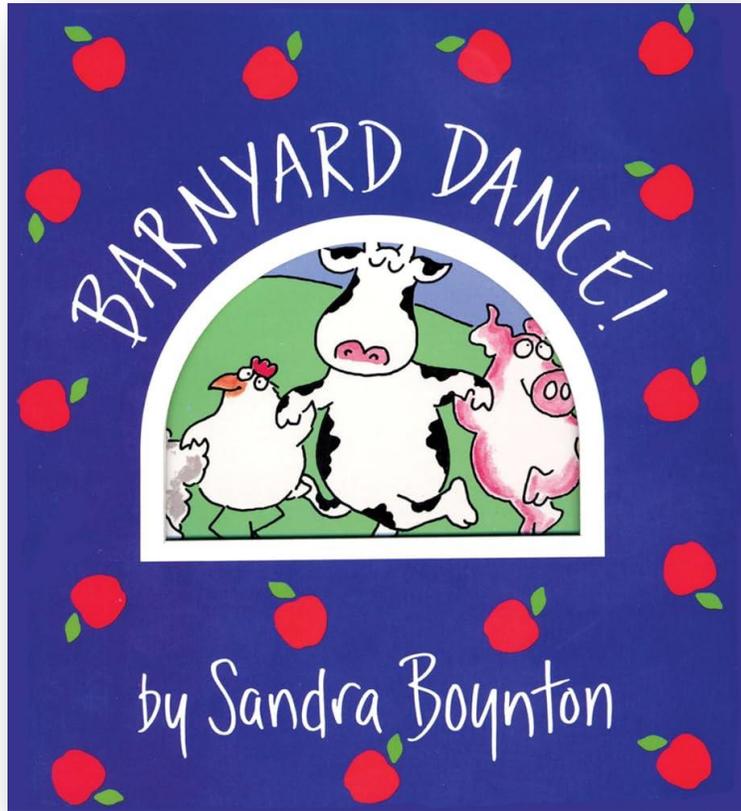
# Here are my three faves (this week)!



Story within a story. Linger and look.



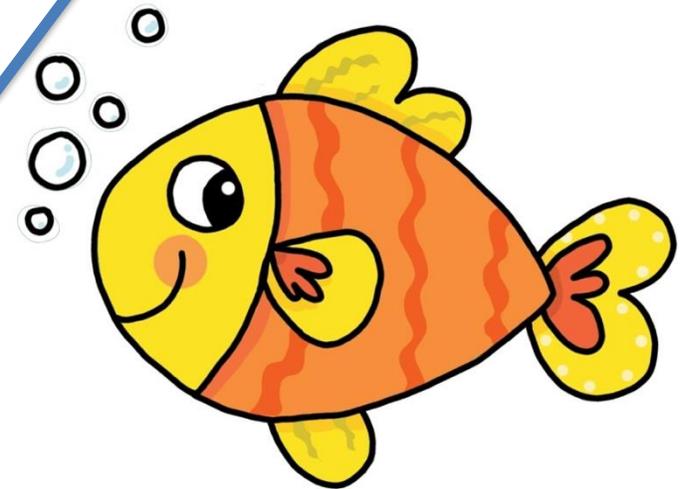
# Preschool and toddler HILARIOUS



Helps Anne regulate her big feelings.



Such beautiful  
music!



What is the one thing  
you would want parents  
to remember from  
our time together today?





Include “book looking” as a part of your bedtime routine for connection and closeness.



**just 10 minutes**

**Online Activity Bank** created by Parents as Teachers,  
AdventHealth Foundation, and **sing.play.love.**

**[www.JustTenMinutes.org](http://www.JustTenMinutes.org)**

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## Helping Make Every Moment Count.

With **Just 10 Minutes** a day of focused, distraction-free connection, you can nurture meaningful relationships, support your child's growth, and build a foundation for thriving families and resilient communities.

# JustTenMinutes.org



**just 10 minutes**

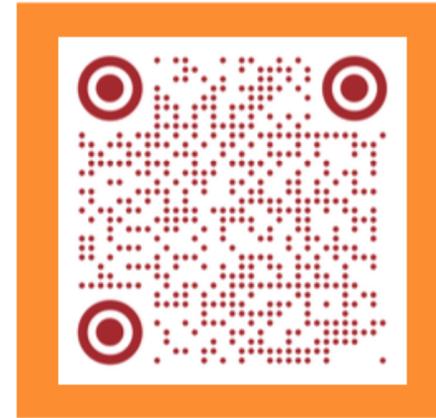
**I need your help!!!!**

# Follow Just 10 Minutes on Social Media



**Instagram**

[@justtenminutesfamily](https://www.instagram.com/justtenminutesfamily)



**Facebook**

[@just10minutesfamily](https://www.facebook.com/just10minutesfamily)



[www.justtenminutes.org](http://www.justtenminutes.org)

Does this way of teaching and learning  
resonate with you? Let's talk!

anne@**sing**playlove.com



**sing**.play.love.

- Support instructional priorities
- Engage and connect
- Alignment with a variety of curricula, standards, and philosophies

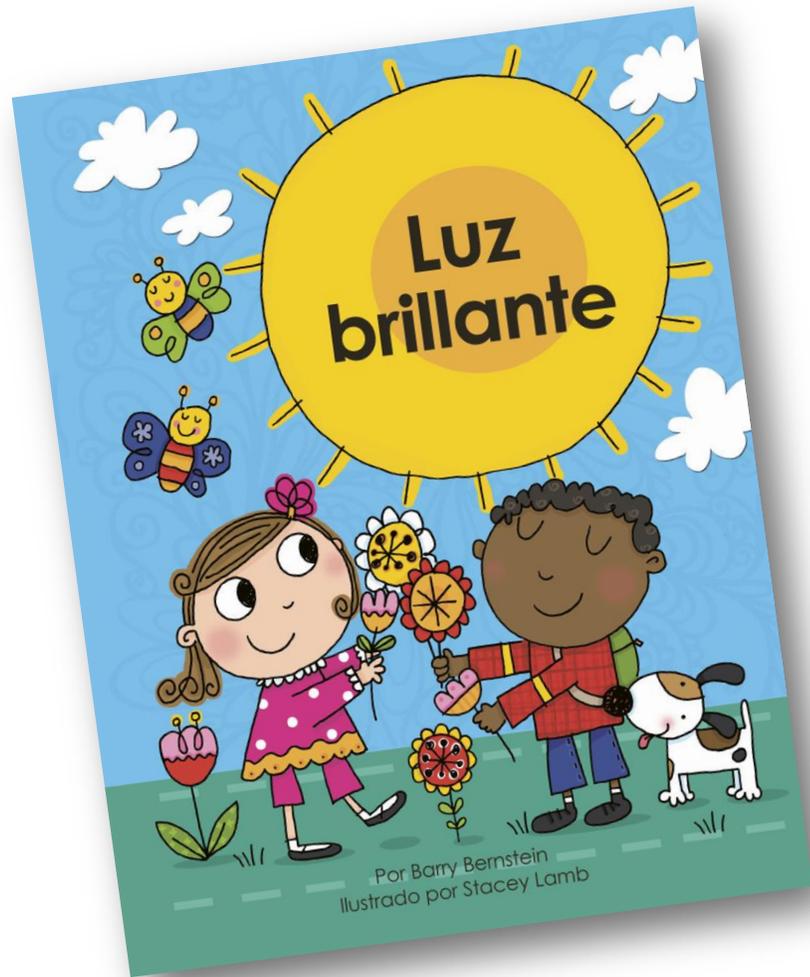


[www.singplaylove.com/pages/alignment](http://www.singplaylove.com/pages/alignment)

## Curricula Alignment

Discover how [sing.play.love](http://sing.play.love)  
aligns with your plan for teaching.

12 **sing.play.love.** books now available in Spanish



Canta.



Juega.



Ama.

**Libros en español**

# Brookes Publishing

# Amazon

# Sing & Sign for Young Children

A Guide for Early Childhood Professionals

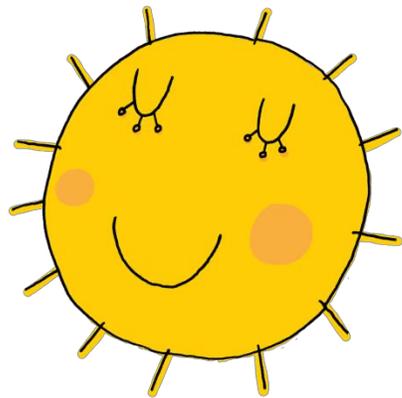


Anne Meeker Watson, Ph.D., MT-BC



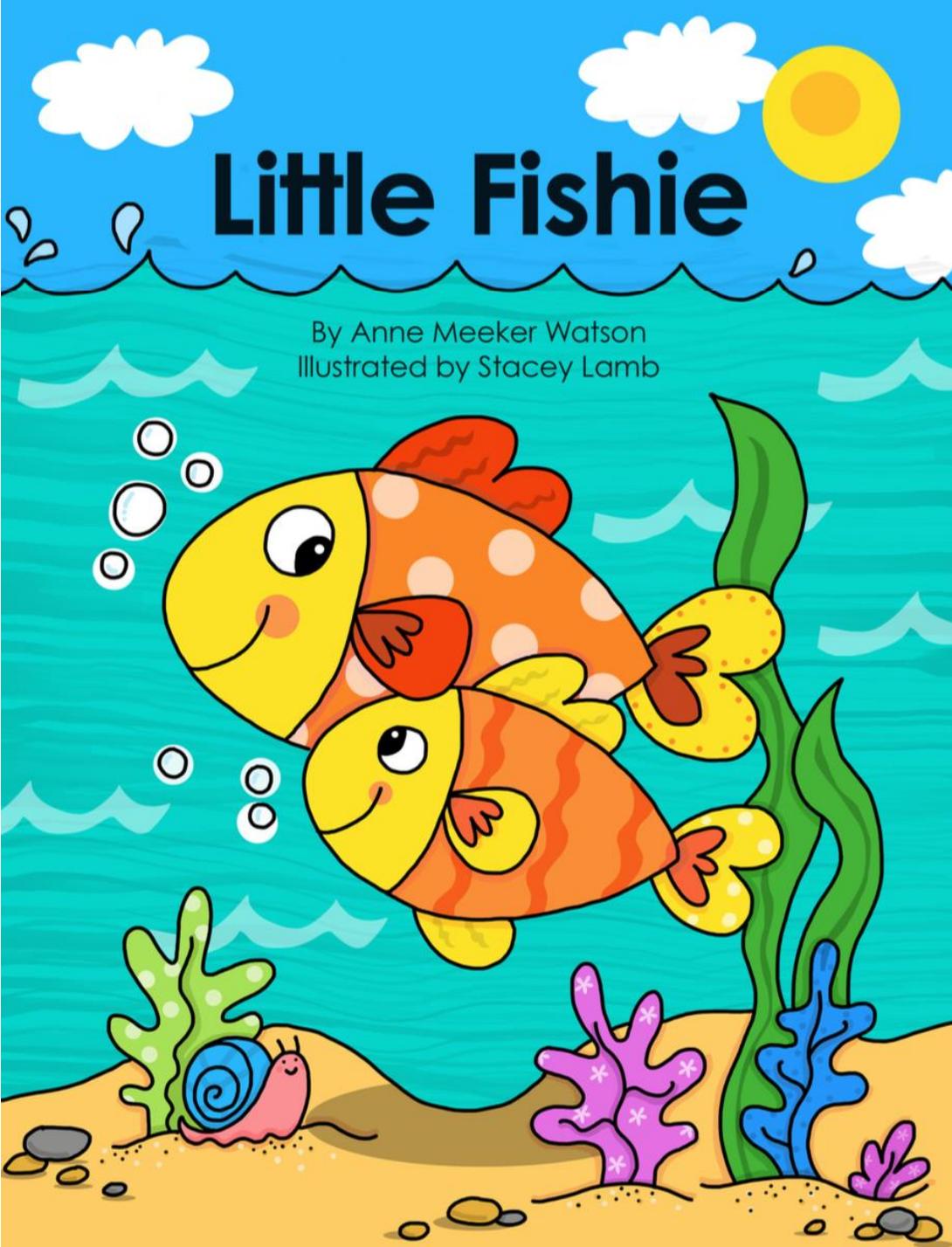
A special thanks to  
Jennifer Adams Oppenheimer  
for inspiring today's webinar.

Questions for Jennifer?  
[jadams@speechjoycenter.com](mailto:jadams@speechjoycenter.com)



# Little Fishie

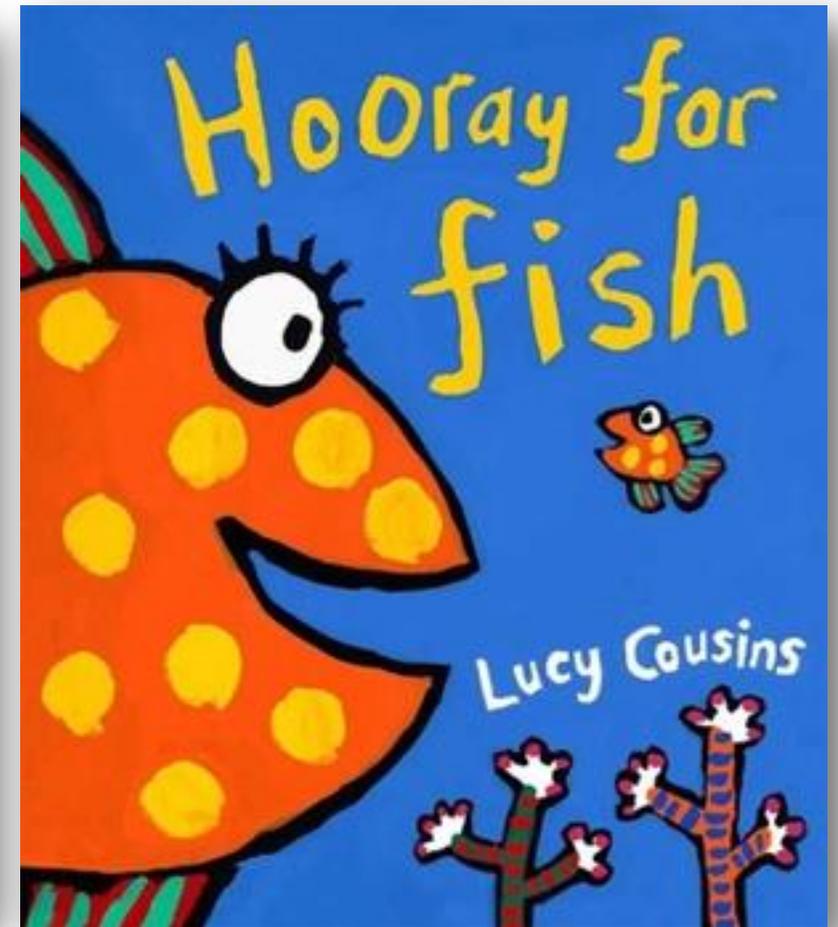
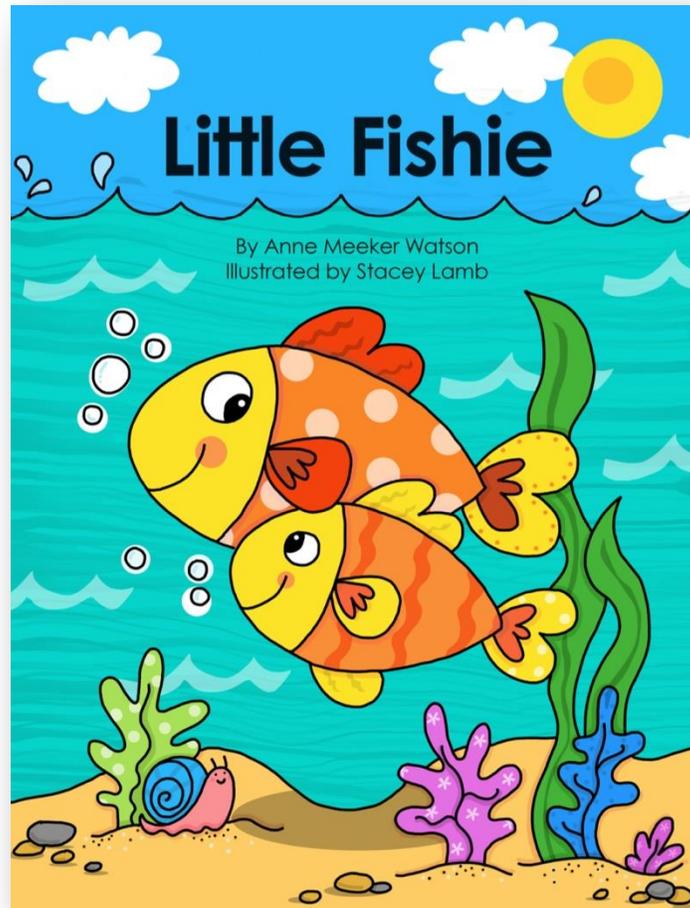
By Anne Meeker Watson  
Illustrated by Stacey Lamb



# Little Fishie

I can form close  
and secure  
relationships with  
my caring adults.

# Perfect Pairing



Make our time together  
today MATTER. Share  
what you have learned  
with a young child.

I love you and your show.  
Anne 😊

